

Manchester Herald

Monday, April 30, 1990

Manchester, Conn. — A City of Village Charm

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Man's gift helps needy

By Rick Santos
Manchester Herald

When Ferne Pasternak first met Clarence Peter Jeffers in the early 1980s, he seemed like any other poor, old man receiving the meals on wheels that she delivered.

Except for one thing. Jeffers, who lived in a humble apartment above a gas station on Center Street, wasn't buying the meals for himself. He was buying them for a sick friend who he allowed to stay in the apartment with him.

Pasternak, who delivered the meals as a volunteer for the Manchester Junior Women's Club, was impressed with Jeffers' generosity. He was so willing to share the little he had, she thought.

"At that time, I had no way of knowing of any money that he had," she said. "He just looked down and out."

But first impressions can be deceiving. By the time Jeffers died at the age of 90 in 1988, Pasternak said he had made numerous small contributions to the women's club's charitable projects, which he liked because of his giving nature.

But the largest contribution will come after his death. Fifty percent of his estate, which was worth about \$700,000 when he died, will go to the club. The other half will go to the Manchester Area Conference of Churches.

However, the donation did not come without a fight. The will was contested by Jeffers' son, who had little contact with his father.

A settlement was reached about a month ago, and Clarence Peter Jeffers Jr., who was originally left \$10,000, was awarded more, which Pasternak says is about \$17,000.

Please see GIFT, page 10

Insurers slash some policies

By Andrew Fraser
The Associated Press

HARTFORD — Faced with declining profits and what they see as meddling by state regulators, a number of major insurers are slashing or abandoning personal lines of insurance, spelling trouble for consumers in the market for auto, homeowners and health policies, analysts say.

Xerox Corp.'s Crum and Forster insurance division announced this month it was getting out of the personal insurance market altogether, joining at least seven other major insurers who have reduced or eliminated their personal insurance lines.

The others include Travelers Corp., Aetna Life and Casualty Co., and The Hartford Insurance Group in the nation's insurance capital, Philadelphia-based Cigna Corp.; The New Hampshire Insurance Group; and Continental Corp. in New York.

Insurance executives and analysts blame laws like California's Proposition 103, which would place restrictions on auto insurance premiums, and New Jersey's new law effectively reducing auto insurance premiums 20 percent, for the trend away from personal insurance.

"You take any business in any industry and you tell them they can't make any money, you don't have to be in it,"

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TODAY

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Church's tax exemption intact after abortion challenge

By James H. Rubin
The Associated Press

WASHINGTON — The Supreme Court today refused to revive a lawsuit that sought to strip the Roman Catholic Church of its tax-exempt status because of its anti-abortion activities.

The court, without comment, left intact a ruling that abortion rights advocates lack the legal standing to sue the federal government for revocation of the church's tax exemption.

Among those challenging the church's exemption were Abortion Rights Mobilization Inc., the National Women's Health Network Inc., and the Long Island National Organization for Women in New York. The challengers also included Protestant ministers and Jewish rabbis.

Their suit, directed primarily at the government, said the Catholic Church violated Internal Revenue Service rules by lobbying against abortion rights and contributing to political candidates who oppose abortion.

The IRS generally bars tax-exempt groups from engaging in such political activities.

By failing to enforce its rules, the abortion rights advocates said, "The IRS has granted the church the equivalent of a cash subsidy for partisan political activity."

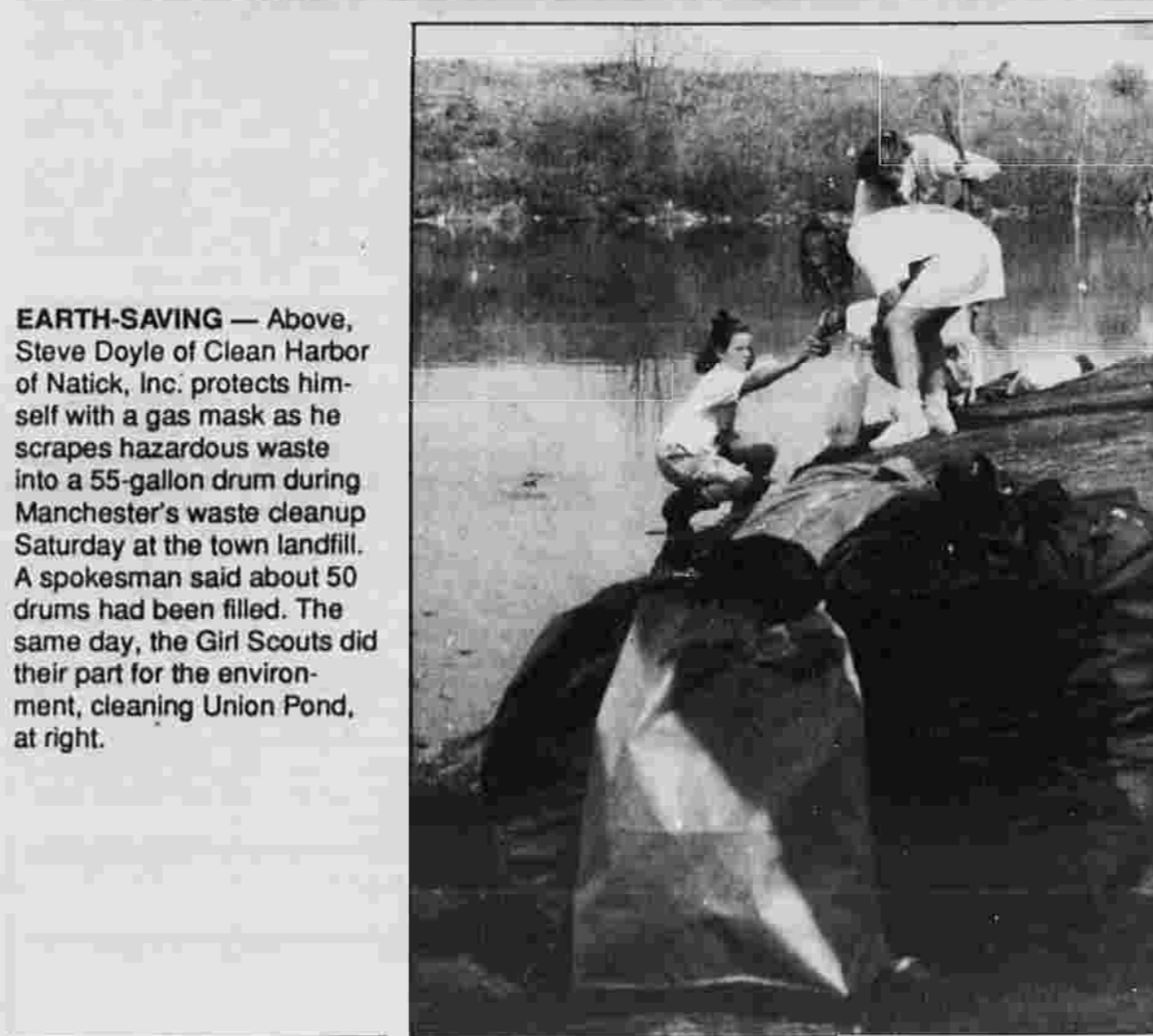
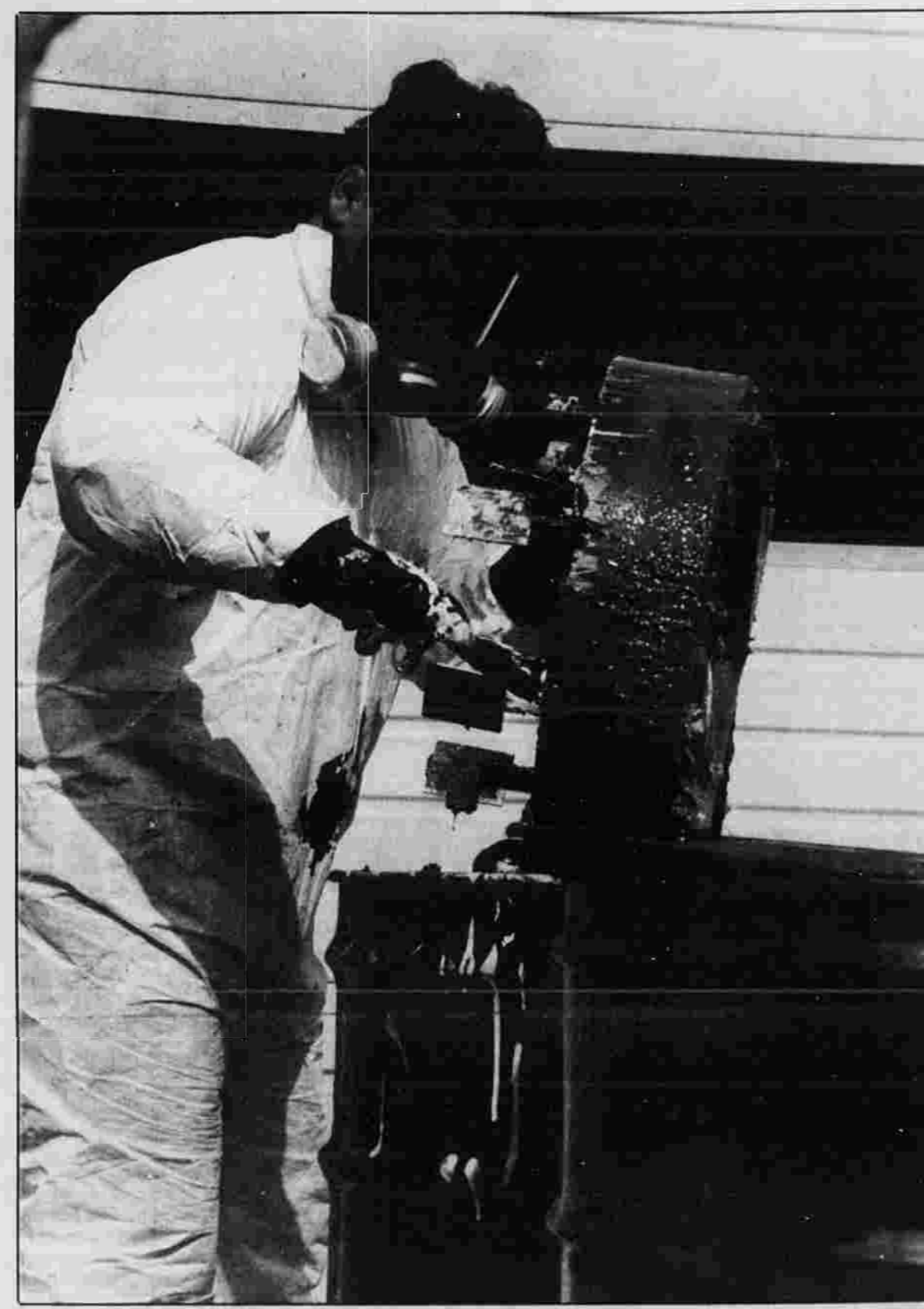
Some of the abortion rights groups have the same tax-exempt status as the church. But their lawyers said the groups refrain from lobbying and making political contributions, and thus suffer a competitive disadvantage in the national debate over abortion.

The 2nd U.S. Circuit Court of Appeals, voting 2-1, threw out the suit last September.

The appeals court said the lawsuit accuses the IRS of creating "an uneven playing field tilted to favor the Catholic Church."

But the appeals court said the abortion rights groups lack standing to make that

Please see ABORTION, page 10



EARTH-SAVING — Above, Steve Doyle of Clean Harbor of Natick, Inc. protects himself with a gas mask as he scrapes hazardous waste into a 55-gallon drum during Manchester's waste cleanup Saturday at the town landfill. A spokesman said about 50 drums had been filled. The same day, the Girl Scouts did their part for the environment, cleaning Union Pond, at right.

Judy Hartung/Manchester Herald

Hostage release said near

By Donna Abu-Nasr
The Associated Press

BEIRUT, Lebanon — Syria's foreign minister said today that a U.S. hostage in Lebanon may be freed within hours.

The minister, Farouk al-Sharaa, did not name the hostage. A previously unknown group calling itself the Organization of Islamic Dawn said in Beirut Sunday it would free American educator Frank Reed within 48 hours.

"There is a high probability that an American hostage will be released during the next hours," al-Sharaa said in the Syrian capital after meeting U.S. Ambassador Edward Djerejian. He did not elaborate.

The Iranian ambassador in Damascus, Mohammad Hassan Akhtari, said after a meeting with al-Sharaa: "I expect a release during the next 24 hours."

In Washington, meanwhile, a State Department official said the United States had received word from Syria of an impending release and that a reception team "will probably be leaving sometime this morning" for Wiesbaden, West Germany.

U.S. officials were in Wiesbaden just last week, debriefing freed U.S. hostage Robert Pohlhill. Pohlhill was freed April 22 after 39 months in captivity.

Earlier today, Hussein Musawi, a Shiite Moslem leader, raised doubts about the kidnappers' statements Sunday that they would release Reed.

Musawi, who along with Syria and Iran played a key role in Pohlhill's release, said he had "not heard of this American hostage or the kidnap group" before Sunday.

"No Islamic organization loyal to Jerusalem and following Ayatollah Khomeini's line will hand the Americans a new gift after its support of the Jerusalem resolution," he said.

He referred to a non-binding resolution passed by the U.S. House of Representatives last Tuesday endorsing a united Jerusalem as the capital of Israel.

Musawi called the resolution a demonstration of American ill will, and on Wednesday urged kidnappers not to free another American hostage.

Musawi spoke to The Associated Press by telephone from his headquarters in the ancient Roman city of Baalbek in the Syrian-controlled Bekaa Valley of east Lebanon.

He is the reputed mentor of Islamic Jihad for the Liberation of Palestine, the Shiite group that kidnapped Pohlhill and U.S. educators Alan Stein and Jesse Turner in Beirut Jan. 24, 1987. Turner and Stein are still captives.

Iranian state radio, meanwhile, accused Washington of damaging efforts to free the 17 Western hostages remaining in Lebanon by not reciprocating for Pohlhill's release.

"With regard to Washington's reaction ... the process

Please see HOSTAGE, page 10

State budget deal reached

By Peter Viles
The Associated Press

HARTFORD — Democrats in the House say they have enough votes to push a \$7.19 billion budget through the House by Tuesday.

After meeting in private for more than two hours Saturday evening, House Democrats reached agreement on a budget-balancing plan that closes a \$160 million gap and takes several steps to slow the growth of future state spending.

"We feel we have it resolved now to be able to move the budget forward," said House Speaker Richard Balducci of Newington.

Democratic leaders had said earlier in the week that about 16 of the 88 House Democrats are holding up an agreement on a budget. With an 88-63 advantage over Republicans in the House, Democrats can afford 12 defections and still pass the budget by a 76-75 vote.

"We have more than 76 votes," said House Majority Leader Robert Frankel of Stamford.

In a related development, the Senate on Saturday overwhelmingly voted to switch the state to a system of biennial budgets — budgets adopted every two years to cover 24 months of state spending. The bill passed 30-4 and now goes to the House.

Balducci said the House plans to close the \$160 million gap in next year's budget largely by embracing a series of spending cuts and changes in tax law that imputation Senate Democrats proposed earlier in the week.

A 1990-91 budget was approved by the Appropriations Committee on March 31. Since then, tax collections have continued to slump and the budget has steadily slipped out of balance, making necessary another round of spending cuts and tax changes.

Please see BUDGET, page 10

Manchester Herald SPORTS

Red Sox, Yankees squeeze out wins — see page 45

MHS nine trounces Enfield

East Hartford is next on Monday

By Jim Tierney
Manchester Herald

The Manchester High baseball team was more than ready for Enfield High's Brad Tweedie in their CCC East contest Friday afternoon at a steamy Kelley Field.

Tweedie, a hard-throwing senior right-hander still being courted by several colleges, probably wishes he hadn't taken the mound versus the anxious Indians.

Manchester, which trailed 2-0 in the first inning, knocked Tweedie from the box in the third by erupting for 13 runs en route to an easy 16-3 win.

Tweedie, who allowed 10 runs on eight hits, faced seven Indian batters in the third and failed to get an out. He was pulled after Manchester senior Lindsey Boutillier (3-for-4, six runs batted in) smashed a monstrous triple to left field with the bases jammed.

Senior right-hander George Covey earned his third straight win with a six-hit, three-walk, six-strikeout, complete game performance.

The Indians have now won five straight league games and are 5-1 in the CCC East, 7-3 overall. Enfield falls to 2-5.

The victory sets up a major confrontation with unbeaten (6-0 in the CCC East) league leader East Hartford, a 6-5 winner over Rockville Friday, Monday at 3:30 p.m. at Kelley Field.

Senior right-hander Matt Helin (4-0 record) will draw the mound assignment for Manchester while East Hartford will likely start flame-throwing right-hander Alan Mason, who recently committed to attend Providence College on a baseball scholarship.

"I never expected anything like this," Manchester coach Don Rice said. "Our kids were really on today. Tweedie has pitched good ball against us. He is a real good pitcher and they hit him real hard. They were really crushing him. I think if my kids will get up for a team, they can beat anybody in the league. Sometimes, it's hard to get them up."

Manchester, which accounted for nine of its 15 hits in the third, sent 18 batters to the plate. Boutillier, who continued his torrid hitting pace (.500 average, 13-for-26), knocked in five runs in the third. Seniors John Cunningham (two hits) and Art Leonard (3-for-3) drove in three and two runs, respectively, in the third. Three Enfield errors, two on overthrows by catcher Jim Falk, accounted for the other three Indian runs.

"In a single inning it's the most (runs) I can remember," Rice said. "I suspect it's some kind of record. Every 100 and then you get a game like this. I can't remember, an inning where there were as many hard hit balls."

The Indians knotted the game at 2-1 in the bottom of the first. Senior Steve Joyner and Leonard greeted Tweedie with two vicious hits — a double and single — producing the first run and set the offensive tone for Manchester.

Manchester led, 6-2, with the bases loaded and no outs in the third when Boutillier sent Tweedie's first offering



Reginald Piro/Manchester Herald

ANOTHER RUN — Manchester High's John Cunningham touches home plate with one of 13 runs the Indians scored in the third inning of Friday's game against Enfield at Kelley Field. Raider pitcher Brad Tweedie (15) covers home. The Indians won, 16-3.

Bruins finish off Canadiens

BOSTON (AP) — The Boston Bruins advanced to the Stanley Cup semifinals as Glen Wesley's 25-foot slap shot with 1:13 left broke a 1-1 tie and boosted them to a 3-1 victory over the Montreal Canadiens Friday night.

Boston, which captured the Adams Division final 4-1, will face Patrick Division winner Washington, which also beat the New York Rangers 4-1.

Two years ago, the Bruins beat Montreal 4-1 in the division final and reached the Stanley Cup final, where they lost to Edmonton 4-0.

Cam Neely added an empty-net goal for Boston with five seconds left.

Goals by Boston's Randy Burridge in the first period and Montreal's Stephen Lebeaux in the second tied the game 1-1.

It appeared headed for overtime before Boston's decisive assault on goalie Patrick Roy resulted in Wesley's second goal of the playoffs.

Craig Janney passed the puck from behind the net to Gary Galley, who fired a long slap shot. It ricocheted off

the backboards, and Brian Propp, facing an open left side of the net, missed a swipe at the left corner of the crease.

It continued out to defenseman Wesley, who blasted it by Roy as two Canadiens dove in desperation to stop the puck.

The Canadiens were trying to become the third team in NHL history to win a series after trailing 3-0. They won Game 4 in Montreal 4-1 on Wednesday night.

But they had to endure the absence of Stephane Richer, who led them with 51 regular-season goals but missed the last two games with an ankle injury. They also had to put up with a steamy day in which the temperature hit 92 degrees, a record for Boston on April 27.

Please see BRUINS, page 47

RECORD

About Town

Senator's mother to speak

Marcia Lieberman, mother of U.S. Sen. Joseph Lieberman, D-Conn., will speak Wednesday at 12:15 p.m. at the Temple Beth Shalom, 400 E. Middle Turnpike. The public is invited.

Bus trip is scheduled

Reservations are open for B'Nai B'rith Women's bus trip to New York City on Wednesday, June 6. The bus will leave Manchester at 7:30 a.m. from the Amazing Store Plaza, East Middle Turnpike, returning to Manchester at about 9 p.m. The cost is \$20. For reservations, call 649-4159, days, or 649-9577, evenings.

Donations are sought

Donations are being accepted for East Catholic High School's third, annual, alcohol-free graduation party to be held June 7 at Court House Plaza in Vernon. Anyone wishing to donate can call Don Walsh at 649-6806 or mail a check to the Committee at East Catholic High School, 115 New State Road, Manchester.

Meals need to be delivered

Volunteers are needed to hand deliver nutritious meals to the mentally and physically disabled in Manchester. Volunteers who have vehicles are needed two hours per week. Mileage is reimbursed. Call the Voluntary Action Center at 247-2580 between 9 a.m. to 4:30 p.m. Senior citizens should call 247-2493.

Pinocle results announced

The Manchester Senior Pinocle Club played Thursday at the Army and Navy Club on Main Street. Playing is open to all senior members and begins at 9:30 a.m. Game results were: Ann Fisher, 625; Bud Pazinin, 610; Arnold Jensen, 608; Edith Albert, 602; Amelia Anastasio, 598; Vivian Laquerre, 590; Edith O'Brien, 586; Hans Fredericksen, 584; Jessie Daley, 582; Mike Haberman, 569; Eleanor Wesley, 562; and Tony DeMaio, 555.

Support group to meet

People with any degree of HIV infection who want to live successfully can attend meetings of the People with AIDS Coalition of Connecticut on Wednesdays at 7:30 p.m. Confidentiality is observed. For more information, call 624-0947 from 9 a.m. to 4 p.m. or 624-2437 from 6:30 to 9 p.m.

Disease testing offered

Planned Parenthood offers testing for sexually transmitted disease on Tuesdays from 5 to 7 p.m. at 419 W. Middle Turnpike. The fee is \$10, which includes testing and treatment. Follow-up visits as needed are free. Contact Susan Hill at 643-1607 for more information.

Abused group meets

Formerly Abused Children Emerging in Society (FACES), a support group for women who were abused in childhood, meets every Thursday from 7:15 to 9 p.m. at the Women's Center of Manchester Community College. New members are welcome. For more information, call Carol Jodanis at MCC, 647-6062.

Alcoholic group to meet

Adult Children of Alcoholics meets Wednesdays from 6 to 7 p.m. in room CL-219 in the Lowe Building of Manchester Community College. For more information call 647-6062.

Guild hosts slide show

The Ladies Guild of Assumption Church will sponsor a slide presentation of Longwood Gardens of Kennett Square, Pa., Tuesday at 8 p.m. at the Arbors, 403 W. Center St. The gardens are an all-season horticulture show place.

Lottery

Here are Sunday's lottery results from around New England:

CONNECTICUT
Daily: 8-4-8. Play Four: 1-6-9-5.
MASSACHUSETTS
Daily: 1-0-2-3.

RHODE ISLAND
Daily: 3-4-0-2.
Here are Saturday's lottery results from around New England:

CONNECTICUT
Daily: 2-5-3. Play Four: 6-0-1-1.
MASSACHUSETTS
Daily: 0-4-5-9. Megabucks: 8-11-14-16-20-29.

NORTHERN NEW ENGLAND
New Hampshire, Vermont and Maine daily: 1-0-8 and 7-9-3-3. Megabucks: 1-3-11-18-26-33.
RHODE ISLAND
Daily: 9-0-0-5. Lot-O-Bucks: 3-5-19-26-34.

Weather

REGIONAL Weather

Tuesday, May 1
Accu-Weather forecast for daytime conditions and high temperatures



Tonight, fog and drizzle. Showers likely, a chance of a thunderstorm. Low around 50. Chance of rain 70 percent. Tuesday, morning drizzle and fog, then partly cloudy with a 40 percent chance of showers. High 65 to 70. Outlook Wednesday, partly cloudy with a chance of showers.

Weather summary for Monday:
Temperature yesterday: high of 54, low of 46, mean of 50.
Precipitation: trace inches for the day, 4.44 inches for the month, 3.9 inches for the year.

Temperature extremes for today:
Highest on record 86, set in 1942. Lowest on record 31, set in 1978.



Judy Harting/Manchester Herald

PLANT SALE — Joyce Trainer, right, and Dorothy Porzanowski are co-chairmen of the Manchester Garden Club's annual plant sale. The sale will be held May 12 at Center Park from 9:30 a.m. to 12:30 p.m. Proceeds will benefit the club's planting projects and its garden therapy program.

Obituaries

Elsie Boisvert

Elsie (Jones) Boisvert, 88, of Bryan Drive, widow of Edgar T. Boisvert, died Saturday (April 28, 1990) at Manchester Memorial Hospital after a short illness.

She was born Jan. 1, 1902 in Penacook, N.H., the daughter of Harry and Laura (Peters) Jones. She was a resident of Wechofield for 50 years before moving to Manchester six years ago. She was a graduate of Margaret Pillsbury School of Nursing, Concord, N.H., class of 1924, and was a private duty nurse in the Hartford area for several years.

She is survived by a son, Edgar M. Boisvert of Eastford; a brother, Harold D. Jones of Penacook, N.H.; five grandchildren; 11 great-grandchildren; and several nieces and nephews.

A memorial service will be held Saturday at 11 a.m. at the United Church of Penacook, Penacook, N.H. Burial will be in Penacook. There are no calling hours.

Memorial donations may be made to the Cornelia DeLange Syndrome Foundation, 60 Dyer Ave., Coltonville.

The John F. Tierney Funeral Home, 219 W. Center St., is in charge of arrangements.

Donna C. Loferski

Donna C. (Dennis) Loferski, 46, of Vernon, died Friday (April 27, 1990) at Manchester Memorial Hospital.

She was a 1969 graduate of Manchester Community College. She is survived by her parents, Robert A. and Grace (Clark) Dennis in Arkansas.

She is also survived by two daughters, Carol Newland in Maine, and Kathryn Loferski in Illinois; a brother, Robert Dennis in Illinois;

College Notes

Named university scholar
Cassandra Oswald, daughter of Lawrence Oswald of 230 Walnut Trail, Coventry and E. Wilkes of the Netherlands, is among 20 University of Connecticut students named as University Scholars.

This designation is the highest scholastic honor offered to undergraduates at UConn.

Two students honored
Karen Demroth of Manchester and Laura G. Ferguson of Coventry were among 12 Central Connecticut State University seniors honored recently for their academic achievement and service to the university and community through activities as having engaged in an AIDS awareness program for schools, helping the

homeless and participating in the Oxford debates.

The two received the Henry Barnard Foundation Distinguished Student Award. Demroth is a biology major, CSU's 1990 Volunteer of the Year, is an active member of the Karate Club, has participated in the Oxford Debates, competed in the U.S. College Comedy Competition, tutors weekly at the Mount Pleasant Housing project and works part-time at a shelter for homeless women with children, run by the Salvation Army.

Ferguson is a computer science and mathematics major. She is vice president of the Upsilon Pi Epsilon Computer Honor Society, as well as a member of the mathematics honor society. Having completed the requirements for graduation last December, she presently maintains a computer network for the United Technologies Research Center.

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Police Roundup

Three face drug charges

A month-long investigation culminated Sunday with the arrests of three people and seizure of \$13,800 worth of hashish and marijuana, police said.

Arrested were: James Morrison, 21, of Worcester, Mass., and Taryn Hunter, 24, of New York City. Charges against them include possession of marijuana with intent to sell and possession of more than four ounces of hashish with intent to sell, police said.

A third person, Storey Gorronodona, 21, of Worcester, also was arrested and charged with possession of hashish with intent to sell, police said. All three were held by Hartford police and scheduled to be presented today in court, police said.

The arrests took place at 7:50 p.m. in Hartford, where undercover members of the Tri-Town Narcotics Task Force, which includes police from Manchester, Vernon and South Windsor, set up a surveillance operation at the Club Car Restaurant, police said.

Police confiscated 3.5 ounces of marijuana and two pounds of hashish, police said.

Teen charged with larceny

A Manchester teen-ager was held on \$5,000 bond after he allegedly stole an all-terrain vehicle out of a Hazel Street resident's garage Saturday and drove it under the influence of drugs or alcohol, police said.

Thomas Ronald Clifford, 17, of 35 Pleasant Street is charged with third-degree larceny, operating an ATV on a public highway, engaging police in pursuit, operating a motor vehicle with a suspended license, reckless operation and operating under the influence of drugs or alcohol, police said.

He is scheduled to appear Wednesday in Manchester Superior Court police said.

Man charged with threatening

A Manchester man was arrested Sunday after he allegedly threatened to kill an employee of 7-11 convenience store on Main Street because she refused to exchange his tin cans for a pack of cigarettes, police said.

Shane Neil Goldstein, 25, of 49 Birch St. was charged with breach of peace and threatening, held on a \$1,500 bond and scheduled to appear today in Manchester Superior Court, police said.

According to police, Goldstein went to the store at 2:41 a.m. and became angry when the clerk said she could not redeem empty tin cans. A man who was in the store gave Goldstein the name of another store, but Goldstein became verbally abusive and threatening.

Public Meetings

Public meetings scheduled for tonight:

Manchester
Independence Day Committee, Lincoln Center gold room, 7 p.m.

Manchester
Eighth Utilities District hearing on budget, Willis Hall, 7:30 p.m.

Thoughts

At a recent meeting of ministers, a friend described why he was in Christian ministry. My friend explained, "I love the gospel, I love Jesus Christ, I love God, and I love the church; plus the ministry is fun!"

I wondered how many people can say that of their own vocations. Yet, for those in ministry for Jesus Christ, there is a love affair that nearly defies explanation.

The pastor-preacher of the First Church in Cambridge Mass. the Rev. Dr. Raymond Calkins, some years ago wrote a book entitled "The Romance of the Ministry." He got the idea from the Yale Boecher lectures by Silverstone in 1944 who chose his topic, "The Romance of Preaching." Home in his lecture stated that preaching can never lose its place as a mystery and wonder of the human spirit. It is precisely this mystery and this wonder, says Calkins, which make up the romance of the pastoral ministry. The parish minister deals daily with men and women and children in every possible condition and circumstance of life because they illustrate these wonders of the human spirit.

Join me this week as we reflect on the "romance of the ministry," for the Christian church needs women and men who have a love affair with God!

—Newell Curtis
Center Congregational Church

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MANCHESTER

Dispute on levy plugs up Directors due to hear matter

By Rick Santos
Manchester Herald

A dispute between Bidwell Street residents and a developer over assessments levied for installation of a water line has apparently reached a stalemate.

The problem, slated to be discussed at Tuesday's Board of Directors' meeting, is that the developer, The Andrews Ansaldo Co., allegedly did not obtain the necessary permit from the town before installing that water line. That is the charge in a memo from Public Works Director Peter Lozio to Town Manager Richard Sartor.

However, a letter from Ansaldo states, "the work was not done until arrangements were made with (the) Public Works Director George Kandra for the installation to be done under a developer's agreement."

But the Lozio memo states that he had spoken to Kandra on April 20, and the former public works director said he did not recall being in contact with Ansaldo regarding a permit agreement.

Although there may not have been a signed agreement, the town does agree that the Water Division received a draft of the agreement, which included a cost estimate for the line installation, on July 22, 1986.

But the Lozio memo states the work began about two weeks before that date.

Ansaldo's letter states also, "It cannot be stressed strongly enough that the procedures being followed were those followed by the Public Works Department as of that date; no work was done until the paper-work was in process for the developer's agreement based on an agreement between Mr. Kandra and our company; and we followed all procedures as given to us by the town."

The issue surfaced early this month when two Bidwell Street residents attended a board meeting to contest their assessments — the amounts they will pay for installation of the line. The directors must approve the assessments.

One of the residents, Howard Hampton of 276 Bidwell St., said he wrote the process used in determining the assessments is unfair because he had no way of knowing his proposed cost.

The amount is more than \$4,000, which Hampton thinks is too high. At the meeting, he said if he knew the cost was going to be so much, he would have built his own well.

The other complainant was Gerard Leblanc of 286 Bidwell St. He said he opposed his assessment of slightly less than \$4,100 because the charges do not take into account the number of residents that would be served by the water line.

Leblanc lives in a single-family home, but a building hooked up to the sewerline has several apartments and has a similar assessment.

Longest is challenging incumbent President Thomas E. Landers, who seeks re-election.

In a news release, Summa said, "As president of the Manchester Fire Department Auxiliary, one of my responsibilities is to communicate with the residents of the Eighth Utilities District. Therefore I am seeking a position on the Eighth District Board of Directors where I feel I can more efficiently serve the residents."

Summa, who is president of the auxiliary of the district fire department, said she is not a member of any state or team of candidates and will run for any directorship up for election.

Two three-year terms will be filled at the May 23 annual district meeting. If District Director Samuel Longest, a candidate for the presidency is elected to that post, the remainder of his term as a director also will have to be filled.

Summa is administrative assistant in charge of the business office of the Mary Cheney Library. She has been a financial assistant and an executive secretary at Travelers. Part of her duties there were providing

periodic investment activity reports to corporate management.

Summa said she has had extensive administrative and financial experience with the Manchester public library system, the Travelers Insurance Companies, and a certified public accounting firm.

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Judy Harting/Manchester Herald

HMMMMMM — Brittany Behrens, 10, a fifth-grader at Assumption School, examines some paintings with modified Chinese-style writing. They were part of Saturday's Assumption School art exhibition.

Summa seeks position as 8th district director

By Alex Girelli
Manchester Herald

Mary Jane Summa declared her candidacy today. Summa, of 159 Irving St., is the fourth person to announce a candidacy for a district directorship.

Summa, who is president of the auxiliary of the district fire department, said she is not a member of any state or team of candidates and will run for any directorship up for election.

Two three-year terms will be filled at the May 23 annual district meeting. If District Director Samuel Longest, a candidate for the presidency is elected to that post, the remainder of his term as a director also will have to be filled.

Summa is administrative assistant in charge of the business office of the Mary Cheney Library. She has been a financial assistant and an executive secretary at Travelers. Part of her duties there were providing

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Fired cop tries to start again

By Dianna M. Talbot
Manchester Herald

Awaiting a June arbitration hearing, former Manchester police officer Steven G. Ike is picking up the pieces of his life after his law enforcement career was shattered last year.

The 27-year-old Windsor resident, who is appealing his termination from the Manchester police force in December because of circumstances surrounding his relationship with a 15-year-old local girl, says at least one positive thing has happened to him as a result of the job loss.

"I've met someone," said Ike, during a telephone interview today.

The former police officer said he met a girlfriend through his full-time security training job, which he took after Manchester Police Chief Robert D. Lanman fired him.

Ike declined to say who he was working for, but said the reason why he left the police force is no secret to his employer.

"It's been a bad situation, but God has been there," he said.

If the firing is found to be unjustified, Ike will return to a police officer to the department, said Gary Wood, Manchester police spokesman.

Back pay and other funds could be awarded to Ike, said Dick Ficks, spokesman for the state Department of Labor.

Although there may not have been a signed agreement, the town does agree that the Water Division received a draft of the agreement, which included a cost estimate for the line installation, on July 22, 1986.

But the Lozio memo states the work began about two weeks before that date.

Ansaldo's letter states also, "It cannot be stressed strongly enough that the procedures being followed were those followed by the Public Works Department as of that date; no work was done until the paper-work was in process for the developer's agreement based on an agreement between Mr. Kandra and our company; and we followed all procedures as given to us by the town."

The issue surfaced early this month when two Bidwell Street residents attended a board meeting to contest their assessments — the amounts they will pay for installation of the line. The directors must approve the assessments.

One of the residents, Howard Hampton of 276 Bidwell St., said he wrote the process used in determining the assessments is unfair because he had no way of knowing his proposed cost.

The amount is more than \$4,000, which Hampton thinks is too high. At the meeting, he said if he knew the cost was going to be so much, he would have built his own well.

The other complainant was Gerard Leblanc of 286 Bidwell St. He said he opposed his assessment of slightly less than \$4,100 because the charges do not take into account the number of residents that would be served by the water line.

Leblanc lives in a single-family home, but a building hooked up to the sewerline has several apartments and has a similar assessment.

Longest is challenging incumbent President Thomas E. Landers, who seeks re-election.

In a news release, Summa said, "As president of the Manchester Fire Department Auxiliary, one of my responsibilities is to communicate with the residents of the Eighth Utilities District. Therefore I am seeking a position on the Eighth District Board of Directors where I feel I can more efficiently serve the residents."

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Camp Kennedy due to focus on children

By Nancy Foley
Manchester Herald

Camp Kennedy plans to focus its summer program on children this year rather than adults, and to serve those with a variety of special needs, according to Laura Dunfield, recreation supervisor for the Parks and Recreation Department.

The change is intended to draw more people into the program that has traditionally served retarded adults, Dunfield said. This summer, the camp will increase the number of sessions for children under age 12, and reduce the number for teenagers and adults, according to Cathy Hopperstad, a recreation supervisor.

That should increase the number of young people from about 50 last year to 300 this year, she said.

Fewer retarded adults have been enrolled in the program, according to Dunfield, partly because many of them are in group homes with their own recreation activities.

Also, the movement to mainstream the retarded means many of the adults have jobs and no time for the program, she added.

The number of retarded children is also dwindling, and that is why Kennedy is opening up to children with a variety of special needs, such as the hearing impaired and blind.

Currently, many of these special-needs children are in camps outside the area, she said, "or a lot of them are just at home with babysitters or daycare."

Camp Kennedy, 39 Lodge Drive, was founded 26 years ago with funding from the Kennedy Foundation.

At the outset of their deliberations, the directors had hoped to avoid a tax increase, but through the course of the workshop discussions, it appeared a higher rate might have to be set.

Recalculation of the revenue figures, which had originally been based on faulty data, put the directors back on the no-increase track.

As it stands now the proposal calls for spending \$446,650 for administration, \$659,785 for public works, \$555,256 for the fire department, and \$33,400 for the fire marshal's office.

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MANCHESTER/STATE



Judy Harting/Manchester Herald

LOOKING TO FUTURE — First-grade students at Martin School plant a white pine seedling in their tree garden Friday in a joint Earth Week-Arbor Day celebration. The PTA donated some money for the purchase and planting of trees; the students raised the rest.

Democrats join with Republicans to stop more 'pork-barrel' projects

By Peter Viles
The Associated Press

HARTFORD — When state Rep. Chris Burnham, R-Stamford, handed out buttons tweaking the Democratic majority in the House for spending on what he called "pork-barrel" projects, it was no surprise that most Republicans joined the criticism. But a few Democrats also showed up wearing the bright red "Stop the Pork" buttons at Saturday's House session. Among the dissenters were Rep. Shaun McNally, D-Norwich, Rep. Richard Mulready, D-West Hartford and Rep. Peter Smith, D-Milford. The state's investment of \$25 million in state pension funds in the new Colt's Manufacturing Co. is drawing some bad reviews in the national news media. At issue is the new company's decision to introduce the "Sporter," a modified edition of the AR-15, a semiautomatic rifle that Colt in-

Senate change drops guns waiting period

By Judd Everhart
The Associated Press

HARTFORD — The Senate has thrown a major roadblock in front of a gun-control bill that would have required a two-week waiting period before the purchase of a firearm to allow a background check of the buyer. On Saturday, in a vote that surprised the chief backers of the bill, the Senate approved an amendment that effectively guided the bill by removing the waiting period and inserting a provision that allows for a background check after a gun buy. After the amendment was approved by a 19-15 vote, Senate Majority Leader Cornelius P. O'Leary, D-Windor Locks, immediately took the bill off the agenda and no date was set for bringing it up for a final vote. Sen. Mark A. Herbst, D-Vernon, the leading proponent of the bill, said she was surprised that Sen. George L. Guntber's amendment had passed and said she had no immediate strategy for saving the bill. Guntber, a Stratford Republican, said a waiting period would accomplish nothing other than to inconvenience law-abiding citizens. "Criminals don't apply for permits," Guntber said, calling the bill "a lot of public relations" and "a piece of garbage."

Manufacturing aid bill moves to House

By Peter Viles
The Associated Press

HARTFORD — A bill seeking to reverse the downward trend in state manufacturing has passed the Senate and is now headed to the House for approval. The Senate voted Saturday to back private investors who put money into Connecticut manufacturing firms. The measure has been denounced by Republican Sen. James McLaughlin as a scheme to help the state unload its \$25 million investment in Colt's Manufacturing Co. The bill, which was recommended by a task force that studied the manufacturing decline in the state, passed on a 32-2 vote. The bill would create two new funds administered by the state Department of Economic Development. The one seen as a possible aid to Colt's would offer insurance to private investors who invest in manufacturing projects that otherwise might be considered too risky to attract private money. Sen. Thomas Sullivan, D-Quilford, described the amendment would allow a buyer to take the gun home after filling out a form that would be sent to the Department of Public Safety, which would then conduct a background check. If the buyer was found to have any criminal background, the gun could then be confiscated. The measure, sponsored by Sen. Timothy Upton, R-Waterbury, was defeated on a 24-11 vote last week. Democrats argued that naming a composer laureate would set a bad precedent and would encourage a flood of similar bills honoring other state residents. The measure, sponsored by Sen. Timothy Upton, R-Waterbury, was defeated on a 24-11 vote last week. Democrats argued that naming a composer laureate would set a bad precedent and would encourage a flood of similar bills honoring other state residents.

Second Wesleyan firebombing may be related to first attack

MIDDLETOWN (AP) — The second firebombing incident at Wesleyan University may be linked to a similar occurrence three weeks ago in the office of the school's president, police said. Two molotov cocktails were hurled at the school's boathouse early Sunday morning, causing minor damage to one of the building's outer walls. A large rock was used to try to break a window, but the boathouse's windows are made of an unbreakable plexiglass material, said Middletown police Detective John Chownice. A rock was also found at the scene April 7, when someone threw three firebombs into William M. Chace's office. "It's almost exactly the same thing as before," Chownice said, "I believe they are related." The resulting fire, which occurred between 3 and 5 a.m. and then blew out by itself, lightly scorched a 12-foot-square area of paint, said Wesleyan spokesman Bobby Wayne Clark. The school's crew team discovered the damage at 9 a.m. Sunday morning. The boathouse stores

ten rowing shells which Clark said are worth a total of \$125,000. Meanwhile, school officials said that four or five shots were heard near Wesleyan property about 4:25 a.m. last Wednesday. Although no bullets were recovered and no damage to university buildings found, four spent casings were found on Foss Hill near Van Vleck Observatory that day. Chownice said investigators had suspects in the two earlier incidents, but not in Sunday's firebombing. But, he said at the time he did not believe the firebombing was related to the clashes his administration has had with students. Wesleyan, an exclusive liberal arts school where tuition will top \$20,000 next year, has been the scene of growing unrest between students and administrators during the last year. After the first firebombing, a student group called a news conference and charged that the administration and law enforcement officers had singled out black students in their investigation of the bombing, a charge the administration denied.



Judy Harting/Manchester Herald

TOUGH SCRAPE — Al Drinkwater, owner of A&B Remodeling, scrapes a house of Kenney Street Friday.

STATE

Judge blasts man sentenced for rape of Yale freshman

NEW HAVEN (AP) — A man who pleaded guilty to raping a Yale University student drew an angry rebuff from a New Haven Superior Court judge when the man asserted he was the real victim because of his race. Jesse R. Reed, 37, was sentenced Friday to 24 years in state prison on two counts of first-degree sexual assault by Superior Court Judge Richard Damiani in the rape of an 18-year-old Yale student during the fall of 1988. Damiani blasted Reed for calling himself the real victim of the crime and complaining that as a black man, he was being treated unfairly by a white judicial system. Reed attempted to interrupt the judge several times during the sentencing. "You're not being sentenced for your race, you're being sentenced for one of the most vicious sexual assaults I've ever seen," Damiani said. Reed said, "I tried very hard to

Naval workers receive no help from unions in fight for jobs

MONTVILLE (AP) — A number of politicians have rallied around efforts by workers at UNC Naval Products to save their jobs, but workers shouldn't count on any help from one quarter that would normally be expected to join such a fight: organized labor. UNC workers voted in March against joining the Machinists union, and now the Machinists, along with other unions, are turning their backs on those workers as they fight to save their jobs from threatened defense cuts. "Some of these people so vigorously looking for labor support now were working to keep the (Machinists) union out of there, so we don't think we ought to be involved," said Joe Cales, president of the United Auto Workers local that represent workers at Textron Lycoming in Stratford, another major defense contractor facing cutbacks. All 950 workers at the UNC plant face the loss of their jobs over the next two years because the company has lost its major contracts with the U.S. Navy in recent cutbacks. The company makes nuclear reactors for submarines. Bernie McKenna, a spokesman for the Save Our State group formed

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In Brief . . .

Cheney district tour scheduled

The annual walking tour of the Cheney Brothers National Historic Landmark District has been scheduled for Saturday beginning at 1 p.m. The free tour will be conducted by professors John F. Sutherland and Thomas R. Lewis of the Institute of Local History at Manchester Community College. Participants should park in the Cheney Hall parking lot and gather in front of Cheney Hall, on Hartford Road at Elm Street.

Lit candle causes fire in room

A lit candle that fell on a bed caused a fire Friday night that damaged a bedroom of a two-story house at 18 S. Hawthorne St., according to the Manchester Fire Department. Eighteen firefighters responded to the 10:53 blaze, which took about 10 minutes to extinguish, a fire department spokesman said. No injuries were reported, he said. The fire damaged a child's bedroom and caused minor smoke damage to the second floor, the spokesman said. The house is owned by Michael Petersen, he added.

Kitchen to benefit from charity

Manchester's Shepherd's Place soup kitchen, 466 Main St., will receive 25 percent of the proceeds of the May 6 Manchester Area Crop Walk, sponsored by the Manchester Area Conference of Churches. The walk will raise funds to fight hunger locally and in 70 countries.

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NATION & WORLD

Knocking down budget straw men: a game Congress plays

By Steve Komarow
The Associated Press

WASHINGTON — Every year Rep. William Dannemeyer offers his budget to the House and every year it gets crushed. Last week, it was \$54.48 billion.

"You'd think that pride would dictate that he'd give up the folly," said Rep. Joe Moakley, D-Mass., the chairman of the House Rules Committee which gave the California Republican permission to offer his plan.

House Speaker Thomas S. Foley of Washington says Dannemeyer gets to propose his budget to the House, while others are denied, because the Republicans want it and it is a genuine alternative to the Democratic offering.

But when Democrats gave Dannemeyer a vote on his plan during the tightly constrained budget debate it wasn't because they were feeling a strong sense of democracy.

His proposal is one of the straw men. The majority sets them up to get knocked down. It makes their own

News Analysis

proposals look more moderate, more mighty. And they give cover for blocking consideration of alternatives which might put House members on the spot.

Dannemeyer, better known for his radical anti-homosexual views, has a dream of returning the government to the gold standard.

Now that the federal debt is \$3 trillion, huge sums would be saved if somehow its interest costs could be reduced. Annual deficits would shrink away.

So instead of relying on such traditional budget-balancing techniques as raising revenue and cutting programs, Dannemeyer proposes the government issue gold-backed bonds and refinance the national debt.

Only a handful, mostly the most conservative members of the House, give such talk any credence.

The budget proposed by the Congressional Black Caucus is as far to the left as Dannemeyer's is to the

right. It too always fails. The House leadership is pleased to see it debated and then put aside for another year.

The Democrats will also let the Republicans offer President Bush's original budget — which even the administration now concedes is hopelessly out of date.

Each package is voted up or down, take it or leave it. But if a lawmaker wants to change a small part of the budget to, for example, shift money from defense to education, that's not allowed. The rules are drawn so tightly that no amendments are permitted — only complete substitutes cleared by the Rules Committee.

There's no debate and vote on the proposal by Sen. Daniel Patrick Moynihan, D-N.Y., to cut Social Security taxes. The Democratic National Committee has endorsed the proposal but House leaders have found it too hot to handle.

The sweeping deficit reduction package by Rep. Dan Rostenkowski, D-Ill., is also missing from the schedule. With tax increases and Social Security cuts, it might

force lawmakers to make uncomfortable choices.

The only votes House members make will be on those substitutes, the straw men. Which, by the time a final vote comes this week on the Democrats' \$1.2 trillion fiscal 1991 budget, will allow the party leadership to claim that the House considered and voted on a range of views.

The desired result is to make the Democratic budget the easy choice, the sound alternative. The Democrats last week were confidently predicting victory.

But what kind of victory is earned this way?

"Let us not have any illusions that we are voting on truth and virtue here," said Rep. Bill French, R-Minn., senior Republican on the House Budget Committee. "We are voting on one tiny step which will move us toward the final compromise."

"Obviously more is going to be expected of this House and of this Congress."

More may be expected. But there's no evidence yet that more will be provided.

Antenna hobbles telescope

SPACE CENTER, Houston (AP) — Engineers tried to fix a tangled antenna on the \$1.5 billion Hubble Space Telescope put in orbit 380 miles above Earth by Discovery, which glided to a desert landing on new tracks.

About 20,000 people cheered as the space shuttle swooped out of orbit Sunday morning onto a concrete runway at Edwards Air Force Base, Calif. The five crew members returned home to Houston later in the day.

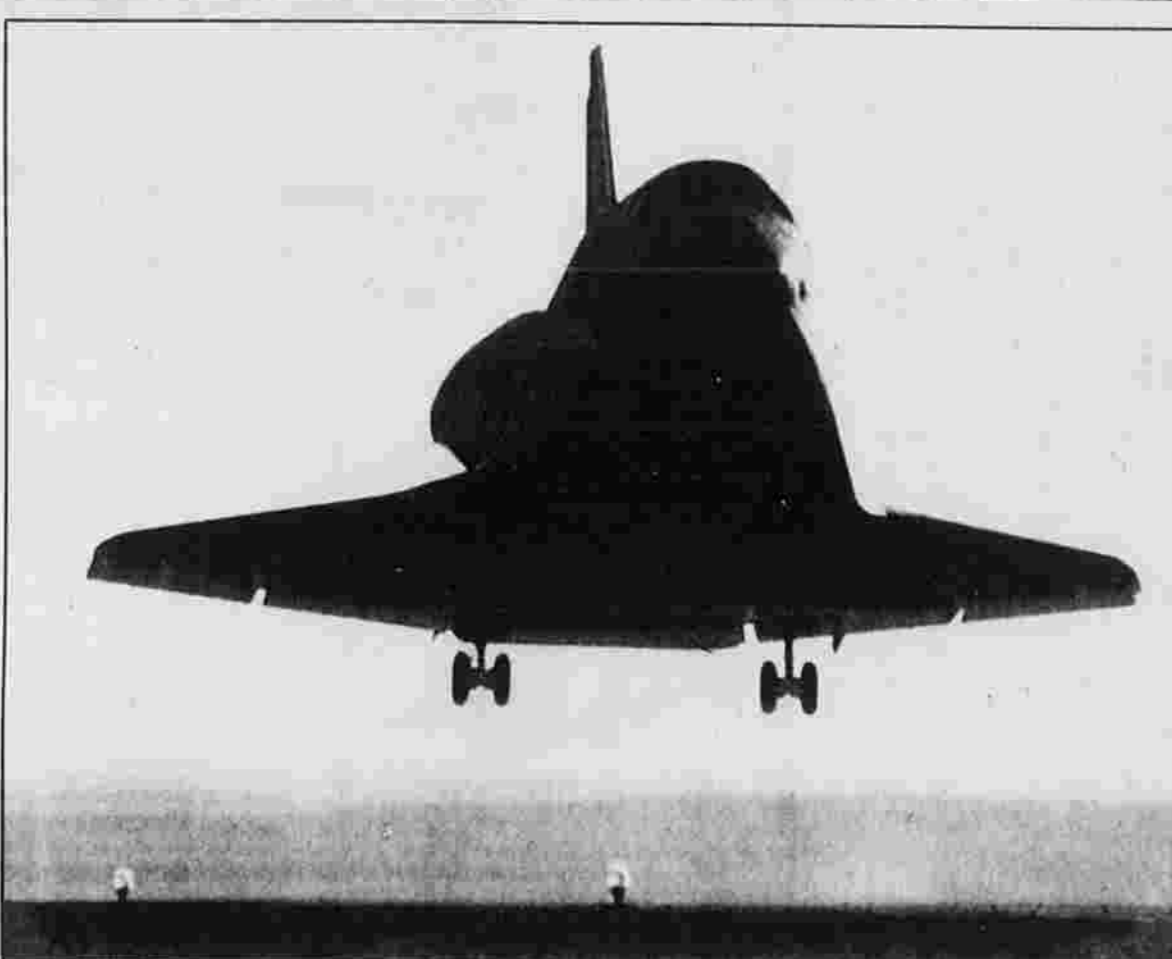
The astronauts expressed satisfaction in putting the 129-ton telescope in orbit, even though controllers have continued to struggle with an antenna unable to move in all the directions it should.

"We had a spectacular mission — an incredible opportunity to be a part of what I think will be one of the most historic events the space shuttle program has ever figured out," mission specialist Kathryn Sullivan said.

Meanwhile, controllers at NASA's Goddard Space Flight Center in Greenbelt, Md., continued the months-long process of checking out the 43-foot telescope, NASA's most expensive unmanned spacecraft.

"Our hope is that we'll be fully operational within a week," said deputy project manager Jean Olivier. "The first pictures, I still feel, are approximately a week away." Scientific data will follow in a month or two.

Engineers were trying to figure out how to fix one of the telescope's two high-gain antennas. The antenna should move from side to side 180 degrees and from



TOUCHDOWN — The Discovery comes in for a landing Sunday at Edwards Air Force Base in California, completing its five-day mission in space.

front to back 180 degrees.

But it apparently got caught behind a power cable that had bowed out from its normal position against the 15-foot arm supporting the antenna, spokesman Mike Harrington said.

If engineers cannot fix the problem completely, it will somewhat limit the information the telescope can send back to Earth, Olivier said.

Discovery pilot Charles Bolden said the results from Hubble will be worth the wait.

"You won't see anything in a week, you won't see anything in a month that's worthwhile. But over the next few months, the next few years, you're going to see some absolutely amazing things, I think," he said.

Commander Loren Shriver guided the shuttle to a 6:49 a.m. PDT touchdown after a slackening of 40 mph winds that had threatened to delay the landing. The other crew members are mission specialists Bruce McCandless and Steve Hawley.

It was the first time a shuttle used carbon brakes similar to those

Molesting case parents search old school site

MANHATTAN BEACH, Calif. (AP) — Convinced that their children were molested, angry parents are digging up the soon-to-be demolished McMartin Pre-School in a search for hidden rooms and tunnels.

A Superior Court jury acquitted Peggy McMartin Buckley of 12 charges and her son, Raymond, 31, of 40 counts in connection with the case last January.

Buckley is being retried on eight counts on which jurors deadlocked, a dramatically diminished number compared to the hundreds once described as alleged victims at the Manhattan Beach school.

More than a dozen former McMartin students had talked to prosecutors about a trap door, tunnel or secret underground room at the school, said Deputy District Attorney Roger Gundersen.

But the parents refuse to give up.

"We're not letting go because we want the children to be believed," said Robert Salas, whose son attended the school but did not testify at the trial.

"The tunnel story was just one of the stories they told, and they've been ridiculed," Salas said in a recent interview.

The number of parents involved in the excavation was not immediately known.

The McMartin school is now owned by Hermosa Beach real estate broker Arnold Goldstein, who plans to raze it and put up an office building. He has given the parents until May 10 to do their digging.

"I'm permitting these people to go on the property to find whatever they want and get it out of their system," Goldstein said. "It would be nice if this would all die down."

The parents are videotaping their efforts, which so far include tearing up the school floor and digging underneath. They say they found an area nine feet down that was filled with soft dirt and sealed by a patchwork of concrete. This could have been an underground secret room where their children were allegedly molested, they said.

Deputy District Attorney Joe Martinez, one of two prosecutors assigned to Buckley's retrial, said the excavation was not requested by his office.

"We just feel this is something between other parents and the owner of McMartin," he said.

Scandal scares off senators

Legislators leery to act for bankers

WASHINGTON (AP) — Telling bank examiners to lay off is definitely out of fashion in Washington.

Congressmen from the Northeast want federal regulators to ease up on their region's beleaguered banking industry. But they're also worried about parallels to the case of the so-called "Keating Five" senators who face an ethics investigation for interceding on behalf of the failed Lincoln Savings & Loan.

"That is making for an awkward political dance."

"Are some members of Congress perhaps a little gun-shy because of the bad publicity the Keating Five got? Sure, there's no question about it," said Rep. John LaFalco, D-N.Y., chairman of the House Small Business Committee which opened a hearing last week on the credit crunch.

The Lincoln episode put members of Congress under pressure to avoid asking bank regulators to relax their watch over lending practices.

That kind of lobbying on behalf of Lincoln owner Charles H. Keating Jr. has enraptured five senators in the ethics probe. Democrats Donald Riegle of Michigan, Alan Cranston of California, Dennis DeConcini of Arizona and John Glenn of Ohio and Republican John McCain of Arizona all benefited from substantial contributions from Keating and his associates.

But corporate executives and owners of small businesses are complaining that overzealous regulators are leaving them unable to borrow money.

"The hesitancy is because of our awareness that there is an appropriate line that the regulators have to walk in regulating appropriately and in a balanced fashion," LaFalco said. "Which is why we're reluctant to speak too forcefully about it."

Shady business deals, dishonest accounting and excessive optimism — combined with lax regulatory oversight — led to the savings and loan collapse, a problem concentrated in the Southwest. The taxpayer-funded bailout of the industry could cost as much as \$500 billion.

Intense criticism from Congress over the thrift crisis led regulators to crack down in the Northeast.

"When the crisis finally hit, the Congress got very aggressive in going after the regulators," said Rep. Joseph P. Kennedy II, D-Mass., a member of the House Banking Committee. "So the regulators say, 'OK folks, you want us to get tough, well we'll show you what getting tough is all about.'"

Some lawmakers complain that regulators have responded with a "SWAT team" of examiners. They were dispatched first to New England, where the real estate market is in a severe slump, and are expected to move down the East Coast.

The regulators have reclassified loans as "nonperforming," have forced banks to increase their bad-loan reserve accounts and taken other steps that have led to less capital. Small businesses with longstanding lines of credit and no connection to the real estate industry are finding they can no longer get the working capital vital to their daily operations.

But Kennedy said he has found colleagues are reluctant to speak out about the Northeast's credit drought.

"I found that there was, at least initially, a tremendous amount of concern about getting involved in a Keating-Five type of circumstance," Kennedy said.

That concern was evident at last week's Small Business Committee hearing.

Several lawmakers said they were concerned about their business constituents, but repeatedly stressed their support for aggressive banking oversight.

"For us to tell you that we have concerns about our constituents is valid up to a point," Rep. Jan Meyers, R-Kan., told a witness representing federal regulators. "Then I think it's also important for us to tell you how important it is for you to do your job."

In Connecticut, Republican Rep. Nancy Johnson and Democratic Rep. Barbara Kennedy have met with federal officials about the credit problem sweeping their state. But they also have emphasized that they favor tough banking regulations.

Sen. Christopher Dodd, D-Conn., held meetings in Connecticut on the credit crunch. But he "said very loudly and clearly, up front that the meetings he had with regulators or with bankers or with borrowers had to be open to the press," according to Jason Isaacson, Dodd's top aide.

Bush appointee had side business

WASHINGTON (AP) — Fred M. Zeder II, a close friend of President Bush, says he wasn't required to tell the government that he'd set up a private company to do business in the Pacific islands while he was a U.S. ambassador to the region in 1986.

There was no conflict between my official duties and my personal activities," Zeder said in a recent interview. He is now the head of the government's Overseas Private Investment Corp.

Zeder, who left the State Department in January 1987 three months after setting up his Honolulu-based company, said he didn't disqualify himself from making decisions as ambassador that could have affected his business because there was no legal requirement to do so.

Zeder publicly revealed his company Island Development and Development efforts in those areas and elsewhere in the Pacific rim, according to the company's incorporation papers.

The firm was incorporated on Oct. 14, 1986, four days after Zeder had signed a treaty providing \$6 million in U.S. development aid for the Marshall Islands.

Zeder said Island Development advised private firms on how to do business in the Pacific.

Study says TV makes you moody, lonelier

LOS ANGELES (AP) — Watching television takes less concentration than eating and leaves many viewers feeling worse than before they sat in front of the set, according to a 13-year study.

The study found the longer a person watched the set, the more drowsy, bored, sadder, lonelier and hostile the viewer would become, said psychologists Robert Kubey of Rutgers University and Mihaly Csikszentmihalyi of the University of Chicago.

Their book, "Television and the Quality of Life: How Viewing Shapes Everyday Experience," is scheduled to be released today.

The study is the latest of thousands of publicists that have attempted to evaluate the effects of television. But this project is seen as one of the most inclusive analysis on the effects of television, said Howard Gardner, a psychologist at Harvard University.

The researchers said their study revealed that people who turn their TV set on to relax are even less relaxed than before they began to watch.

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*Current rates are effective through Tuesday, May 1, 1990. Interest is compounded daily. Annual yield assumes principal and interest remain on deposit at the current rate for one year. There is a substantial penalty for early withdrawal.

College fest in jeopardy after rioting

SAN LUIS OBISPO, Calif. (AP) — California Polytechnic State University and city officials will meet this week to decide the fate of a 58-year-old college festival that produced two days of rioting among rowdy revelers.

More than 100 arrests were made during the two nights of violence Friday and Saturday, when police used high-pressure fire hoses and tear gas on crowds of revelers.

"There were masses of people lined up. They were standing on cars, they were standing on the street. They were climbing telephone poles, street signs, until they knocked all the street signs down," said Heather Wicka, a senior. "It was a 'k'-feeding frenzy."

Fourteen officers and about 50 festival-goers caught in the bottle and rock-throwing frenzy were injured. One student was in a stable condition at a local hospital with a serious head injury.

Numerous homes and vehicles also were reported damaged.

The event was Poly Royal, which showcased student accomplishments when it was founded in 1932. University officials said there have been disturbances over the past few years, but none as large as those this weekend.

A statement issued jointly by the university and city said an "evaluation of the future of Poly Royal" will begin early this week.

The event has gotten more rowdy in recent years with the addition of parties and entertainment that attracts 100,000 people to the campus next to this central coast city of 10,000.

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Manchester Herald

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1990

OPINION

Democrats put Buckno on the spot

With the Board of Directors rapidly approaching the moment when it has to reach a decision on whether to support the most far-reaching policy decision of the year, setting the budget, attention has been focused sharply on one Republican director, Susan Buckno, who it is an unenviable position.

It appears that she holds the deciding vote on whether the education budget will be cut below the recommendation of Town Manager Richard Sartor, and if so, by how much.

The other four Republican directors are determined to set the school budget well below Sartor's recommended \$46.3 figure, cutting \$500,000 to \$1 million from it. The four Democratic directors are just as determined not to cut Sartor's figure.

When the Democrats made an unusable bid for Buckno's support. The did not name any Republican director, but they said they would need one Republican vote to accomplish their budget goal.

If nothing else, it was a skillful political strategy. The Democrats are in a no-lose position and Buckno seems to be in a no-win position.

When the Republicans won control of the board in the November election, Buckno was second only to Mayor Theunis Werkhoven in the number of votes she got.

She has been active in the PTA of Martin School and much of her constituency may come from education advocates. But she was also part of a Republican team that had committed itself to avoiding a tax increase.

The Democratic strategy has succeeded in creating a division within the Republican ranks, putting Buckno on the spot.

She and her fellow Republicans are now in the position of having to come up with some kind of compromise that does not damage them politically, perhaps a less severe budget cut than most of the Republican directors want to make. The best political compromise may also be the most realistic budget decision.

By Robert J. Wagman
LONDON — Riding the London underground during the day, a visitor from the United States might be surprised by the large number of teens who fill the cars. It's actually the result of a startling fact: 60 percent of all British teens drop out of school by the age of 16.

The situation in Britain worsens when you add in some other facts. One-half of all Britons under 21 — and a third under 25 — are unemployed. Those lucky enough to have found jobs are making very low wages.

Thus, on any given day in London, approximately 50,000 people under the age of 25 are living hand-to-mouth existences, either on the streets or by moving from one "squat" to another.

Over the past decade, Margaret Thatcher's economic miracle has made many Britons rich. However, it has also created a growing chasm between the rich and those who live in poverty.

One recent study puts the number of Britons living below the poverty level at 20 percent, with another 15 percent living on a little to have a comfortable standard of living. Many are young, and a growing number have simply despaired of lifting themselves out of poverty.

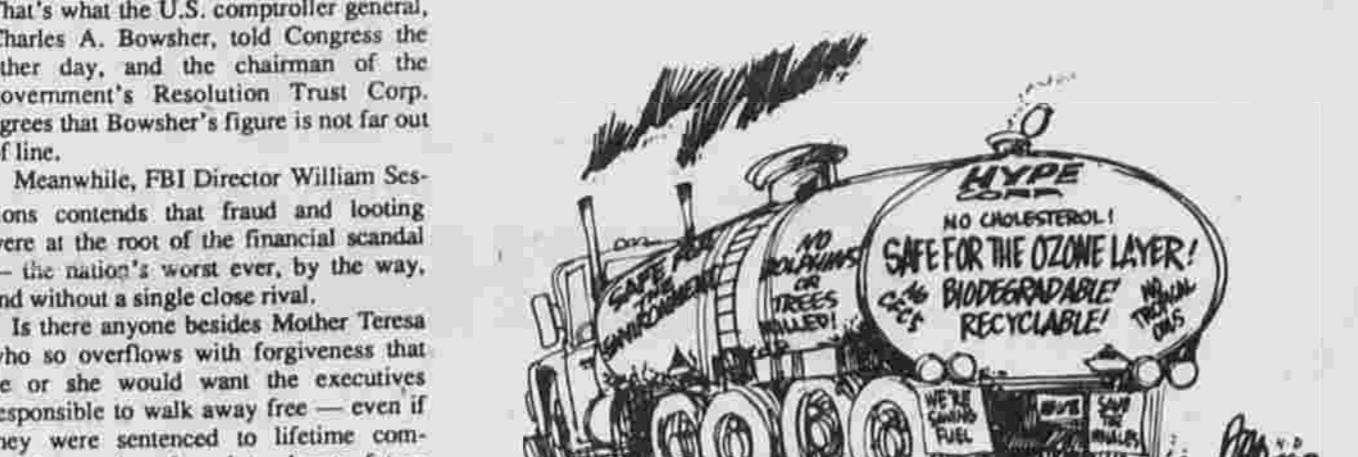
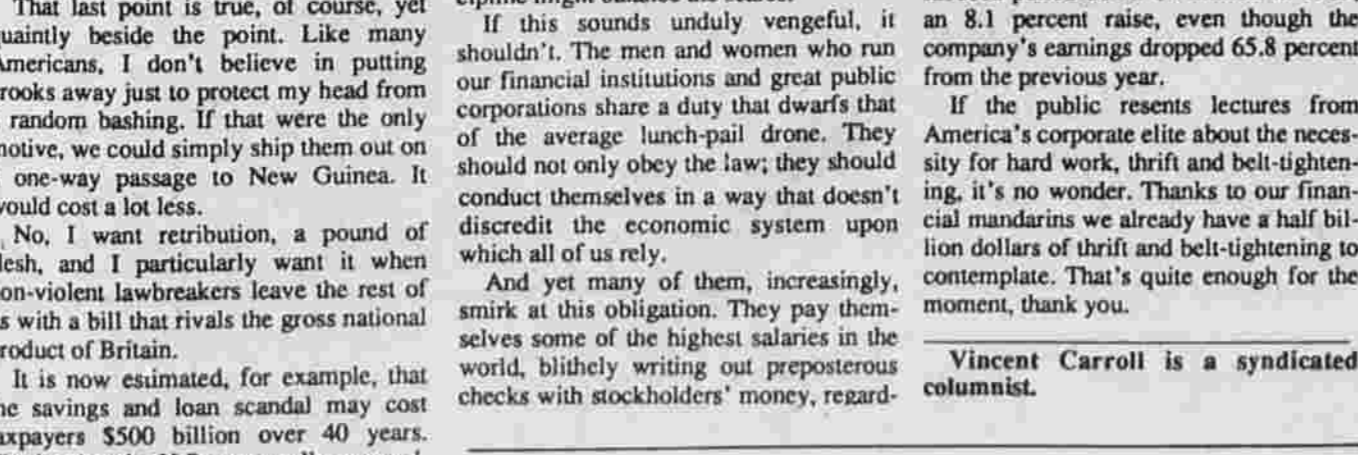
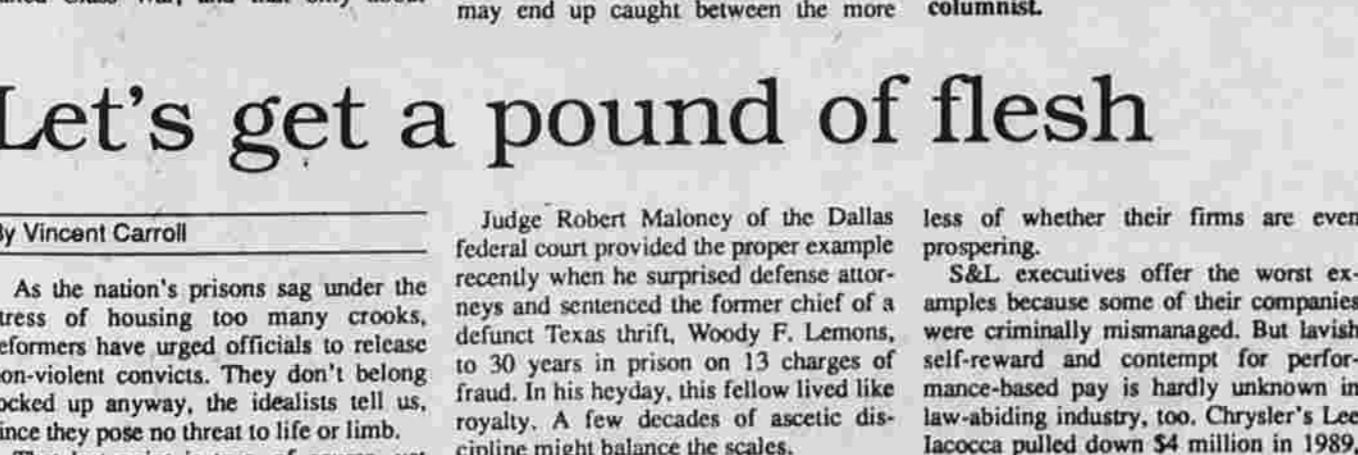
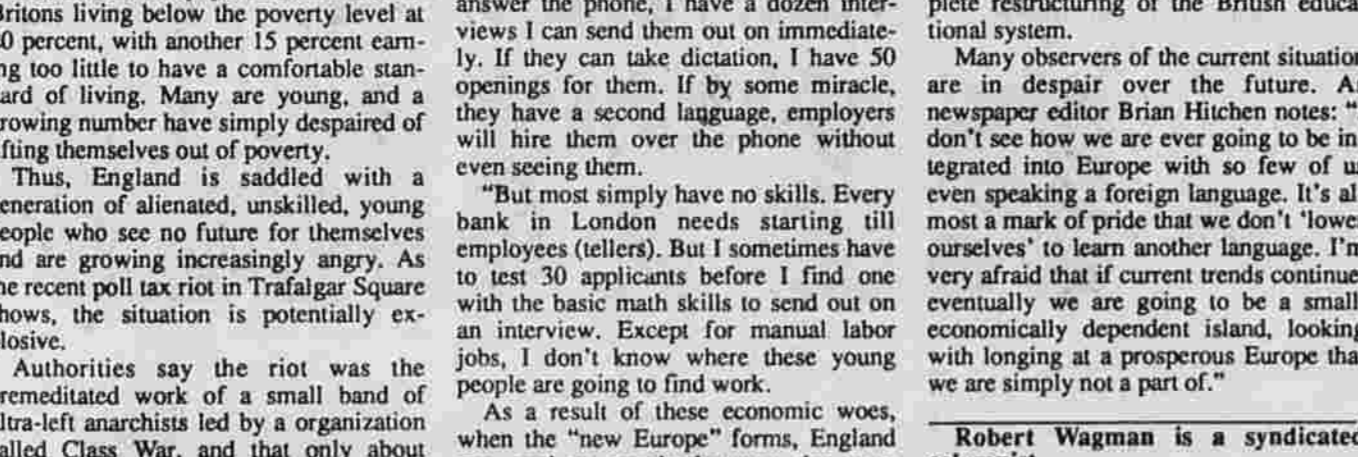
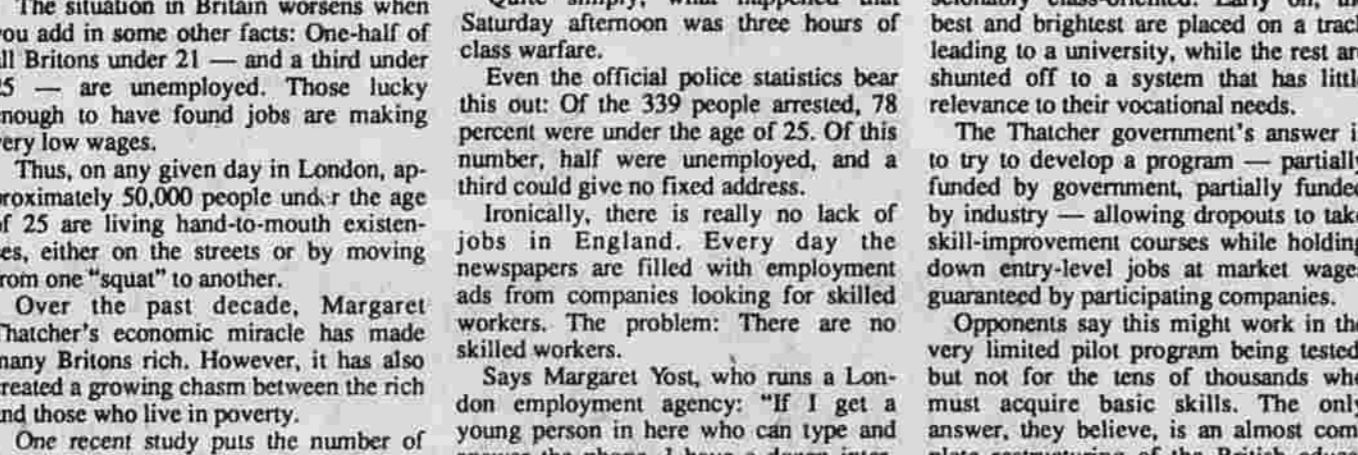
Thus, England is saddled with a generation of alienated, unskilled, young people who see no future for themselves and are growing increasingly angry. As the recent poll tax riot in Trafalgar Square shows, the situation is potentially explosive.

Authorities say the riot was the premeditated work of a small band of ultra-left anarchists led by an organization called Class War, and that only about one out of eight were arrested.

Nancy L. Stearns
Manchester Teacher of the Year
Bowers School
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Skinheads gaining popularity

By Jack Anderson and Dale Van Atta
WASHINGTON — Once consigned to television labrad programs, skinheads are finally prime-time as they receive belated attention from the nation's law enforcement officials.

It was easy to dismiss these teen-age terrorists who sport shaved heads and vacant stares, and who speak racial and religious hate. That was before they began exchanging their trademark steel-toed boots, chains and knives for hand-guns, shotguns and semi-automatic weapons. That was before they went from Nazi salutes and spray painting to assault and murder.

No longer are skinheads an unknown subculture. And the "Aryan Woodstock" put to rest any residual hope that their numbers were small. At that event for skinheads in Napa Valley, Calif., in March 1989, they showed up with automatic weapons, including an AR-15, an AK-47, automatic pistols and shotguns.

Skinheads are reported to be in every corner of the country. They are active in 31 states, boasting a following about 3,000 strong. Although nearly every state has been touched by the brand of bigotry brutally practiced by these white youths, most skinhead gangs are clustered in the Western states.

In La Verne, Calif., skinheads threatened to kill a couple they thought were Jewish. In Portland, Ore., they clubbed to death an Ethiopian immigrant. In Columbia, S.C., skinheads circulated racist flyers and painted anti-Semitic graffiti on downtown buildings.

Police Sherrard was a victim. On an August night in 1988, Sherrard and his girlfriend were chased out of a Dallas park by a band of skinheads shouting racial slurs. Sherrard is black and skinheads thought the park belonged to white only.

Sherrard eventually testified at the trial of five white supremist skinheads charged and convicted in a series of anti-Semitic and racist crimes. As U.S. marshals escorted the defendants from the courtroom, one of the defendants stopped long enough to give the Nazi salute.

Our associate Melinda Maas asked one skinhead leader what motivated them. "The white race is being exterminated," said Michael Palasch, head of the National White Resistance of Metairie, La. "Our number one objective is security for the white race."

Although all skinheads may look alike with their shaved heads, multiple tattoos, tight jackets and Doc Martin boots, there are actually some distinctions worth noting. "Non-racial" skinheads — known in the parlance as "hulchies" — are the "tomies" — outnumber their racist counterparts. What's clear is that skinheads have been bad for the Ku Klux Klan. The hooded Klansmen being edged out in public profile by the more radical, neo-Nazi influenced groups, who prey on desperate white youths who bleak future.

A recent Anti-Defamation League study indicates that skinheads are successfully recruiting high-school students, dropouts and the generally disaffected. The "fraternity" of skinheads offers youth a missing identity and support network, according to experts.

Tree thieves come out of woodwork

By Debra Hale
The Associated Press
CHICAGO — In this caper, a bark won't scare intruders away but actually encourages them to commit crimes. Police say tree thieves are coming out of the woodwork.

Thefts from private lawns and nurseries this year include 230 rosebushes, four Japanese yews and four bonsai trees, and dozens of evergreens, especially small, ornamental ones, police said.

The thieves even steal lawns, rolling up the sod. The stolen property can crop up anywhere — in the thief's manicured garden, for example, or in fly-by-night nurseries. Some of it might be going to chop shops that graft and sell stolen trees, shrubs and plants.

The perennial problem appears rooted in Chicago, particularly on the South Side, and sprouts on spring nights when yards have been freshly landscaped and the ground is soft. Apart from Christmas tree heists, nothing like it occurs in New York, Los Angeles and Detroit, authorities there said.

"I don't think we've got the laws or trees worth stealing here," joked Detroit police Sgt. William Pendergast. But Jim Hirst, a Chicago property crimes detective, isn't laughing. About 80 trees, plants and lawns vanished overnight in the city last year.

Dorothy Hicks said her husband, William, woke one morning to find a hole where their beloved 2-year-old juniper tree once stood.

"I went outside, and sure enough it was gone," she said last week. "The thieves must have kept staking and shaking it and pulling and pulling. I could see track marks where it had been (dragged) across my sidewalk."

The little tree, trimmed to appear to be four feet tall, was worth almost \$80, she said. She doesn't think she'll ever see it again.

Another juniper almost met a similar fate. "One more pull, and they would have gotten it. They just left it ... slumping over," she said.



BEATING THE BUSH THIEVES — Chicago Police Sgt. Eugene Orr chases a small tree to the railing of his house last week. Thieves have stolen more than 230 rose bushes, ornamental trees and yews so far this spring, leaving holes where the plants had been.

Soviet fighter was shot down in 1960 U-2 case

MOSCOW (AP) — When the Russians downed a U.S. spy plane in the famous U-2 incident 30 years ago, they also accidentally blew one of their own aircraft out of the sky, killing the pilot, the Soviet army newspaper has disclosed.

The U-2 plane, piloted by Francis Gary Powers, was shot down on May 1, 1960, disrupting a summit meeting 19 days later in Paris between President Dwight D. Eisenhower and Soviet leader Nikita S. Khrushchev and forcing the cancellation of another summit planned for later that year.

The newspaper Red Star said in the article Sunday that the Soviets mistakenly shot down a MIG-19 and its pilot in the operation. The pilot of the MIG-19 was killed. The pilot of the U-2 was captured and held for three years, then exchanged for the Soviet spy Rudolf Abel. Powers published his memoirs in 1970.

The Soviet article disclosed for the first time that the Soviets had ordered a new model Sukhoi-9 fighter to pursue the U-2 in an unsuccessful ramming attempt. The Su-9 was unarmed but was able reach nearly to the 70,000 feet at which the U-2 operated, the report said.

The Soviets also used two MIG-19's, which were not capable of flying that high. The pilot of one MIG-19, Boris Ivazyan, reported to ground control that the debris from the U-2 was actually that from a missile that had missed the U-2, prompting the ground battle to fire another.

The next Soviet missile struck the MIG-19 flown by Sergei Safonov, 30, who was killed. He was one of 21 Soviets given medals for their role in bringing down Powers, and the Red Star article disclosed for the first time that he was honored posthumously.

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Marine workers battle riot police

ULSAN, South Korea (AP) — Militant shipyard workers whose occupation strike was broken up over the weekend fought more running battles with riot police today, hurling rocks and firebombs, and sympathy protests spread nationwide.

Workers wearing red headbands bearing the word "Fight" set up roadblocks and burned tires, sending clouds of thick smoke into the sky. Police used tear gas to fight off about 2,000 workers who charged in groups of 50 to 200.

Two police helicopters hovered overhead, apparently to monitor protesters' movements and direct police operations on the ground. All vehicles approaching the shipyard were stopped at a police checkpoint and searched.

Elsewhere, more workers and students joined sympathy protests against Saturday's raid by about 13,000 riot police on the strike-bound Hyundai's shipyard, the world's largest, to crush a three-day strike.

About 27,000 workers of the Hyundai Motor Co. in Ulsan, the nation's largest automaker, began a two-day sympathy strike today and workers at several other Hyundai subsidiaries in the city threatened to provide.

No overall casualty figures were provided for the three days of violence. However, weekend reports said at least 24 people were hurt and more than 600 detained.

The government has vowed to deal firmly with the turmoil, saying it threatens the economy. Strikes, steep wage increases and the rise of the national currency against the dollar have hurt the ability of South Korean products to compete abroad.

The shipyard and the auto plant are the main arms of the giant Hyundai group, one of the largest conglomerates in South Korea with \$4.8 billion in 1989 sales. The group also makes computers, steel and other goods.

In the southern city of Taegu, President Roh Tae-woo's hometown, about 50 radical students shouting "Down with Roh Tae-woo!" attacked the city's police headquarters with firebombs, news reports said.

Riot police, firing tear gas, overpowered five students who briefly occupied the top floor of the three-story building and a radio transmission tower inside the compound, the reports said.

No one was injured, but several cars parked inside the police headquarters were destroyed, they said. Police in other industrial areas remained on full alert as many distant labor unions called for a nationwide general strike on Tuesday, the May Day labor holiday, in support of the Hyundai shipyard workers.

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Let's get a pound of flesh

Judge Robert Maloney of the Dallas federal court provided the proper example recently when he surprised defense attorneys and sentenced the former chief of a defunct Texas thrift, Woody F. Lemons, to 30 years in prison on 13 charges of fraud. In his heyday, this fellow lived like royalty. A few decades of asexic discipline might balance the scales.

If this sounds unduly vengeful, it shouldn't. The men and women who run our financial institutions and great public corporations share a duty that dwarfs that of the average lunch-pail drone. They should not only obey the law; they should conduct themselves in a way that doesn't discredit the economic system upon which all of us rely.

And yet many of them, increasingly, smirk at this obligation. They pay themselves some of the highest salaries in the world, blithely writing out preposterous checks with stockholders' money, regardless of whether their firms are even prospering.

S&L executives offer the worst examples because some of their companies were criminally mismanaged. But lavish self-reward and contempt for performance-based pay is hardly unknown in law-abiding industry, too. Chrysler's Lee Iacocca pulled down \$4 million in 1989, an 8.1 percent raise, even though the company's earnings dropped 65.8 percent from the previous year.

If the public resents lectures from America's corporate elite about the necessity for hard work, thrift and belt-tightening, it's no wonder. Thanks to our financial mandarins we already have a half billion dollars of thrift and belt-tightening to contemplate. That's quite enough for the moment, thank you.

Robert Wagman is a syndicated columnist.

What to do if the store merchant insists on the extra documentation? Consumer experts say that store managers usually waive the requirement when consumers protest. If not, then suggest a compromise: since all that is needed is extra ID, have them write the expiration date of your credit card on the back of the check.

Jack Anderson and Dale Van Atta are syndicated columnists.



ADVERTISING IN THE NINeties

U.S. appeals court to make ruling on Wells Fargo tapes

WASHINGTON (AP) — The Supreme Court ordered more study today in a dispute over use of tape-recorded evidence in prosecuting nine Puerto Rico men accused of robbing \$7.2 million from a Wells Fargo depot in Connecticut seven years ago.

The justices, by a 6-3 vote, said a federal appeals court must reconsider whether all the recordings made during electronic surveillance of members of Los Macheteros (the machete wielders) may be used as trial evidence.

The 2nd U.S. Circuit Court of Appeals had ruled that some of the tapes may not be used as evidence because they were not sealed for safekeeping quickly enough.

Prosecutors say members of Los Macheteros were involved in the Sept. 12, 1983, robbery in West Hartford, Conn.

Nineteen people, most of them members of the organization, were indicted by a federal grand jury in connection with the crime.

Evidence linking nine of the men to the Connecticut heist was discovered during an investigation of a rocket attack on the FBI office in Hato Rey, Puerto Rico.

During that investigation, electronic snooping was conducted at six different locations in Puerto Rico between April 1984 and August 1985.

After their indictment, the nine men sought to have all tape recordings obtained during the surveillance ruled inadmissible as trial evidence.

Abortion

argument because they are not engaged in lobbying or making political contributions.

"The fiscal flaw in the argument is that (the groups) are not players in that arena or on that field," said the court.

Like any other "spectator who supported a given side in public political debate," the appeals court said.

In a dissenting opinion, Judge Jon O. Newman said the tax-exempt abortion rights groups are being penalized for obeying the law and staying out of some political activities.

"I fail to understand why any person or organization seeking to challenge a violation of federal law should be denied access to a federal

Budget

Democrats is relatively painless — increasing from 8.5 percent to 9.5 percent the estimated return on investments in the state employee retirement fund to save \$78 million in state contributions to the fund.

Democrats also believe they can save \$10.1 million by improving government efficiency as recommended by the Thomas Commission studying the state bureaucracy.

The biggest changes on the revenue side would bring in \$24 million by improving collections of child support payments and securing more federal reimbursement for mental retardation and Medicare programs.

Baldacci said the caucus also agreed to a series of steps intended to save money in future state budgets. A faction of about 16 conservative Democrats had been holding out for such steps. Baldacci said they will include:

- Establishing a debt limit that will limit the growth of state-issued bonds, which topped \$1 billion last year and this year.
- Establishing a permanent committee on efficiency and reform of state government and spending policies.
- Setting up a mechanism by which the General Assembly's Appropriations Committee will automatically meet to recommend spending restrictions any time the Assembly's fiscal office finds that the state is running a budget deficit.
- Reducing the benefit levels that certain state employees receive when they are injured or sick to ensure that no state workers receive more pay by not working than they would by returning to work.
- Drafting changes in the state's Objective Job Evaluation program, which was designed to make sure female employees are equally compensated if they do the same jobs as men do in state government.

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Insurance

insurance to know what the business will do," said David Seifer, a researcher who follows the insurance industry for Donaldson, Lufkin & Jenrette, a New York City investment firm.

"It's price setting by the legislature," said Robert Brian, a vice president of Hartford-based Conning and Co., a research firm. "There's only one result and that's total economic chaos. The arithmetic just doesn't add up. They're destroying the personal insurance market."

California, New Jersey, Nevada, Pennsylvania and South Carolina have all passed laws mandating some sort of a rate rollback, said Terry Tyrpin, an assistant vice president with the Illinois-based American Association of Independent Insurers.

The Massachusetts Legislature has been criticized for setting what industry experts say are artificially low rates, and there have been threats of rate rollbacks in Connecticut and at least 15 other states, Tyrpin said.

Joan Bianca, a Crum and Forster spokeswoman, cited regulatory restrictions as a compelling factor in the company's decision. Three-quarters of the company's business is done in states undergoing insurance reforms.

Hartford-based Travelers Corp. has withdrawn from the automobile insurance field in California, affecting 18,000 customers. The company has also stopped writing new policies in New Jersey and is carefully choosing customers in other states.

The law says the recordings made as soon as the court-authorized surveillance period ends unless government agents have some "satisfactory explanation" for delay.

The court today rejected Bush administration arguments that would have stretched the time in which a court-supervised sealing of the evidence is required.

The justices also rejected the government's attempt to waive the sealing requirement if the tapes' authenticity can be proved.

Gift

The son had asked for the entire estate, most of which is real property.

The properties will be held in a trust, Paternak said, and the profits generated from them will be split by the women's club and MACC. That could provide the club with anywhere from \$5,000 to \$15,000 each year — an enormous figure compared with what the club takes in from fund raisers.

But Paternak said, "His money will not change the flavor of the club in any way." It will continue to provide the same types of services — just more of them.

Some of the club's charities include helping the blind, the poor, the sick, and the elderly.

Those who will benefit from the money slated for MACC will be people without family support, said Nancy Carr, MACC's executive director.

"Those were the people he was concerned about most," she said, adding that most people who knew Jeffers associated him with the homeless because the main sleeping

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From Page 1



The Associated Press

CROSSING FINGERS — Leota Sprague, mother of Frank Reed, holds a copy of a photo of her son that accompanied an unsigned statement delivered to a Beirut newspaper Sunday. The statement indicated that Reed would soon be released.

Hostage

of solving the hostage-taking crisis is much slower than was previously expected," Tehran Radio said in a commentary. The dispatch was monitored in Cyprus.

After Pihill's release, Iranian officials and Lebanese Shiite leaders called for the reciprocal releases of Shiite fundamentalists held by Israel and Kuwait. President Bush has said he refuses to deal for the hostages.

The English-language Tehran Times, a newspaper close to Iranian President Hashemi Rafsanjani, today issued an Iranian official quoted as saying "Reed's captors agreed to free him after 'extensive talks' that followed Pihill's release."

Rafsanjani, leader of the West's so-called pragmatists, is seeking to improve ties with the Iran of a decade of hostility. He is opposed at home by fundamentalist radicals allied to the Shiite militants in Lebanon.

Reed, 57, director of the Lebanese International School, was kidnapped Sept. 9, 1986, near Beirut airport.

The promise to free him was made in two typewritten statements, accompanied by three photographs of the hostage. The messages and photos were delivered to Beirut's independent daily An-Nahar and a Western news agency.

Paternak said she hopes Jeffers is not forgotten.

From Page 1

No demands were made for Reed's release. The kidnappers said they would carry a message to the Bush administration.

The second identified the kidnap faction as the Organization of Islamic Jihad. His abduction was earlier claimed by the Organization of Arab Revolutionary Cells-Omar Mukhtar Brigade.

Bush responded cautiously to the pledge Reed will be freed.

"I just won't say anything," he said Sunday. "If that proves to be true, that's wonderful."

Reed, a native of Malden, Mass., had lived in Beirut since late 1977, before he was kidnapped. He had converted to Islam to marry his second wife, Fahima Dalati, a Syrian Moslem.

He has a son, 9-year-old Tarek with Fahima, and two other children, Jacqueline and Marilyn, from his first marriage. They live in Medford, Massachusetts. Mrs. Reed has been staying with her mother-in-law in Malden since leaving Beirut last year.

Her sister Selwa Dalati said in Damascus when told about the kidnapper's promise to free Reed: "It's great. I just couldn't believe it."

Knicks need more to combat Celtics

By Howard Ullman
The Associated Press

BOSTON — The cure is clear but complicated to achieve.

To stay alive in the NBA playoffs, the New York Knicks need more desire, more defense and more Patrick Ewing.

All three were lacking Saturday when the Boston Celtics set a league playoff record for points with a 157-128 rout that gave them a 2-0 series lead.

The Celtics, winners of their last five games, can clinch the best-of-5 Eastern Conference quarterfinal Wednesday night at New York, which has lost five straight.

Against a confident Boston team, it won't be easy for the Knicks to put all the parts together, even in their own arena.

In Game 2, Ewing had eight points in the first quarter, and Boston led just 41-38. But in the second quarter, despite playing 10 minutes, he rarely touched the ball on offense and his only basket was a layup with 27 seconds left that cut Boston's lead to 74-59.

His 18 points in the second half came after the Celtics had seized complete control.

"We didn't get Patrick enough shots in the first half," New York coach Stu Jackson said. "A lot had to do with the Celtics' defense, but we missed him a couple of times in the low post when he was open."

Naturally, I want the ball, but other people were making the plays," Ewing said. "Robert Parish

SPORTS

Clemens gets the best out of A's Stewart

By Ben Walker
The Associated Press

Maybe if Dave Stewart always pitched against Roger Clemens, he'd be the one who wins Cy Young Awards, rather than the other way around.

Stewart outduelled Clemens for the fourth straight time and won his 19th consecutive decision in April as the Oakland Athletics edged the Boston Red Sox 1-0.

Jose Canseco's single in the first inning produced the only run as Oakland ended its six-game losing streak at Fenway Park.

"When you go up against Roger, you just have to keep your mind set on pitching one of the better games of your life," Stewart said. "The man is fifty-ninching games over .500 and he knows how to win."

"Games like today are always jaw-dropping because you can't make a mistake. I knew it was going to be a tough ballgame. I was just fortunate things worked out for me."

Stewart (5-0) gave up six hits in 7 2/3 innings. He struck out six and walked four before Dennis Eckersley relieved and got his seventh save.

Stewart has won 20 games for three straight seasons, but no Cy Youngs. He has been beaten out by Clemens, Frank Viola and Bret Saberhagen the last three years.

Clemens (4-1), a two-time Cy Young winner, allowed four hits in seven innings with four walks and two strikeouts. He fell to 2-7 versus the Athletics, the only team he does not have a winning record against.

AL Roundup

SAFE AT HOME — Xavier High's Todd Anderson sprawls head first into home plate for a Falcon run as East catcher Jim Penders is too late to make the tag during Saturday's game at Eagle Field. East won, 11-7, to put itself back in the race in the ACC.

By Len Auster
Manchester Herald

It's amazing what a difference a couple of days can make. After an 8-6 loss to St. Bernard, East Catholic stood at 1-2 in All Connecticut Conference baseball action and thought of defending its conference championship was kept at a whisper.

"Two days ago I talked to you and we were happy to break .500," East coach Jim Penders said. "This was a key game. I feel it will be us and Xavier battling for the third spot. You have to say Notre Dame and St. Joseph and then a battle for the third spot."

The top three teams qualify for the ACC Championships. The third place team three consecutive years has emerged as league champs.

"Psychologically, I wouldn't mind winding up third," Penders said.

East, 3-2 in the ACC, improves to 6-3 overall. Xavier, which owns two wins over Manchester High, is now 1-3 in ACC warfare and 3-6 overall.

The Eagles have two non-conference wins over Manchester High. Tuesday night at 7 against Windham High at ECSU's Alumni Field in Williamstown and Wednesday at 3:30 p.m. at home against Manchester.



Judy Hartling/Manchester Herald

EC right back in hunt in ACC

Each side was charged with four errors with five of the East runs unearned. Four Falcon runs were unearned. It was a 3-2 affair in East's favor when it broke it open with a seven-run third inning, sending 11 men to the plate.

"We had a couple of key errors in that seven-run inning," Xavier coach Terry Garska said. "We walked too many people and they had some key hits."

Sophomore Robbie Penders (3-for-4, two RBIs), led off the inning with a double off the wall in left, and capped it with a two-run, two-bagger to right centerfield. Dave Caruso, winning pitcher John Fisher and J.R. Rodriguez also knocked in runs.

Caruso (1-for-3, two RBIs) had a solid defensive game at shortstop. He had the final three assists in the seventh inning. "We're still trying to find the right defensive combination," Penders said. "Caruso at shortstop and Robbie at first, I liked that."

Fisher, right-handed junior, went the distance for his first victory of the season against two losses. He struck out six and walked four, three in the opening inning. He retired seven in a row at one point, before retiring in the seventh.

"Fisher" obviously labored in the seventh," Penders said. "But outside the first when he walked three, he pitched a good game. This was key for him. He's a key guy for our team."



Judy Hartling/Manchester Herald

Boutilier has grown on MHS nine

By Jim Tierney
Manchester Herald

Lindsay Boutilier never played varsity baseball for Manchester High until his senior year.

Boutilier played on the Indians' junior varsity team as a sophomore and junior. He had only one summer of baseball for the Manchester Merchants after completing ninth grade.

Boutilier was a solid player for the junior varsity, batting .400 last season. Two things, however, stood in the way of Boutilier being promoted to the varsity: his size at the time (5'5") and a questionable throwing arm because of a torn rotator cuff injury to his right (throwing) shoulder suffered while playing racquetball during the summer after his sophomore year.

The obstacles, however, fell by the wayside.

He had surgery performed last October on his shoulder. And, to everyone's disbelief, Boutilier showed up on his 6-foot, and now weighs 170 pounds.

"People didn't recognize me," the 17-year-old Boutilier said. "They (friends) were totally surprised because they hadn't seen me all summer. I didn't realize it. I worked at the (Manchester) Country Club. I golfed a lot."

"This year we started off by saying to him you're our second baseman provided you can throw to first base accurately. His arm has held him back from being a varsity ball player. I don't think it (the arm) has improved tremendously, but maybe gave him 10-15 percent better throwing than he had. I was really surprised at his size and I'm really surprised at his playing."

The "surprise" factor surrounding Boutilier's sudden impact is over and the fact remains the same — he can bat out his ball.

"He's had just a remarkable hitting year so far," Race said. "He's really produced in key situations. You have to do it when the pressure is on and he's done it. He has a tremendous amount of RBIs. He's really driving them in. I expected him to be just an average second baseman for us and he has turned out to be not just a good hitter, but a leader on the team with his hitting. I think it's rubbing off."

Race always knew Boutilier was a good defensive player.

"He's been a kid with a good glove even as a sophomore and junior," he explained. "It was always how he was going to throw the ball once he got the ball because his arm was always a weakness."

Whether he's trying to make up for lost time or not, Boutilier is experiencing a dream season for a hitter and is almost packing three years into one with his offensive onslaught.

"I just want to keep hitting," Boutilier, who may play in college at Plymouth State (N.H.), said.

Lindsay Boutilier has certainly grown on the Manchester High baseball team, in more ways than one.



Reynold Frip/Manchester Herald

HOT HITTER — Senior Lindsey Boutilier follows through on his swing in a game with Enfield last Friday at Kelley Field. Boutilier, who is currently hitting .500 for the Indians, drew in six runs (five in one inning) against Enfield and has maintained a torrid hitting pace.

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1990

Maddux puts out in win NL Roundup

By Dick Brinsler
The Associated Press

Greg Maddux insists he isn't very adept at making the difficult 3-6-1 double play. But that's what it took to get him in the record book.

As the third pitcher ever to record six putouts in one game, the Chicago right-hander was looking for one more chance in the ninth-inning Sunday against Los Angeles.

"I can't even remember ever being successful on that play," he said after pitching a six-hitter in the Cubs' 4-0 victory over the Dodgers.

Not this time. Lenny Harris grounded to first baseman Mark Grace, who threw to shortstop Shawn Dunston to force Juan Samuel. Maddux, who got the Dodgers to hit 15 groundball outs, found first with his right foot and stretched out to barely nip Harris on the return throw.

"I can't remember covering first base that many times," said Maddux, who also had an assist. "It's nice to have the record."

But nice to win, especially when it happens for only the second time in 10 games.

"He's the best I've ever played with, as far as getting over to first base," Grace said of Maddux. "I don't even have to worry about leading him. I can just throw the ball right to the base because he's right there waiting."

Maddux, aided by Dunston's run-scoring double and Andre Dawson's three-run homer, pitched his first shutout and complete game of the season. Maddux (2-1) struck out three and walked none in his sixth shutout in 105 career starts and went the distance for the first time since Sept. 21.

The record for putouts by a pitcher was shared by Bert Blyleven and Cleveland in 1984 and Eric King with Detroit in 1986. The National League record was five, shared by several pitchers.

Cubs manager Don Zimmer was relieved by the victory.

"I think people got spoiled sometimes," Zimmer said. "He had a bad game his last time out and everybody wanted to know what was wrong with him."

"Heck, I've got a kid here who's 23 years old and he's a heck of a pitcher. Day in and day out, he is one of the best in the league. He's had 37 wins the last two years. Who else has done that?"

Pirates 10, Padres 1: Barry Bonds and Jay Bell hit three-run homers as Pittsburgh won its sixth straight game. Bobby Bonilla added a two-run homer in the ninth, his league-leading seventh of the season.

The Pirates are 10-1 on their road trip, which concludes with two games at Los Angeles. It was the fourth consecutive loss for the Padres, swept in a three-game series for the first time this season.

Doug Drabek (4-1) pitched six innings, allowing seven hits, striking out four and walking two.

Expos 6, Reds 3: Tim Lincecum and Mike Fitzgerald homered as Montreal ended Cincinnati's three-game winning streak.

The defeat was a double setback for the Reds, who lost starter Danny Jackson in the first inning with a bruised arm.

Montreal's Kevin Cross (2-1) lost his shutout in the eighth when Herm Winningham drove in two runs. Reliever Tim Burke got out of the jam and finished the game for his sixth save.

Jackson made only four pitches before being hit by a comeback grounder by Junior Nobles. The injury was diagnosed as a severe bruise just below the left elbow, which could force him to miss several starts.

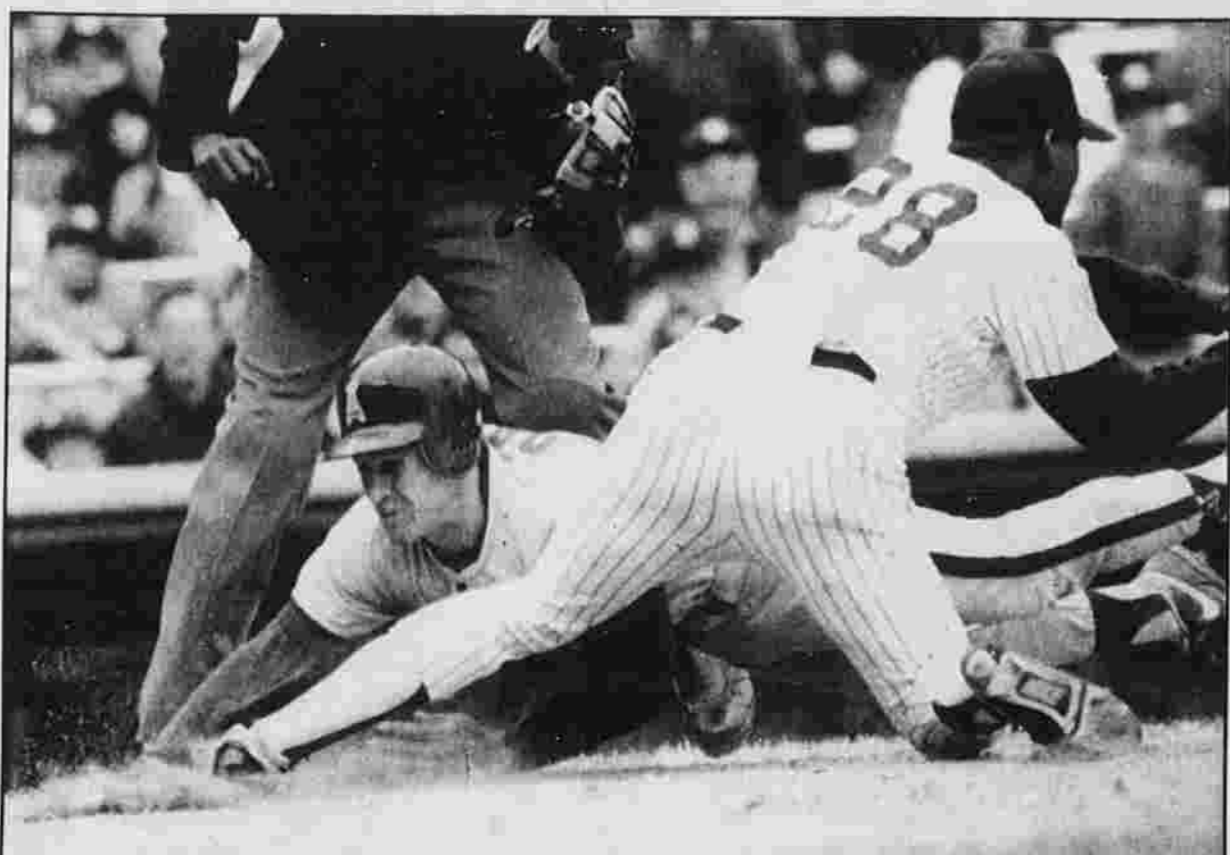
Giants 9, Cardinals 7: Rick Rousech pitched seven strong innings, triggered a five-run third with an infield hit and added a two-run single for San Francisco.

The Giants scored six runs off starter Joe Magrane (0-4), winless in 11 starts since Aug. 29, 1989.

Rousech (2-1) went 7-2-3 in giving up three runs in the eighth, but Steve DeBrotto got out of the jam and finished the game for his sixth save.

Braves 3, Phillies 1: Pete Smith pitched Atlanta's first complete game and Jim Presley hit a tie-breaking two-run homer in the sixth as the Braves snapped a five-game losing streak.

It was only the Braves' third victory in 16 games. The Phillies had won six of seven before dropping the finale of the three-game series.



CALLED OUT — California's John Orton slides home and is tagged late by New York's rookie pitcher Alan Mills, but is called out in the fifth inning of Sunday's game at Yankee Stadium. The Angels beat the Yankees, 4-3.

Washington back with Yanks, but helps Angels win finale

By Jim Donaghy
The Associated Press

"When the game was over I didn't know about the deal so I was happy we won," Washington said.

Washington played for New York from 1986-88 before signing as a free agent with the Angels.

In 12 games this season, Washington hit .176 with one home run and three RBIs.

"I'll just go out and keep my mouth shut and perform," said Washington, a 279 lifetime hitter.

Washington's RBI proved to be the game-winner and made a winner of Mark Langston (2-1).

Steve Balboni flied out with the bases loaded to end the game as California stopped a seven-game losing streak at Yankee Stadium.

The only time New York won more consecutive games from the Angels at home was during the 1961 and 1962 seasons.

Langston (2-1) breezed through six innings, allowing one run and four hits. But the game was delayed by rain for 18 minutes in the top of the seventh and it seemed to bother the left-hander.

Rick Cerone led off the Yankees' seventh with a single and Randy Velarde followed with a double to chase Langston. Mark Eichhorn relieved and gave up a run-scoring grounder to Steve Sax before getting out of the jam.

"I was in a pretty good groove when the rain delay came and I think that affected my control," Langston said.

Bryan Harvey took over for Eichhorn to start the ninth and retired the first two batters. But Velarde walked. Sax singled and pinch-hitter Mel Hall hit an RBI double that made it 4-3. After Manningly was intentionally walked to load the bases, Balboni hit a routine fly to center field on a 2-0 pitch. Harvey earned his second save.

"There were some anxious moments in the late innings," Washington manager Doug Rader said. "We almost gave it back."

"I loved all the schools. I could have seen myself at any one of them. I felt the most comfortable with the Harvard community, academically and athletically. I've gotten the feeling that I will play next year. I feel I can contribute, hopefully next year."

Berte, who is undecided on her college major, scored 12 of her 17 career goals this past season. Spanning her four-year high school soccer career, Manchester compiled a brilliant 66-5-2 record and won four consecutive league championships. The Indians' record of the Class I state tournament semifinals last year.

"She was heavily recruited by all four schools," Manchester High girls' soccer coach Joe Erardi said this morning. "Harvard is the class of the Ivy's. I see her as an impact player."

Berte, 18, was impressed with all four schools which made the deliberation process even more difficult.

"It was a tough decision," Berte said. "I loved all the schools. I could have seen myself at any one of them. I felt the most comfortable with the Harvard community, academically and athletically. I've gotten the feeling that I will play next year. I feel I can contribute, hopefully next year."

MHS's Meg Berte chooses Harvard

By Jim Tierney
Manchester Herald

Meg Berte, the heart and soul of the Manchester High girls' soccer team for the past four years as well as an elite in her class academically, has decided to attend Harvard University.

Berte, who was a two-time All-State and one-time All-America selection from her stopperback position, made her final decision from a pool of four Ivy League schools — Harvard, Yale, Brown and Cornell.

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Cruz a winner in heptathlon

NEW BRITAIN — Winning five of the seven events, Manchester High senior Alexia Cruz was a runaway winner in the heptathlon at the Harold T. Brainerd Invitational Track and Field Meet at Willow Brook Park.

Cruz, who won the 100 meter hurdles, shot put, 200 long jump and javelin, had a total of 3,825 points to outdistance runner-up Christine Blachuta of Leyden High, who totaled 3,026 points.

Manchester High freshman Phisamy Sourinios was fourth with 2,461 points and Beth Davey was fifth at 1,599 points for the Indians.

Cruz, for the seven events, was 100 hurdles: 1:6.8; high jump: 4.3 meters; shot put: 9.96 meters; 200-27.7; long jump: 5.16 meters (16' 11" inches); javelin: 30.46 meters (99' 11"); and 800 — 3:00.87.

The boys contributed two individual winners. Harold Barber won the 100-meter dash in 11:31 while Dave Ghabrial took the 3000-meter steeplechase in 10:17:58.

Barber took second place in the 2000 in 23:17. Dave Campbell secured second place in the shot put with a personal best of 49 feet, 9 inches. Troy Guntalis was fourth in the javelin at 161 feet, 1 inch. Also, Rob Johnson was third in the decathlon with 4,502 points, Jason DeLoam was seventh in the high jump at 5 feet, 10 inches. Jed Stanfield was eighth in the 3200 in 10:47.3, and Campbell was seventh in the discus with a toss of 127 feet, 7 inches. The 4 X 400 relay of Dave Jarvis, Emil Isavi, Pat Dwyer and Kevin Colletti was ninth in 3:59.0.

Eric DeLoam was second in the discus with a toss of 99 feet, 3 inches. Kern Lindland was fourth in the high jump at 4 feet, 10 inches. Michelle Simpson was ninth in the 200-meter dash at 28.73 and eighth in the 400 at 1:03.10. Marcy Sutor was 10th in the 300 meter hurdles with a time of 54.9 and Marianne Loto was 11th in the 800-meter run in 2:38.22.

East Catholic's Nancy Byrne took fourth place in the mile run with a time of 5:56.59.

That winning feeling — David Frost of Dallas jumps for joy after blasting from the trap guarding the 18th green to win the USF&G Golf Classic Sunday in New Orleans. Frost, tied with Greg Norman, needed the birdie from the trap to win. He got it, and the first place check of \$180,000.

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Little League

AMERICAN LEAGUE — The Manchester Little League swung into its 40th season of activity on Saturday with Dairy Queen downing the Fire Fighters, 12-2, American Legion blanking Army and Navy, 5-0, and Modern Janitorial topping DRosa Cleaners, 4-2, at Wadwell Field.

Adam Major and Richard Parker combined for 10 strikeouts for DQ. Steve Brown tripled and knocked in three runs. Ryan Cosmini doubled and Brian Gorman and Parker also hit well for the winners. Dan Ledestri played well defensively. For the Fire Fighters, Kurtis Lambert struck out 13 in a losing effort. David Frachey and Adam Kruger hit well for the Fire Fighters.

Scott Cochran and Matt Lavatori combined on the shutout for American Legion. Rich Griffith, Jason Cogan, Cochran, Bob Zimmerman, Mike Bergenty, Ryan Bazzell and Lavatori led the hitting attack for Legion. Shawn Hayes had two hits and Ed Carroll pitched well in relief for A&N.

Anand Amnigeri struck out 11 and added his own cause with a double for Janitorial. Scott Rickard added a triple and Justin Herdic also hit well. For DRosa's, Bill Schultz and Sean Kruger pitched well. Kruger had two hits and Josh Johnson played well defensively.

NATIONAL LEAGUE — Behind the three-hit, 14-strikeout performance of John Hein, Boland Brothers blanked Sunnyside Up, 6-0, at Leber Field. Adam Moran and Ben Piskin each had two hits and Chris Landie had two RBIs for Boland. Steve Ruggiero had two hits and Steve Atwell played well defensively for Sunnyside Up. No information was available on the other two National League openers.

Softball

Tonight's Games
A&N vs. MPM, 6 — Fitzgerald
Part vs. Pub, 7:30 — Fitzgerald
Coach's vs. Police, 6 — Robertson
H&N vs. Cummings, 7:30 — Robertson
Naiming vs. Elks, 6 — Nike
Marpet vs. Allied, 7:30 — Nike
Blue vs. Sterling, 6 — Pagani
Strano vs. Zembrowski, 7:30 — Pagani
Red Ox vs. Hockanum, 6 — Keeney
Three Penny vs. Century 21, 6 — Charter Oak

Although he had no way of knowing what was ahead, Kevin Johnson figured feeling better was a sign of good things to come.

The Phoenix Suns point guard had been battling a lingering cast of the right hand that did not let until Game 2 of the NBA playoff series with the Utah Jazz.

"There was no way I was going to sit out another playoff game if I could help it," said Johnson, whose resurgence Sunday gave Phoenix the first road victory of any team in the NBA playoffs.

Johnson scored a game-high 22 points and put the shackles on Utah's John Stockton to lead the Suns to a 105-87 victory over the Jazz, their worst-ever playoff loss at home.

The Suns' win sent the best-of-5 matchup to Phoenix for games Wednesday and Friday. A fifth game, if necessary, would be played in Salt Lake City on Sunday.

Utah, which had lost just five home games this season, has not won in nine years at Phoenix since March 7, 1986. The 18-point loss was the Jazz' second-lowest playoff point total and their worst loss in the Salt Palace.

"We were prepared to play another lineup," said Phoenix coach Cotton Fitzsimmons, who left the decision to play to Johnson. "He rested before the game. I don't need to tell you where he does his resting. He was sitting down most of the time."

Elsewhere Sunday, it was Los Angeles 104, Houston 100; Philadelphia 107, Cleveland 101, and Chicago 109, Milwaukee 102.

No games will be played today. The Lakers played just nine minutes in the Suns' 113-96 loss on Friday. But he showed no effect from the illness Sunday, touching off a 7-2 flurry in the first quarter that gave the Suns their first substantial margin.

Johnson played 39 minutes, hitting seven of 14 shots and collecting seven assists. "They outworked us tonight in every aspect of the game," Utah's Karl Malone said. "They wanted it more than we did, and it showed in the way they played."

Portland, Ore. — No disciplinary action is planned against Portland rookie Cliff Robinson for allegedly hitting a policeman outside a bar, the president of the NBA team said.

Portland officers arrested Robinson early Sunday on three counts of fourth-degree assault and one count of disorderly conduct stemming from an altercation involving several people.

The reserve forward was released after being cited at Portland's Justice Center Jail.

The altercation occurred about six hours after Portland beat Dallas 114-107 to take a 2-0 lead in their best-of-five National Basketball Association first-round playoff series.

Trail Blazer President Harry Glickman said Robinson, 23, left Portland on a team plane Sunday afternoon to Dallas, where the third game of the playoff series is set tonight.

After talking to Robinson and team Vice President Bucky Buckwalter, no disciplinary action was expected against the player, Glickman said.

Buckwalter said Robinson was expected to play. In Dallas, Robinson said he was drawn into the fight because someone was harassing his brother.

"The next thing I knew, someone swung at me," he said. "I swung back. I was the only one picked up."

"I didn't hit any cop," Robinson said. He said he had a couple of drinks but did not consider himself drunk.

"I wasn't out of my mind," he said.

The policeman, Elmer K. Stone, said she suffered a sharp blow to the side of her head.

According to Stone's report on the incident when she day was writing the citations at the jail before Robinson's release, said quoted the player as saying, "If I'd known you were giving me all these tickets, I would make the hit worthwhile."

Stone's report also said Robinson made several "ethnic comments" about the last name of her partner, Officer Susan Fuchini, referring to her as "Futuccini," and mimicked Stone as he was read his rights.

Robinson, a 6-foot-10, 225-pound player out of the University of Connecticut, averaged 9.1 points and 3.8 rebounds during the regular season. He is averaging 6 points and 1 rebound per game in the playoffs.

Police spokesman Dave Simpson said police officers were called to Goldie's Restaurant and Lounge early Sunday after several fights broke out.

The first officers to arrive were Stone and her partner, Simpson said. He said the two were trying to disperse the crowd when Stone was struck.

"I observed Robinson swinging his fists violently at several subjects who were gathered around me," Stone wrote in her report. "At some point, I felt a violent blow to my right ear, which was delivered with such force that it knocked me to the ground."



ON THE CHIN — The Firefighters' David Frachey takes it on the chin as Dairy Queen's Stephen Brown slides into second base in their American Little League opener on Saturday at Wadwell Field. Dairy Queen won, 12-2.

A healthy Johnson makes the Suns rise

By The Associated Press

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Elsewhere Sunday, it was Los Angeles 104, Houston 100; Philadelphia 107, Cleveland 101, and Chicago 109, Milwaukee 102.

No games will be played today. The Lakers played just nine minutes in the Suns' 113-96 loss on Friday. But he showed no effect from the illness Sunday, touching off a 7-2 flurry in the first quarter that gave the Suns their first substantial margin.

Johnson played 39 minutes, hitting seven of 14 shots and collecting seven assists. "They outworked us tonight in every aspect of the game," Utah's Karl Malone said. "They wanted it more than we did, and it showed in the way they played."

Portland, Ore. — No disciplinary action is planned against Portland rookie Cliff Robinson for allegedly hitting a policeman outside a bar, the president of the NBA team said.

Portland officers arrested Robinson early Sunday on three counts of fourth-degree assault and one count of disorderly conduct stemming from an altercation involving several people.

The reserve forward was released after being cited at Portland's Justice Center Jail.

The altercation occurred about six hours after Portland beat Dallas 114-107 to take a 2-0 lead in their best-of-five National Basketball Association first-round playoff series.

Trail Blazer President Harry Glickman said Robinson, 23, left Portland on a team plane Sunday afternoon to Dallas, where the third game of the playoff series is set tonight.

After talking to Robinson and team Vice President Bucky Buckwalter, no disciplinary action was expected against the player, Glickman said.

Buckwalter said Robinson was expected to play. In Dallas, Robinson said he was drawn into the fight because someone was harassing his brother.

"The next thing I knew, someone swung at me," he said. "I swung back. I was the only one picked up."

"I didn't hit any cop," Robinson said. He said he had a couple of drinks but did not consider himself drunk.

"I wasn't out of my mind," he said.

The policeman, Elmer K. Stone, said she suffered a sharp blow to the side of her head.

According to Stone's report on the incident when she day was writing the citations at the jail before Robinson's release, said quoted the player as saying, "If I'd known you were giving me all these tickets, I would make the hit worthwhile."

Stone's report also said Robinson made several "ethnic comments" about the last name of her partner, Officer Susan Fuchini, referring to her as "Futuccini," and mimicked Stone as he was read his rights.

Robinson, a 6-foot-10, 225-pound player out of the University of Connecticut, averaged 9.1 points and 3.8 rebounds during the regular season. He is averaging 6 points and 1 rebound per game in the playoffs.

Police spokesman Dave Simpson said police officers were called to Goldie's Restaurant and Lounge early Sunday after several fights broke out.

The first officers to arrive were Stone and her partner, Simpson said. He said the two were trying to disperse the crowd when Stone was struck.

"I observed Robinson swinging his fists violently at several subjects who were gathered around me," Stone wrote in her report. "At some point, I felt a violent blow to my right ear, which was delivered with such force that it knocked me to the ground."

NBA Playoffs

By The Associated Press

Although he had no way of knowing what was ahead, Kevin Johnson figured feeling better was a sign of good things to come.

The Phoenix Suns point guard had been battling a lingering cast of the right hand that did not let until Game 2 of the NBA playoff series with the Utah Jazz.

"There was no way I was going to sit out another playoff game if I could help it," said Johnson, whose resurgence Sunday gave Phoenix the first road victory of any team in the NBA playoffs.

Johnson scored a game-high 22 points and put the shackles on Utah's John Stockton to lead the Suns to a 105-87 victory over the Jazz, their worst-ever playoff loss at home.

The Suns' win sent the best-of-5 matchup to Phoenix for games Wednesday and Friday. A fifth game, if necessary, would be played in Salt Lake City on Sunday.

Utah, which had lost just five home games this season, has not won in nine years at Phoenix since March 7, 1986. The 18-point loss was the Jazz' second-lowest playoff point total and their worst loss in the Salt Palace.

FOCUS

Dear Abby

Abigail Van Buren

Waiter given tips on good service

DEAR ABBY: You printed a letter from "Tony's Wife," the waiter's spouse who complained about a party who came in near closing time and sat around for a very long time...

DEAR BEEN: I'm sure you're a fine waiter—and an unduly and equally a fine businessman. Serving the public in any capacity is no piece of cake...

Dr. Gott

Peter Gott, M.D.

Drinking adds empty calories

DEAR DR. GOTT: A friend of mine has a big, round "beer belly" he can't get rid of, even though he doesn't drink beer...

University honors Ives

CHARLESTON, Ill. (AP) — Eastern Illinois University is honoring one of its dropout, folk singer Burt Reynolds...

PEOPLE

Winfrey hopes TV drama will dispel stereotypes

NASHVILLE, Tenn. (AP) — Oprah Winfrey says she hopes her new TV drama, "The Women of Brewster Place," will help dispel stereotypes of blacks...

Ball liked game shows

NEW YORK (AP) — Lucie Arnaz says her mother, Lucille Ball, kept her television on almost all the time but preferred game shows to sitcom comedies...

'Boss' buys estate

BEVERLY HILLS, Calif. (AP) — Bruce Springsteen is trading in "Thunder Road" for Rodeo Drive, paying nearly \$14 million for an estate in Beverly Hills...

Jackson designs mountain

LAS VEGAS (AP) — Michael Jackson is teaming up with gaming mogul Steve Wynn to design a mountain and water attraction behind the new \$630 million Mirage Hotel...

Hefner in waiting room

NEW YORK (AP) — Hugh Hefner was relegated to the waiting room while the Playboy founder's wife, Kimberly Conrad, was giving birth to their first child...

Weather is mysterious

GLEN ROSE, Texas (AP) — Divine intervention or a weather fluke? The debate goes on this north Texas town...

PBS special takes a look at Gorbachev's rule

By Scott Williams The Associated Press NEW YORK — It was 1971, and Nikita Khrushchev was three days dead without a mention in the Soviet press...



PHOTOGRAPHS FOR EACH OTHER — Original cast members of "A Chorus Line" Donna McKechnie, left, and Priscilla Lopez sign autographs for each other Saturday night at a party in New York...

Ives said it felt good to be back at Eastern, despite not having a degree. He said he hoped that people who use the building will follow his example and go where their creativity takes them...

Tortillas deserve respect

LOS ANGELES (AP) — Tortillas have a friend in Irwin Steinberg, who thinks the crunchy Mexican staple deserves more widespread acceptance...

Sylvia Porter

Eating healthy is money in bank

A lean diet can fatten your pocketbook. If that seems like a paradox, consider that the cost of medical care has become a major item in most budgets...

We checked out the local supermarket, comparing prices of several foods you might normally buy with healthier substitutes. Here are the savings: cream cheese, \$2.09 vs. low-fat cottage cheese, \$1.47...

With about one million new cases of cancer now diagnosed in the United States every year, the American Cancer Society is concerned. On April 19, the ACS launched a nationwide campaign called The Great American Food Fight Against Cancer...

The society's nutritional guidelines recommend a variety of foods rich in vitamins A and C, low in fat and high in fiber, as well as vegetables in the cabbage family...

Warning of the dangers of obesity (defined as being 40 percent or more overweight), the guidelines urge moderation in use of alcoholic beverages...

In following the American Cancer Society guidelines, here are some key ways to save money and stay healthy: Read labels carefully. Ingredients usually are listed in order of quantity...

"Don't go shopping on an empty stomach; it may induce you to buy more than you need. Pool-takers say those who shop after meals spend up to 17 percent less than those who shop when hungry."

Today in History

Today is Monday, April 30, the 120th day of 1990. There are 245 days left in the year. Today's highlight in history: In 1975, the South Vietnamese captain of Saigon fell to Communist forces as President Duong Van Minh announced an unconditional surrender to North Vietnam...

TV Topics

The episode, elegantly photographed by Wiley Foster, visits the forests of Karapuz, one of eight mass gravesites around Minsk holding the bodies of an estimated 250,000 victims of Stalin's purges...

Crossword

Crossword puzzle grid with clues for Across and Down.

Crossword puzzle grid with clues for Across and Down.

CELEBRITY CIPHER

Celebrity cipher puzzle grid with clues for Across and Down.

TV Tonight

TV Tonight schedule listing programs like 6:00PM, 6:30PM, 7:00PM, 7:30PM, 8:00PM, 9:00PM, 9:30PM, 10:00PM, 10:30PM, 11:00PM, 11:30PM.

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JUMBLE

Jumble word game grid with clues like USSEU, HISFY, JELIGG, THEIRZ.

Answer: USSEU, HISFY, JELIGG, THEIRZ

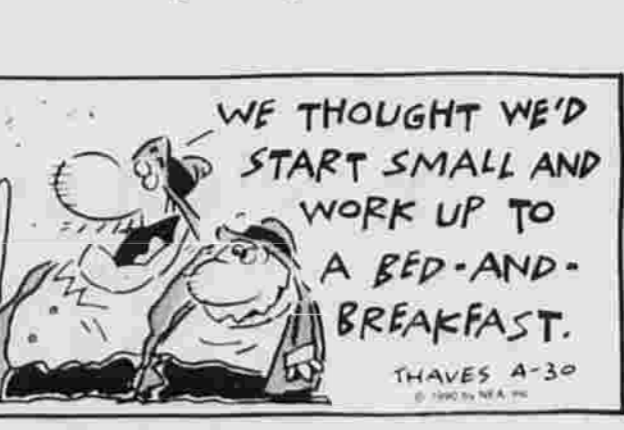
ATTN: CARLYLE by Larry Wright



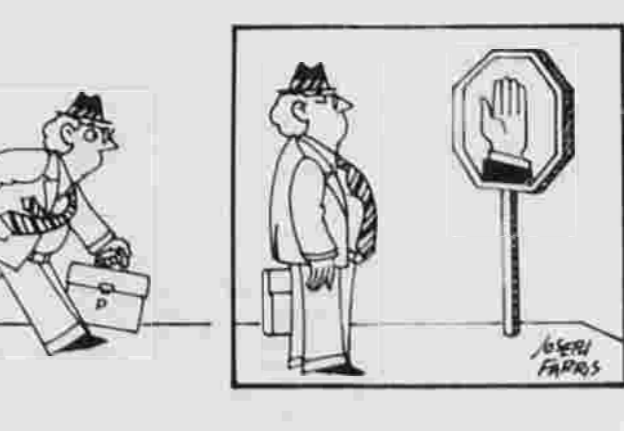
SNAPU by Bruce Beattie



FRANK AND ERNEST by Bob Thaves



PHIPPS by Joseph Paris



THE GRIZWELLS by Bill Scott



ALLEY OOP by Dave Grusin



APR 30 1990 FILMED BY THE PROFESSIONALS AT GREAT INFORMATION TECHNOLOGIES, CEDAR RAPIDS, IOWA



The Associated Press

LAVA ENDANGERS HOMES — Lava from the Kilauwa volcano moves in on several homes Sunday as the volcanic eruption continues. More than 100 homes have been destroyed so far.

Patronage issue dogs Daley year later

By Bernard Schoenburg
The Associated Press

CHICAGO — Before Richard M. Daley was elected mayor last year, his opponent predicted he would bring the machine politics of his famous father back to the city. Daley denied it then and he denies it now, saying his administration has been "fair to everybody." His critics don't think so, especially when it comes to race and hiring for city jobs, and they're determined to beat him next year.

Daley, elected only a year ago to fill the last two years of Harold Washington's second term after he died, faces re-election in April 1991. His overall popularity is high, but some of his detractors say his black opponent in the general election, Tim Evans, was president.

City figures show more blacks than whites have been hired by the government during Daley's tenure. But there are more than 100 more whites and nearly 80 fewer blacks than before in top positions, city officials said.

"Daley is still playing the game of firing blacks and hiring whites and putting his machine in place," said Robert Starks, a Northeastern Illinois University professor.

Starks also is chairman of the Task Force for Black Political Empowerment, which worked to elect Washington as the city's first black mayor in 1983. The blacks that Daley is hiring generally are loyal to the mayor, not black neighborhoods, Starks said. "It's an old technique that his father perfected," he said, referring to the late Richard J. Daley, who ran the city for 21 years until his death in 1976. Court rulings have severely limited the kind of patronage the elder Daley practiced, and his son says there is no machine.

"The writers keep writing about it," Daley said in a recent interview. "I don't see why." When asked about the lower numbers of blacks in top positions, Daley said: "We have black, we have Asian, we have Hispanic, we have women in positions. ... Sure, (we're) fair to everybody."

In the primary, Daley defeated Eugene Sawyer, a black former aide man elevated to mayor temporarily by a sharply divided City Council following Washington's heart-attack death in November 1987. In the general election, Daley defeated third-party candidate Evans, a city alderman.

In Sawyer's last days as mayor, black and whites each held about 42 percent of roughly 800 city-making jobs not covered by anti-patronage court decrees, according to Daley administration figures. After less than five months of Daley's tenure, the numbers shifted so that 57 percent of the top jobs were held by whites and 31 percent were held by blacks, officials said in the fall. Now, of 839 top positions, 54 percent are held by whites and 31 percent are held by blacks, city Personnel Director Glenn Cur said.

Overall, he said, the Daley administration has hired 2,168 people, including 37 percent white, 40 percent black, 13 percent Hispanic, 2 percent Asian. The rest did not indicate their race on employment forms. That compares with a city population that is 37 percent white, 41 percent black, 17 percent Hispanic and 4 percent Asian.

Overall, he said, the Daley administration has hired 2,168 people, including 37 percent white, 40 percent black, 13 percent Hispanic, 2 percent Asian. The rest did not indicate their race on employment forms. That compares with a city population that is 37 percent white, 41 percent black, 17 percent Hispanic and 4 percent Asian.

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Marla upstages the First Couple

WASHINGTON (AP) — Marla Maples upstaged the president of the United States, the city's notorious madam and one pretty well-known comedian just by, well, just by being Marla Maples. The people of the African-American Catholic congregation will continue its planning and installation of its first bishop-elect George Augustus Stallings Jr. on May 12th, he said.

The newspaper, in a series of three articles that continued today, quoted a 25-year-old man who said he had a sexual relationship with Stallings for two years. The man told the Post that Stallings put him to work as a pastoral assistant at the St. Teresa of Avila parish.

The Post also reported Sunday that documents it had obtained show Stallings paid for improvements on his home using out of a church account. It said he bought the \$60,000 home and decorated it elaborately while he was earning \$10,000 annually as a priest.

The newspaper also said two men claimed Stallings had sex with them when they were altar boys.

Last summer, Stallings charged the Roman Catholic Church with being racist and formed the Immanuel Temple African-American Catholic Congregation.

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In Brief . . .

Dispute over girl leaves 2 teens dead

NEW YORK (AP) — A teen-ager angry over a slight to his girlfriend allegedly lured four youths to a wooded area and shot them, killing two and injuring the others, according to police.

The four Bronx teen-agers were forced to kneel before they were shot Saturday night, police said. Louis Perez, 17, surrendered Sunday, police said.

Perez was charged with two counts of murder, two counts of attempted murder, criminal possession of a firearm and criminal use of a firearm, police spokesman Anthony Mazzaola said.

Detective Capt. John Creagan said police believe Perez was upset because one or more of the four teen-agers had slighted a 15-year-old girl he was dating.

Witnesses said the four were playing basketball at a public school when Perez, who was with two friends, came up and offered a marijuana cigarette, Creagan said.

The group went down steps to the back door of the school, where police found 18 spent bullet casings, Creagan said.

Nelson Rivera, 15, died at the scene, Mazzaola said. Carlos Young, also 15, died a short time later at Jacobi Hospital, police said.

A third 15-year-old was shot in the legs and reported in good condition. His name was not released because of his age. Manuel Allende, 18, was shot in the stomach and leg and was in guarded condition at Jacobi, authorities said.

The two youths that accompanied Perez were not charged in the shootings, police said.

"I understand Mayor Marion Barry is here tonight. Had a wacky couple of months there with you, Marion? Wooow! Well, well, talk about a liberal," he said of Barry, soon to face trial on cocaine charges.

President Bush did his own stand-up comedy tour, using his humor to put three dozen people on the stand in the murder trial of two alleged members of a neighborhood mob that stalked and killed a black teenage boy.

But only one person claimed he was an eyewitness in the shooting death of 16-year-old Yusuf Hawkins, and he has a history of hallucinations.

Attorney Stephen Murphy is scheduled to open his defense today of Keith Mondello, the alleged ringleader of the mob that attacked and killed Hawkins. He was charged with the murder of a 16-year-old black teen-ager, said a group of St. Martin's, said Bush of his spokesman, who recently went on a drastic diet to reduce his weight.

Gush, often the butt of jokes on NBC's late-night comedy show, said Dana Carvey's impression of him on "Saturday Night Live" is "so good that I asked him to phone Rafanjan and tell him that it was George Bush. But Dana said, 'Wouldn't be a bad idea.'"

The defense of Joseph Fama, who prosecutors allege was the trigger-man, was expected to begin Tuesday. Judge Thaddeus Owens said he expects to turn the concurrent trials over to the jury on May 7.

Newspaper report alleges priest took funds, had lover

WASHINGTON (AP) — Followers of the Rev. George Stallings and his breakaway African-American church are standing by him despite allegations that Stallings had a homosexual relationship with a man he put on the payroll of his former church.

"The holy wars have begun," Bill Marshall, a spokesman for Stallings, said after reports were published in The Washington Post on Sunday.

"This stuff is trash. The people of the African-American Catholic congregation will continue its planning and installation of its first bishop-elect George Augustus Stallings Jr. on May 12th, he said.

The newspaper, in a series of three articles that continued today, quoted a 25-year-old man who said he had a sexual relationship with Stallings for two years. The man told the Post that Stallings put him to work as a pastoral assistant at the St. Teresa of Avila parish.

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Pro-lifers say it's time to refocus

WASHINGTON (AP) — Anti-abortion leaders, buoyed by a show of strength in the nation's capital, say their movement needs to focus on pushing for legislation in state houses around the country to outlaw abortion.

"It looks as though the court is going to ultimately reverse Roe," Dr. J.C. Wilkie, president of the National Right to Life Committee, said Saturday. "Our job now is to go to the 50 states . . . and convince them to pass laws to protect unborn babies."

Last year's Supreme Court decision permitting greater state limits on abortions seems to have given new political vitality to supporters of abortion rights, while also raising hopes of abortion opponents that the court could overturn its 17-year-old Roe vs. Wade decision, which legalized abortion nationwide.

President Bush spoke to the rally by telephone hookup, decrying the frequency of abortion in America but making no mention of proposals for a constitutional amendment outlawing abortion.

"Like you, I realize that the widespread prevalence of abortion in America is a tragedy, not only in terms of lives destroyed but because it so fundamentally contradicts the values we as Americans hold dear," Bush said.

Bush pointed to adoption as the appropriate alternative to abortion.

"Our mission must be to help more and more Americans make the right choice, the choice for life," Bush said.

Life movement — and also, to give some politicians who might be wavering a little bit of backbone," Bauer said.

Kate Michelman, head of the National Abortion Rights Action League, said her side's political and election successes in a number of states — and not Saturday's crowd of 200,000, while organizers said more than half a million people filled the grassy area on a steamy afternoon.

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CLASSIFIED ADVERTISING 643-2711

Let A Specialist Do It! SUPER SAVINGS WITH OUR SPECIAL MONTHLY CASH IN ADVANCE RATES... Call 643-2711 for more information!

Table with 4 columns: Notices, Services, Rentals, Real Estate. Lists various services and their rates.

RATES: 1 to 4 days: 90 cents per line per day. 7 to 10 days: 70 cents per line per day. 20 to 25 days: 40 cents per line per day. 26 or more days: 50 cents per line per day. Minimum charge \$10.

DEADLINES: For classified advertisements to be published Tuesday through Saturday, the deadline is noon on the day before publication. Errors which do not lessen the value of the advertisement will not be corrected by an additional insertion.

01 LOST AND FOUND: FOUND: Lady Elgin gold watch of Burr Corners. Call see evenings, 446-4995.

02 PERSONALS: CHRIS ROWLANDS is an enthusiastic and energetic environmentalist. He writes and performs his own original music. He is a member of the Rock and Roll Hall of Fame.

03 FINANCIAL: AFFORDABLE LEGAL SERVICES FOR A BRESHFRUITY LAW. Eliminate Debts & Protect Assets. Free Consultation. STOP. Wage Garnishments, Creditor Harassment, Repossessions, Interest & Finance Charges.

04 HELP WANTED: NATIONAL SECRETARY. Full Time. Word processing experience helpful. Phone 642-2821.

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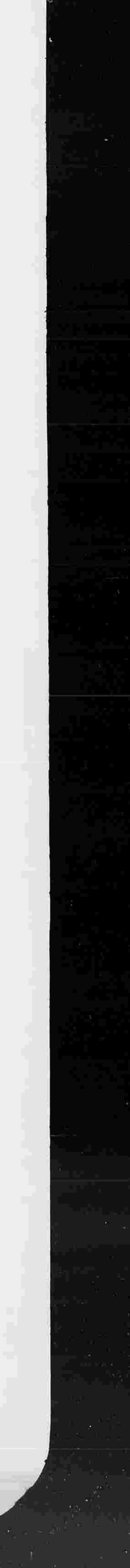
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Let A Specialist Do It!

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|--|--|---|---|---|--|
| CARPENTRY/REMODELING CUSTOM QUALITY One stop improvements. Framing to Painting. Licensed & Insured. Call Dave Adamski for a free quote. 647-1814 | ELDERLY CARE NURSE'S AIDE Years of Experience. Hospital Trained. Excellent References. 742-6402 | LAWN CARE DON'S LAWN SERVICE ROTOTILLING - Edging Hedges & Bush Trimming Call now for lawn mowing. Dependable Work. 646-7011 | SALE/TRADE THE BOOK RACK Audio Cassette Books. All Categories 435 1/2 Hartford Tpke. "Shops at 30 Plaza" Vernon, CT 06066 870-8870 | PAINTING/PAPERING IN-EX Painting Services Senior Citizen Discount Power Washing Free Estimates Fully Insured | MASONRY SPRING IS THE TIME For Chimney Repair Call Now For Free Estimate Talia MASONRY 643-8209 after 6pm |
| CARPENTER & HANDYMAN SERVICE No job too small. Specializing in remodeling. Fully Insured. Call Tom - 648-8273 | ELECTRICAL ELECTRICAL CONTRACTOR Repairs - New Installation Licensed & Insured Free Estimates Senior Discounts | BOOK/INCOME TAX 1989 INCOME TAXES Consultation/Preparation Individual/Business Jan Pawlowski 643-7254 | BOOK RACK Previously enjoyed paperback books from Romance to Horror! We will trade for your good paperbacks 2 for 1; or we will sell our books 1/2 price. | ROOFING/SIDING MASTERCRAFT ROOFING At Mastercraft we work for you with you. Whether your desire is residential or commercial. Asphalt shingles, woodshakes & shales, B.U.I. slate or single ply. We offer quality workman- ship, reliable service accompanied by competitive prices. We're fully insured & provide free estimates. Please Call 647-3683 | FURNITURE FOR SALE Used Furni- ture - Dressers - 1200 headboards \$10. - 646- 2000. Monitors - 1000 Village Motor Inn. |
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Profile '90
Education & Health

Alcohol takes many prisoners

By Dianna M. Talbot
Manchester Herald

A 16-year-old Manchester youth, his wheat-colored hair drawn back in a short pony tail, sat at a long table in Manchester Memorial Hospital's cafeteria one night in late February.

A wrist band identified the thin blue-eyed youth as a patient.

"I'm a cross-addicted alcoholic," said the boy. It was his fifth week as a drug and alcohol-addicted patient in the hospital's mental health department.

The department is where physicians and clinicians wean patients off alcohol and prescription or illegal drugs they are addicted to. Addicted patients are scattered in the facility, or mixed with people who have other problems. Some substance experts say a more targeted program to help addicts is needed, and are calling for creation of a dedicated "detoxification" unit in Manchester, a place where specialists treat only alcohol and drug-dependent addicts.

The boy was among several teenagers, some who looked no more

See page 3A

Illustration by Sheryl Brandalk

Section A—Monday, April 30, 1990

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1990

Health

Alzheimer's robs man of faculties, not love

By Jacqueline Bennett
Manchester Herald

If his family's love could cure Alzheimer's disease, William Sercombe would be well. Sadly, however, love is not enough.

Alzheimer's is a degenerative disease, the progressive loss of brain cells. It leads to severe memory loss and for many like Sercombe the inability to recognize loved ones and care for oneself — including physical needs such as eating, bathing, shaving and using the toilet. It affects people as they age.

Dr. Ronald Grossman, on the medical staff of Manchester Memorial Hospital, treats Alzheimer's patients. To date, he says, there is no known cure.

Grossman explains the progression of the disease does not follow a set pattern.

"It can be at one level for a while, then mental degeneration can be rapid, decrease or plateau," he said.

The disease is not necessarily hereditary, Grossman said. However there "may be a genetic pre-disposition," or an inclination for a next generation to develop Alzheimer's if a parent or grandparent had it, he said.

Studies are now being conducted at Yale University to find a cure, and the National Alzheimer's Association says effective treatment is on the horizon due to medical research breakthroughs. They include animal studies that show the discovery of a brain chemical that prevents the death of the type of brain cells destroyed in those afflicted with Alzheimer's.

But for William Sercombe, 69, it is all but too late.

William's wife, Gloria, 62, has lost hope.

"No, I have no hope that he will be cured. Four or five years ago, yes. But not now, it has gone too far," she said in a recent interview in her Glastonbury home.

Gloria is a member of the Alzheimer's Care Givers Support Group of Manchester. Louise Leitao, assistant director of Clinical Services for Visiting Nurses & Home Care of Manchester Inc., explains the support group is to assist people with problem solving, give emotional support and offer education about the disease and issues associated with it.

One of 40 such groups in the state, it was formed six years ago. It meets twice monthly at Manchester Memorial Hospital and there is an additional monthly educational meeting.

"It is open to care-givers of all ages, male, female dealing with people who have any illness of dementia, not just limited to Alzheimer's," Leitao said.

Three years ago, Leitao helped Gloria Sercombe when she had to make the difficult decision to put her husband into a nursing home. Gloria had been caring for her husband at home with the help of friends. But when it reached a point that she had to bathe and shave him, she was fearful that his further deterioration would make home care impossible.

She called Leitao, who sent William Sercombe to the Institute for Better Living in Hartford for an evaluation. Soon after, he was put into a nursing home. He now lives at the Salmon Brook Convalescent Home about one-quarter of a mile from his Strickland Street house.

After teaching elementary school for 31 years, Gloria Sercombe retired last June. For the past three years, however, she left home for work at 8 a.m. and did not return until 8 p.m. each night after visiting her husband.

"It was very difficult to work," Gloria remembered. "In addition to the long hours, 'Bill' was always on her mind, she said.

Now she is with him several

hours daily, including feeding him lunch and dinner. Despite the constant care, attention and affection Sercombe's family gives, they seem to be losing the battle with his degeneration.

William's son, George, 37, spends Sundays and Thursdays with his father. After leaving his job at Cigna Corp., George sometimes takes his dad "cruising" in the car or walks with him "sometimes like a marathon" at the nursing home.

"Anytime I detect he is starting to physically go downhill I do whatever I can to fight that off and he bounces back," George said.

He dreads the day his father will no longer be able to walk, he said.

At the nursing home William Sercombe, a nice looking man for his age, stares as though in a trance as a stranger sits with his son and wife asking questions about his illness. William does not communicate. But when George or Gloria speak to him or hug him, which is frequent, he smiles and his eyes light up.

It is uncertain if William recognizes his family. To walk, William needs to be lifted to a standing position and braced while moving. He does not respond to questions. Occasionally he speaks, but sentences are incoherent.

Leitao notes a difficulty for families is often that Alzheimer's patients look the same as they did but the disease takes "that uniqueness that made them who they were."

Sercombe's son, Peter, 36, lives in Marlborough and spends Tuesday nights with his father. Timothy, 40, of Oregon and Deborah, 38, of Boston, visit when they can, Gloria said. William comes home for holidays, she said.

The Sercombe grandchildren

range in age from 19 to six-months-old twin grandsons, Benjamin and William III. The younger ones, Gloria reflects, will never have the chance to go on the "Sunday hikes" their grandfather was famous for taking the other children on.

But George Sercombe says his 4-year-old son Andrew has been visiting his grandfather at Salmon Brook since age 1.

"He jumps up on dad's lap and kisses him. He knows 'Papa' is sick," George said.

Gloria adds the support group helps a lot. Listening to others talk about their situations helps her deal with her own, she said.

"You don't often see me cry, she said. "There, men cry."

"Financially it's tough," she said. But she adds she is one of the more fortunate ones because she has been able to keep her home. William's Social Security benefits and pension go to cover the \$3,000 monthly cost of the nursing home.

William Sercombe retired from Pratt and Whitney Aircraft in 1979 after a heart attack. He was a technical and engineering report writer. He graduated from the University of Missouri in 1949 with a degree in journalism. He and Gloria met at the university and married after graduation.

Gloria remembers William was "very meticulous in his writing and an avid reader." It was soon after the heart attack that those characteristics changed and Gloria suspected a problem.

"I attributed it to the heart medication. We were in constant contact with the heart doctor and told him about the memory losses, but he said, 'That's what happens when you get older,'" Gloria said.

She said she does not blame the heart doctor but wishes she had consulted a different type of



LOVING FAMILY — George Sercombe talks with his father, William, and mother, Gloria, at the Salmon Brook Convalescent Home in Glastonbury. William Sercombe has Alzheimer's disease and his family has all but lost hope for his recovery.

specialist sooner. William was diagnosed with "Alzheimer's like symptoms" in 1983, four years after his heart attack.

Grossman points out that Alzheimer's disease can only be definitively diagnosed by a brain biopsy, part of an autopsy after death. He also notes symptoms are similar to other types of afflictions, like a stroke. Sometimes after the biopsy it is found the dementia was the result of "numerous stroke episodes," he said. But the outcome is essentially the same.

"When it began it was little things like he would get to page two of a book and say 'Have I read this?'" said Gloria.

As the disease progressed, the family had to take William's car away and literally nail the windows shut and put bolted locks on the doors.

"He was a wanderer and an escape artist," Gloria said, sometimes escaping through windows and wandering off only to have the police bring him home.

Alzheimer's patients wear an identification bracelet with their names and addresses, Gloria said.

After his car was taken, Gloria remembered humorously "Bill" took off with the family truck, his dog and ended up on the Berlin Turnpike where he took a car for a test drive from a dealership and got lost. Some helpful stranger called Gloria.

She went to get him and the two of them drove around until they found the dealership.

"You have to laugh at some of these things," she said. "Laughter, however, is rare. 'My life is entirely different ... you can never really plan anything. I had to become very

independent quickly," Gloria said.

She also deals with emotions of guilt, fear and loneliness. George said he doesn't have the anger care-givers often feel but does feel loss.

"Dad and I really were friends," George said. "We spent a lot of time together working on cars."

George also has some fear he may inherit the disease. "I'm just like my father. I'm even built like him. I've never been good with names but now if I find myself forgetting — I think 'is my memory worse today than yesterday?'"

What most frustrates George, he said, is seeing other Alzheimer's patients at the nursing home who have been virtually abandoned by their families.

"Sometimes I see these people in business dealings and I want to say 'Hey, why don't you stop by the nursing home?'" George said.

For now, the Sercombes plan to hold onto as much of William as they can.

"I'd rather have him like this than not at all. I am his need and he is mine. Physically he is still here — someone to hold, someone to touch," Gloria said.

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Health

Detoxification effort is under way in town

Continued from page 1A

than 14 years old, and about 40 adults attending a weekly Alcoholics Anonymous meeting for patients at the hospital. Such support-group meetings, where addicts meet, learn from and talk with other addicts, are considered essential to the recovery of addicts who never are considered fully recovered. Once an alcoholic, always an alcoholic, is the bottom line.

The boy, a former Illing Junior High School student whose identity is protected by AA bylaws, said he began drinking and taking drugs regularly at age 14 because many of his friends and family members did. After a while he tried to quit, but could not, he said. Sinking self-esteem and mental illness as a result of his addictions led him to try suicide more than once. That's how he wound up in the hospital, he said.

Unlike many alcoholics, this youth can be considered fortunate. By admitting his problem, he already is on a much-traveled rocky road to recovery, alcohol abuse experts say.

Others are not so fortunate. Although alcoholism is considered a top problem in modern society, many people with the "disease" — classified so because of alcoholism's uncontrollable and life-threatening characteristics — fail to get treatment.

In general, these people don't believe they have a problem, and their situations are worsened by "co-dependents," or friends, family members or lovers who enable them to continue drinking. A co-dependent, for example, will call in sick for an alcoholic who has had an especially intense bout with the bottle. Or he will do things to

help make an alcoholic's life easier. This, however, does not help the alcoholic who instead continues to ignore his drinking and related problems.

"Alcoholism is the only illness which tells the person who has it that he doesn't have it," said Bill Evans, a human services counselor at the hospital who specializes in treatment of alcohol and drug abuse mainly after a person has been detoxified.

Evans works for the hospital's social services department with co-counselor Shirley Barrett. Together, they discussed the psychological nature of alcoholism and its effects on Manchester residents during a recent interview.

The counselors see about 70 clients per month who have substance abuse problems, most of them alcohol-related. Clients usually are referred to them through hospital physicians, police departments or other area organizations or agencies. An initial interview usually decides whether a person with problems needs to enter an in-depth counseling program. The hospital's typical inpatient program for addicts runs about one month and outpatient counseling lasts about six weeks. During this time, counselors try to get addicts involved in support groups such as AA.

People habitually drink for many reasons, including because they think it makes them feel, dance and socialize better, Evans and Barrett said. However, the reality is: "They are just using it as a crutch for life," Evans said. Environment also is a factor. If a person grows up constantly exposed to alcohol abuse, he is at greater risk of becoming an alcoholic, he said.

"If you don't drink, you

won't get drunk" is the message the counselors try to send their clients, said Barrett. "We preach abstinence."

Confronted by a friend or family member who tries to help him, an alcoholic typically will deny having a drinking problem and withdraw from that person, said Barrett and Evans.

"It's very frightening for an alcoholic to be around people who are talking about their problem," said Evans. "Alcohol is his coping mechanism."

At this stage, alcoholics typically will not seek help for drinking problems on their own, the counselors said. Unfortunately, they agreed, alcoholics, like cancer patients, legally cannot be forced to get help for their disease.

But it is important for them to do so because alcoholism is a potentially deadly disease, Evans and Barrett said. Alcoholics who continue to drink risk damage to body organs, including the possibility of becoming a "wet brain," which happens after an alcoholic has destroyed so many brain cells from excessive drinking that he begins to damage those that control noticeable physical and emotional functions.

In addition, withdrawal from alcohol can be just as deadly. Alcoholism affects a person's central nervous system. If an alcoholic has been drinking regularly for an extended period of time, perhaps years, complete withdrawal can result in seizures, and possible death.

This underlines the importance of detoxification facilities, where trained physicians and specialists are on hand. But many people say there are not enough in the area.

The nearest one is the 24-hour, 35-bed Alcoholism Detoxification and Rehabilitation



HELPING ALCOHOLICS — Shirley Barrett and Bill Evans counsel alcoholics at Manchester Memorial Hospital. Experts say an increasing number of young people are turning to the bottle.

Center in Hartford, which serves the Capitol Region, including Manchester. Last year, the facility treated 2,808 people, most walk-ins who stayed 5 to 7 days, or until they no longer required the supervision of physicians.

"Another such center is needed east of the Connecticut River, and a plan is underway to organize one in Manchester, according to John Post, human services analyst for the town of Manchester.

"I think there is a tremendous need for a detox center in this area," said Elaine Stancliffe, executive director of the Genesis Center on Main and Birch Streets, a treatment center for people who are mentally ill. The center treated about 225 clients

last year, about 50 percent of which had psychiatric problems which were magnified by alcohol or drug abuse, she said.

She also warns such a facility should include extensive rehabilitation services for clients who would use it.

"A detoxification center that stands by itself would be a band-aid solution to the problem of alcohol and drug addiction," Stancliffe said. "We need services to help people understand their own behavior and how they can change it."

In Manchester, a growing problem of alcohol abuse is seen when one observes the increasing number of young people who are seeking help for their alcohol-related problems

or attending AA meetings, experts say.

According to local AA meeting facilitators, recovering alcoholics themselves, one out of every 10 students in area schools, including Manchester, is an alcoholic or in the process of becoming one. When teenagers start drinking habitually, the process of becoming an alcoholic can take as little as 16 months, they said.

But the AA facilitators also said they are glad that more and more young people are turning to AA.

"It's good to see young people in the program," said one facilitator who appeared to be in her mid-50s. "Maybe they won't have to go through what I went through."

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Health

Heart attack victims ignore warning signs

They think it can't happen to them, but bad habits take toll

By Andrew J. Davis
Manchester Herald

A heart attack was the best thing that ever happened to Robert Symonds.

Symonds, of 83 Seaman Circle, wasn't feeling like he was being hit by a bad case of the flu, having a heart attack was the furthest thing from his mind.

"I guess what tipped me off was my skin was ice cold but the sweat was pouring. I never had any chest pains. I thought it was just a bad flu," he said. "It was a denial thing. I didn't want to admit I wasn't invincible. This sort of thing does not happen to 40-year olds."

Symonds' wife coaxed him into going to Manchester Memorial Hospital, but only after she called the emergency room and was assured there would be no waiting. He said he felt too sick to wait around an emergency room for hours.

After learning about his symptoms, hospital workers put him in a wheelchair, whisked him to a room and put him on an EKG machine. Soon thereafter, Hanna told him he was having a heart attack.

Still, it didn't sink in until Symonds remembered that his father had a heart attack at 41 and died of heart-related problems at age 65. He thought about smoking since he was a teen-ager and working himself up to two packs a day. He recalled eating lots of pork and greasy food. Suddenly it was not such a crazy idea.

"Your feelings (at this time) are what they are before you hit a pole," he said.

Symonds was in Manchester Memorial Hospital for seven days, and he went to St. Francis Hospital and Medical Center for two days for further tests. After the tests, there was talk about open heart surgery, which frightened Symonds.

"That's when I started getting scared. That's when they open your chest and crack your ribs and stop your heart," he said.

But, Symonds said, Hanna decided to put off surgery and instead put him on heart medication. Symonds still is on nitroglycerin, which keeps his arteries open, and he takes an aspirin a day.

To avoid a repeat performance, he exercises, watches his weight and also tries to control his anger.

"I started getting mad at myself for letting it go this far," he said. "(I thought) the heart attacks are for the guy next

door. I think everyone thinks they're in better shape than they are.

In an effort to help heart attack patients, the Manchester Hospital joined an international study on heart medicine in December, said Amy Avery, hospital spokesman. The study, which is scheduled to last until the end of next year, is to determine which of three medications help heart attack victims the most, she said.

Once a patient is diagnosed as having a heart attack, the patient is asked if he would like to join the study, said Hanna. If he agrees, the hospital calls the study's sponsor, the International Study of Infarct Survival in England, and is assigned to give the patient one of 24 packages, he said. Neither the hospital nor the patient knows which of the three medicines — which all help dissolve clots — will be given, but the hospital is free to add or change the treatment if necessary, he said.

If the patient agrees to be in the study, the medicine is free instead of costing up to \$2,200, Hanna said.

"Every patient receives maximum treatment," said Hanna. "We're not trying experimental drugs. These work. We don't know which one works best."

Hanna said the hospital agreed to join the study because it is prestigious. "The hospital



ALL SMILES — Robert Symonds of Manchester had a heart attack in 1988. He is staying on his medication, exercising, and has stopped smoking in order to prevent another heart attack.

It's prestigious to our community. It's prestigious to Manchester."

There are 224 hospitals in the country enrolled in the study, five in Connecticut, Hanna said.

The other hospitals are St. Francis, and Mount Sinai in Hartford, Griffin Hospital in Derby, and Bridgeport Hospital, he said.

Winfred Smith of South Windsor agreed to be in the study when he had his second heart attack on Jan. 9. He said this heart attack felt completely different than the one he had seven years ago.

"Monday, Tuesday I had chest pains," said Smith, who is 60. "It just didn't feel right. Tuesday night I was in the hospital."

The first heart attack "felt like I had an elephant on my chest," while the "second one was pain up and down here," he said while moving two fingers around his chest.

Even with the pain and the warning several years back that he was a candidate for a second heart attack because of a family history of heart problems, Smith said he wasn't sure he wanted to go to the hospital that night. His wife Annette insisted on taking

him to the hospital.

"I said you're going to the hospital!" said Annette Smith. "Knowing my husband, he tries to hide things. I could see something in his face."

Annette Smith rushed her husband to the hospital, where he was immediately put on an EKG machine. Within 20 minutes of their arrival at Manchester Memorial, cardiologist Hazzar Dalhan asked if Smith wanted to be included in the study. The Smiths agreed.

Luckily for Smith he was forced to go to the hospital. Dr. Dalhan later told Annette Smith that that she saved her husband's life by bringing him in.

Smith ended up having open heart surgery at St. Francis. His long red scar, which runs up and down his chest, is a reminder to him to take it easy, to stay on his medication, not to smoke pipes or cigarettes (he had quit after his first heart attack, but soon began smoking again), and to watch what he eats.

The Smiths credit the medicine from the study with reducing the damage to his heart and saving his life.

"Without it he'd be a dead man," said Annette Smith. "I'll tell you, it saved his life."

Hanna said the hospital agreed to join the study because it is prestigious. "The hospital

is prestigious to our community. It's prestigious to Manchester."

There are 224 hospitals in the country enrolled in the study, five in Connecticut, Hanna said.

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Winfred Smith of South Windsor agreed to be in the study when he had his second heart attack on Jan. 9. He said this heart attack felt completely different than the one he had seven years ago.

Health

Hypnotism can be used to enhance health

By Dianna M. Talbot
Manchester Herald

Roland A. Chirico, a professor at Manchester Community College for the past 23 years, settled back into a comfortable-looking open recliner and closed his eyes.

This would be the second time in his life the 58-year-old, somewhat heavyset South Windsor resident would be hypnotized, this time for weight control. His first time was two weeks ago and it had helped him quit smoking a pipe, a habit he had clung to since age 18.

Earlier, the music, speech and journalism professor had said he was amazed by the results of that hypnosis.

After Manchester resident Gini Perlman, a practicing clinical hypnotist, brought him out of it, Chirico said Perlman asked him to look at his pipe which was lying on a nearby table. The professor had tried to give up pipe smoking for several years, but, despite warnings from his physician that he was developing symptoms of mouth cancer, had been unable to control his craving.

He continued to smoke \$105 in his car, in front of his word processor, after meals and practically any time he had the chance to.

Still feeling slightly mesmerized by what he called an enjoyable experience, Chirico said he picked up the pipe and said, "well, I guess I won't be needing this anymore." Then he threw it in the wastebasket.

"I couldn't believe I did that," said Chirico, who recalled the incident of a few weeks ago shortly before undergoing his second hypnosis. "That pipe cost me \$25 ten years ago. I never throw out things like that."

Ever since that day, Chirico said he has not craved or smoked his pipe. "I am amazed," he said. The only drawback has been "now my friends say I don't look right to them because I no longer always have a pipe hanging out of my mouth," he said.

Perlman, 55, said she has been practicing hypnosis for 22 years. She is director of Able Hypnosis Center Inc., a firm she runs out of her 3 Sanford Road residence which caters to individuals and mainly companies which, through the process of hypnosis, want to help employees relax, lose weight, quit smoking, speak in public, gain confidence and increase sales, concentration or memory.

Her clients include General Electric, The Hartford Insurance, The Aetna and a number of area law firms.



HYPNOTIZED — Manchester Community College professor Roland A. Chirico appears asleep as he listens to hypnotist Gini Perlman. Chirico asked her to hypnotize him and help change his eating habits.

For a two-hour session, Perlman said she charges \$105 for one individual or \$75 per person for groups. She usually works onsite, but sometimes like today uses a room in Community Baptist Church on East Center Street to conduct private sessions.

Hypnosis, according to Perlman, is a heightened state of relaxation during which a person's subconscious mind opens to receive positive suggestions. Hypnotized people are not asleep, unconscious or in a trance, she said. Rather, they are totally in control of themselves, physically, emotionally and mentally, she said.

"Hypnosis feels very much like that state just before you wake up or fall asleep," Perlman said. "You are aware of everything, and yet you feel so comfortable that you don't open your eyes. It is a very enjoyable experience."

The practice is useful in helping people to change their habits because it allows the hypnotist to "reprogram" a person's subconscious, which often acts like "a badly programmed computer," she said.

"The conscious mind is what we are taught to use, but the subconscious is where our power really lies," said Perlman, who added that the conscious mind is what people use to do things deliberately while the subconscious mind harbors imagination,

expectations, memory and willpower.

The mistake many smokers who want to quit but can't make, Perlman said, is to say "I'm not going to have a cigarette between 9 and 10 a.m." This is because the subconscious mind, which controls people's habits, often does not comprehend negatives such as "will not" and "can't do," she said. It usually comprehends only positive "can do" goals.

Perlman said she tries to substitute positive goals and desirable behavior patterns for the ones people want replaced.

Today was Friday afternoon, and Chirico was ready for Perlman to re-program his subconscious to help him change his eating habits.

At five feet 10 inches and 212 pounds, the professor said he wanted to get down to 185, possibly 175, pounds, but could not stop eating between meals or cut out sweets, especially chocolate. The last time he weighed 185 pounds was 10 years ago, he said.

"I've tried everything," he said. Diets and exercise programs have failed miserably, the professor said. "Nothing has worked."

Chirico rested comfortably with his arms at his side and his eyes closed. Perlman started a tape recorder. She said she was making a tape of the session, so the professor could take it home and listen to it again if he wanted to.

yourself to receive all good and positive things."

Perlman began to talk about Chirico's eating habits.

"It is your choice to give your body the care and protection it deserves. Therefore, you will choose to eat only at meal times. You will not eat during the preparation of meals or after. From now on, you will experience a full, satisfied, comfortable feeling between meals."

"You will experience a childish delight because you will feel better," she continued. "With each ounce you lose, you will feel better and allow the natural warmth of your personality to radiate stronger. Your sense of humor will be much more apparent, and you will feel a sense of inner peace better than you have ever known."

"You will choose to drink much more water. You will enjoy it because it is beneficial to your health. You will experience a sense of pleasure every time you take a drink of water..."

Perlman continued, telling Chirico he will avoid all foods with sugar and eliminate bread from his diet because it will make him feel better to lose weight.

After several minutes of reinforcing these orders, the hypnotist's voice grew louder, and she told the professor to open his eyes "and give a big smile" on the count of five.

Perlman counted, "One...two...three...four...five!" Chirico grinned as his eyes flew open. He sat up.

Asked how he felt during the experience, the professor said it was an unusual experience, but very restful.

"My receptivity seemed heightened, and I heard every word. They sounded like delicious words," he said.

Asked if he thinks his appetite already has decreased, Chirico said, "We'll see. I'll have to find out."

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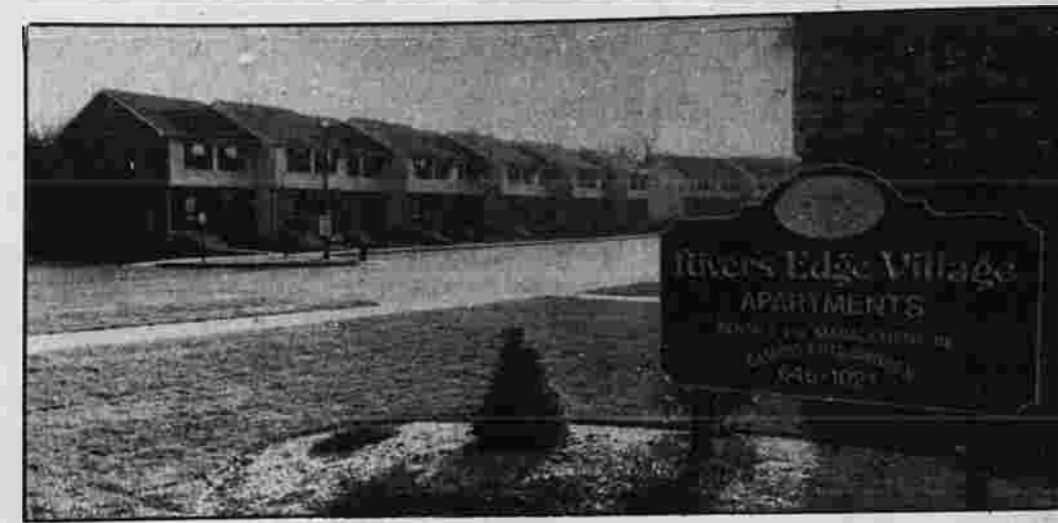
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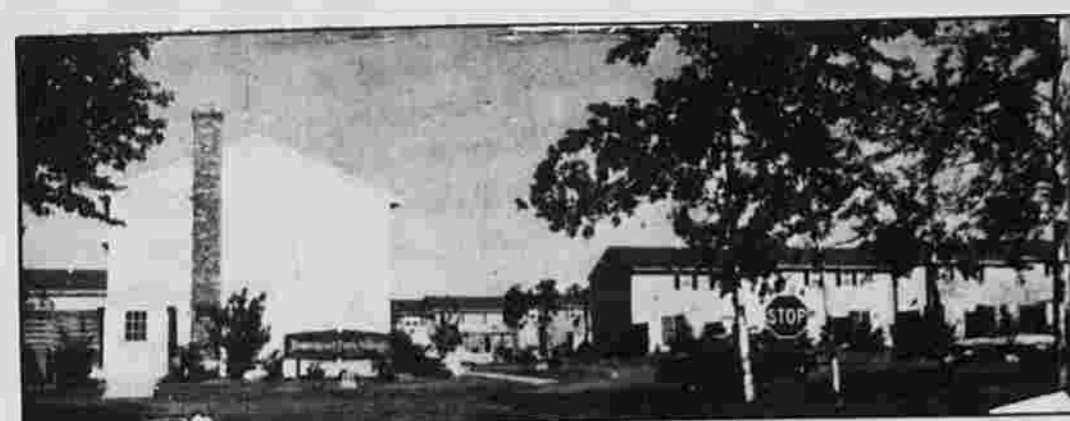
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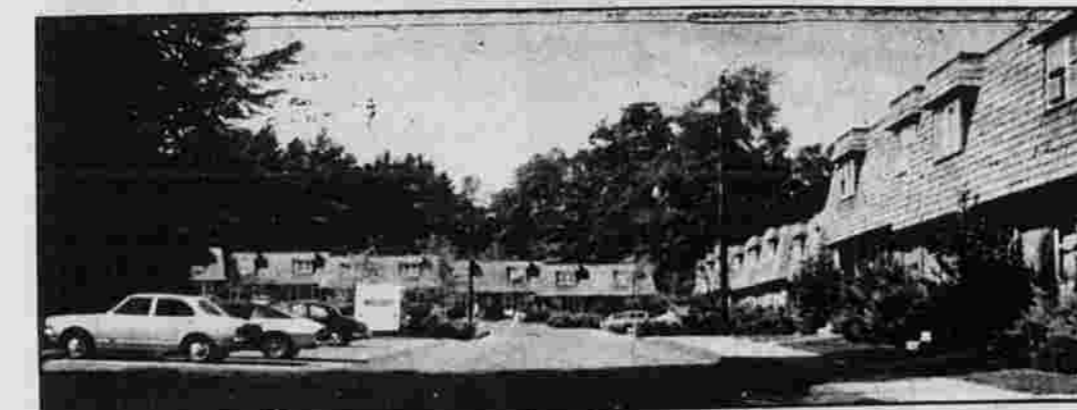
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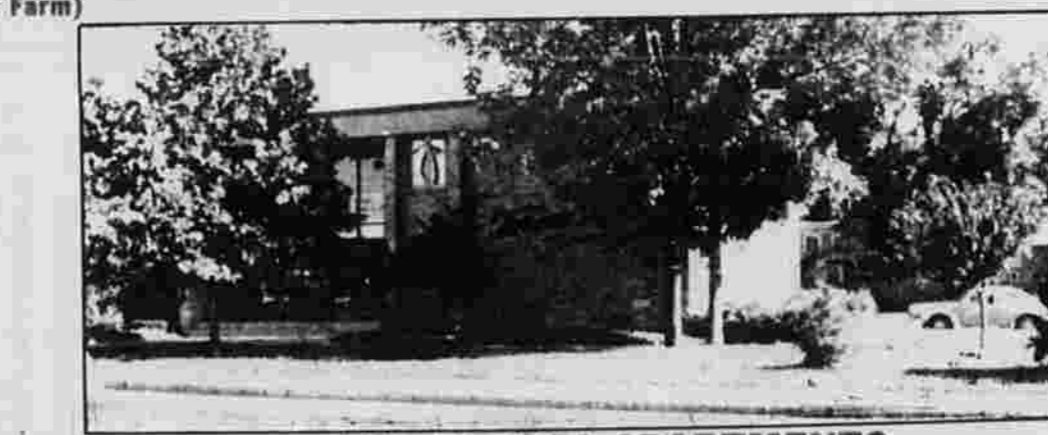
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Health

Plan to boost Life Star by adding 2nd copter not embraced by all

By Dianna M. Talbot
Manchester Herald

Life Star, the airborne emergency medical program which helps save lives by rushing trauma victims to hospitals, missed 600 calls last year because it was denied permission for a second helicopter.

But even those statistics coupled with a tremendous lobby in support for the second helicopter, aren't enough to convince everyone of the need.

Hartford Hospital charges a base rate of \$2,000 plus \$20 per nautical mile to use the helicopter, according to Life Star Director Sidney Wainman.

If the state Commission on Hospitals and Health Care approves a second aircraft, the same rate will be charged plus \$39 per nautical mile, he said.

By contrast, a regular ambulance ride averages about \$200 plus \$6 per mile and other charges for medical services range from about \$100 to \$250, Wainman said.

That is enough to make some way of the request for a second helicopter.

Andrew A. Beck, spokesman for Manchester Memorial Hospital, said the hospital has dealt with Life Star only on a few occasions and maintains an "excellent" relationship with it. In Manchester, the helicopter lands at Manchester High School because there is no available landing space at the hospital, he said.

But Beck also said the helicopter program has not had a great impact on the hospital, mainly because it's only been used a few times in Manchester since the program started in 1985.

"From our few experiences, we don't feel the benefits outweigh the expense of a second helicopter," he said. "The program's impact on us is not that great."

The few times Life Star has been called to the Manchester hospital it transported victims of serious burns or head injuries or patients who needed open heart surgery to the Hartford hospitals which specialize in these conditions, he said.

"The patients could have gone by ambulance, but the severity of their condition was too great, and Life Star was needed," said Beck.

Robert A. Talbot, a paramedic with Manchester Ambulance Service, was on the scene of a tragic accident last year in Bolton in which Life Star helicopter responded.

Talbot said he watched personnel from the "airborne ambulance" spend about a half hour treating victims at the scene, including an 11-year-old Providence, R.I., boy who already had been pronounced brain dead.

During this time, Life Star did not give the victims more extensive treatment than what the other paramedics could provide, he said. The helicopter should have rushed another critically injured victim to the hospital and not used so much "scene time," the paramedic said.

"It spent too much time treating patients on the scene," said Talbot, emphasizing that his statements reflect only his views and not the opinion of Manchester Ambulance. "Life Star" could have had the patients at the hospital a lot sooner," he added.

Talbot also said he was unimpressed with Life Star's performance when his and the helicopter's paths crossed at the scenes of two other accidents, another in Bolton where a car slid off an Interstate 84 exit ramp, and one in Hebron where a teen-ager drove under a flat-bed truck. In each case, the 42-foot-long, 6,300-pound helicopter spent longer than necessary on the ground before taking the vic-

tims to the hospital, he said. Those opinions cast a shadow on what has appeared to be overwhelming support for the plan to add another helicopter to the statewide Life Star service.

Traveling at 150 mph, Life Star helicopter rushes severe trauma victims to hospitals within the life-saving "Golden Hour," the crucial period needed to keep the victim from bleeding to death or suffering irreparable brain damage that comes from respiratory failure.

Last year, it was called to the scene of 746 emergencies, about 50 of them in the Manchester-Vernon-South Windsor area, according to Wainman. He is one of many people who say another helicopter is needed to meet public demand.

But Hartford Hospital was denied permission last year to invest \$3 million into a second helicopter by the state Commission on Hospitals and Health Care, which regulates the state's hospital industry. However, new data on the need for another helicopter plus an after-the-fact public appeal are expected to sway the commission in the other direction.

Since then, the commission has agreed to review its decision and could issue another one by the end of spring, Wainman said. A convincing argument has been that Life Star is unable to respond to many requests for its service because many times the chopper already is in use.

Although Talbot said he thinks Life Star provides an important service, especially to rural communities where a regular ambulance ride to a hospital can take longer than 20 minutes, he doesn't think the four-year-old program is ready to add a second

helicopter to the program. "I just think they should perfect what they have now before they get another one," Talbot said. "They need to cut down on their scene time."

In response, Wainman agreed that Life Star probably has experienced some ground delays while at the scene of some accidents.

"It's possible," he said. "If people felt we could be helpful there, we were probably trying to be helpful."

The program's goal, he agreed, is to get the victims to the hospital as soon as possible.

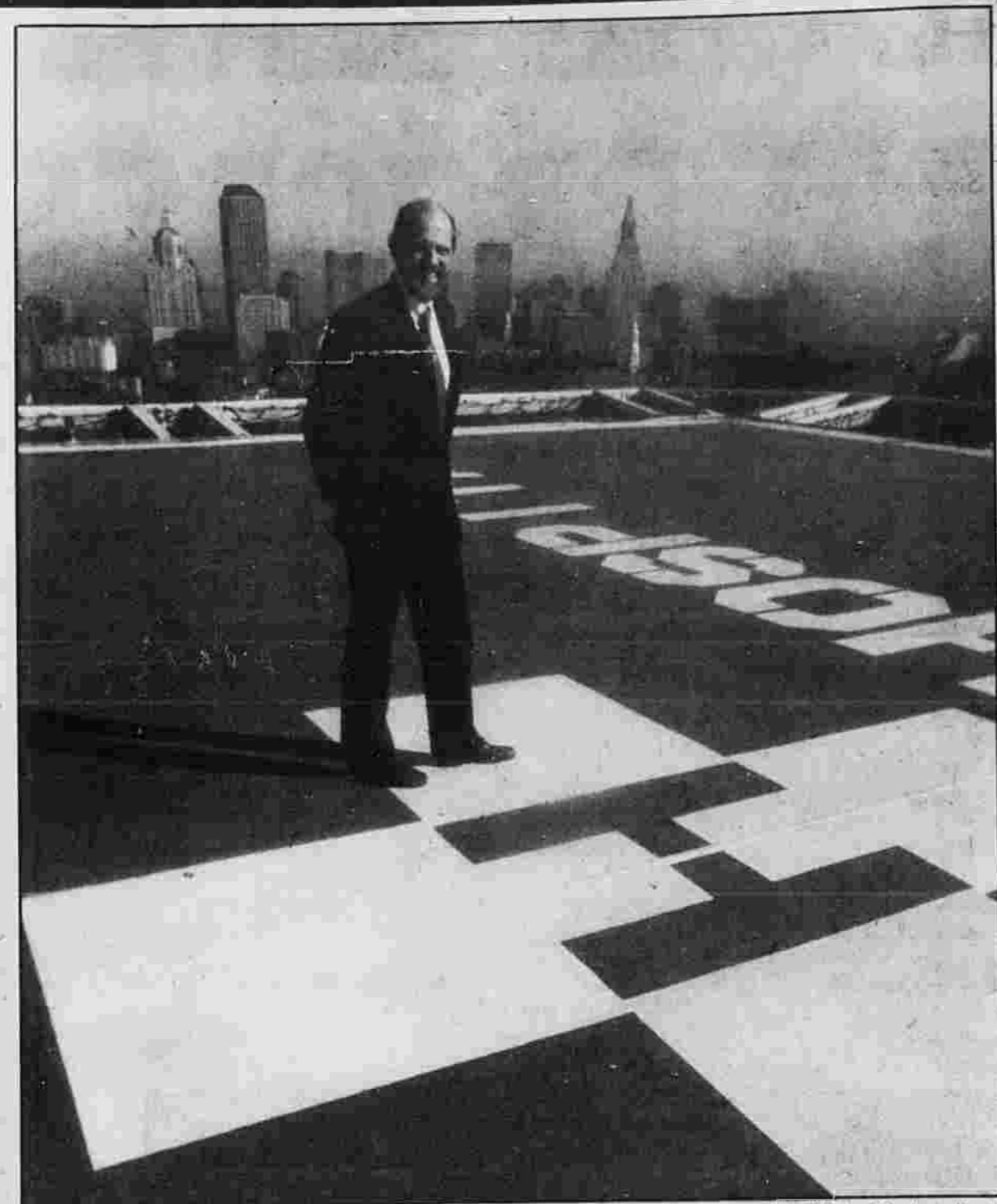
But even so, Life Star missions are not perfect all of the time, Wainman said. After every Life Star flight, there is an evaluation to see if the mission could have been improved, he said.

Wainman steadfastly stands by his conviction that another Life Star helicopter is needed. After the commission rejected the request for another helicopter, Life Star supporters, mostly emergency medical technicians, flooded Gov. William A. O'Neill's office with telephone calls and fax messages, he said. And thousands of signatures in support of the second aircraft were gathered.

"There is a huge need in this state for another helicopter," he said.

"Just last night Life Star was on its way back from a hospital in Massachusetts and we got a call from Newington, but it couldn't go," Wainman said. "These people who want Life Star are very, very seriously ill," Wainman said. "The people who call in are desperate for our service."

The typical victim who needs



LIFE STAR DIRECTOR — Sidney Wainman, Life Star program director, stands on the helipad at Hartford Hospital. He and many others are urging that a second helicopter be funded to save more lives.

Life Star has suffered severe trauma, usually a head or chest injury, and one recent patient suffered a rattlesnake bite, the director said. Most victims are under 40 years of age.

Wainman said that many victims who have ridden in Life Star later have told him they think the helicopter saved their lives.

The Life Star program is paid for by consumers of the service. While Life Star can take victims to any hospital in Connecticut as well as ones it is affiliated with in Massachusetts and New York, most victims of

severe trauma are taken to either Hartford or Saint Francis Hospitals, where extensive medical services are available, he said. The helicopter also is used to ferry patients from different hospitals to others where they may receive more specialized care.

Health

Homey hospital has benefits, drawbacks

By Nancy Foley
Manchester Herald

Six years ago, when Dr. Joel J. Reich was working at George Washington University Hospital, his patients were merely names on a chart. Now that he is working at Manchester Memorial Hospital, they are people he runs into on the street or friends of his.

The more personalized atmosphere is one of the differences between working at a large teaching hospital and a small community hospital, said Reich, chairman of emergency and ambulatory care at the hospital.

Michael Gallacher, president of the 70-year-old Manchester Memorial Hospital, believes the hospital has a special role to play.

"There's a lot of concern about us meeting the trust that's been given to this hospital," he says.

The hospital serves Manchester, and parts of Glastonbury, Bolton, South Windsor, Vernon, Tolland, Coventry, Hebron and Andover.

Serving the community may mean providing programs that are not that profitable and may not be offered at another hospital, such as Manchester Memorial's extensive mental health program, Gallacher said.

He admits that larger institutions, such as Hartford Hospital, can offer medical services that Manchester Memorial is not equipped to provide. These include treatment of serious head injuries, multiple traumas or the care of very sick newborn infants.

Manchester Memorial's physicians do not perform intricate brain surgery or open heart

surgery. "There are limitations," Gallacher said. "If they need to be on a heart and lung machine, that's not our role."

Patients who require this more highly specialized type of care are often transferred to Hartford or Saint Francis Hospital, he said.

But this is not necessarily bad, according to Gallacher, because the two types of institutions need not be in competition with each other.

By working cooperatively, area hospitals can avoid duplicating expensive services, he said.

"Should we do intricate brain surgery when you've got it right down the road?" he asks. "We can't be everything to everybody and shouldn't do it if there are others who can do it better than us."

Reich noted that only about one patient a month out of 4,000 who come to the emergency room is transferred to another hospital.

While Gallacher doesn't believe Manchester Memorial should be another Hartford Hospital, he does want to expand some areas of the hospital's services. He hopes that soon the hospital will offer radiation therapy to cancer patients, for example.

Under an arrangement to be worked out, Saint Francis would use its computers to develop a treatment schedule for individual patients while the actual radiation therapy would be given at Manchester Memorial.

The patient would not have to travel as far for treatment, Gallacher said.

Also, if the hospital were better able to care for sick newborns, then parents would not have to travel as far as the University of Connecticut, where very ill newborns are usually sent, Gallacher said.

Though the infants would probably still be sent elsewhere initially, Gallacher envisions them being brought back to Manchester sooner.

Reich and Gallacher are proud of the way that the hospital is already serving the community. Gallacher points to mental health services that include self-help groups like Depression Anonymous and Alcoholics Anonymous.

"We probably provide more mental health services than any community in the state," Gallacher said.

Prompt Care, a separate walk-in service for patients with less severe medical problems than emergency room patients, began several years ago and has been a very successful innovation, according to Reich. Manchester Memorial was the first hospital in the state to begin such a service, Reich said.

"In every emergency department, there's a significant number of people who have a problem that's somewhat urgent, but may not require the full service of the emergency department," Reich said. "A lot of the motivation for opening Prompt Care was that we didn't want patients or staff to feel pulled between those two groups of patients."

Several other private clinics exist nearby, but the hospital has not faced serious competition from them, according to



FACING CHALLENGES — Michael Gallacher, president of Manchester Memorial Hospital, stands outside of the hospital on 71 Haynes St. Gallacher believes his community hospital can compete with larger hospitals in the 1990s.

Reich. The introduction of a paramedic program in Manchester in 1983 has also been a tremendous improvement, according to Reich, who serves as the medical director of the hospital.

"Our success in treating cardiac arrests is phenomenally better with that program," he said. "There are very clear-cut cases where lives have been saved because we got to a person in their home rather than in the hospital."

Like any other hospital, Manchester Memorial Hospital's ability to continue serving the community depends on its financial stability. Currently, the

hospital is on sound financial ground, Gallacher said. As a not-for-profit, private institution, all of the money it generates goes back into the operation of the hospital.

The hospital must expand outpatient services because these are the most profitable, Gallacher said.

Gallacher said the hospital is sensitive to the problem of rising medical costs because much of its support, in the form of donations, comes from the business community which is very concerned about the high cost of insurance benefits for employees.

A shortage of nurses has contributed to the problem, Gal-

lacher said. In order to stay competitive, the hospital must pay salaries that are comparable to those of surrounding institutions, he said.

"I can't ignore the fact that salaries go up in the hospitals around us," Gallacher said.

Another problem greatly adding to the cost of medical care is the underpayment of services by Medicare and Medicaid, Gallacher said. Other patients are picking up the tab for the part of the bill that the government does not pay, he said.

Gallacher predicts the hospital will be serving more people as the town grows, especially in the North End.

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Health

More pregnant women are abusing cocaine

By Dianna M. Talbot
Manchester Herald

"Ecstasy" and "orgasmic" are two words a local former cocaine addict picked to describe the feeling he regularly had after inserting a needle into his arm and injecting cocaine into his bloodstream.

"It would last for hours," said the 29-year-old, who boasted he has "been clean," or not used drugs or alcohol, for the past six months.

"I never wanted to come down," the also self-employed construction worker remembered at a recent meeting of Narcotics Anonymous at Manchester Memorial Hospital. "It felt too good."

It also feels very good for women.

Despite increased available information about the dangers of using cocaine, more and more of them are using it, according to a local physician.

Dr. William P. Guinan of Manchester is interested in the subject of cocaine abuse, especially among pregnant women. And he said he is alarmed by statistics which say between 5 and 10 percent of all pregnant women use cocaine if they are offered it, despite publicized health risks to themselves and their babies. Dr. Guinan has tried to increase awareness of this problem among other physicians.

The 34-year-old gynecologist and obstetrician, who opened his own practice in Manchester eight months ago and is affiliated with Manchester Memorial Hospital, said he used to treat pregnant female cocaine users and some addicts who later gave birth to "cocaine babies."

Suspended in the wombs of mothers who are regular users, many fetuses have no choice but to become addicted themselves to the illegal drug, which can numb pain and induce feelings of euphoria and superiority in adults.

Research still is being gathered on what an expectant mother's use of cocaine does to her baby, but many physicians say there is proof she exposes both herself and her baby to various health risks, some of which may be life threatening.

After birth, doctors agree, "cocaine babies" write through painful, possibly tragic periods of withdrawal lasting anywhere between 24 hours and two weeks. They are uncomfortable in their drugless world and cry most of the time. Such newborns are likely to have significant growth problems, including small head sizes, act irritable and experience tremors and muscle rigidity, Guinan said.

"They look like babies who are withdrawing from drugs," he said.

In addition, "cocaine babies" often have trouble bonding with their mothers, which can lead to child abuse, Guinan said.

Researchers are striving to determine whether it is orofacial affects "cocaine babies" later on in life. Some evidence points to a "Yes" answer, Guinan said.

After graduating from medical school in 1983, the doctor said he began a four-year, training-in-residence program at Hartford Hospital, during which he saw and cared for hundreds of pregnant women each year. About five to 10 percent of them, or 25 to 50 pregnant women per year, when questioned, admitted they used cocaine on a recreational basis, he said.

Some of these women did not want to, or could not, stop using it, Guinan said.

"All we could do was warn them about the possibility of birth defects," said the physician.

According to him, the typical pregnant cocaine user is between the ages of 18 and 25 and connected to the federal welfare system.

"She is aware that drugs are not good for her or her baby, but she's in a setting where there are people around her who are abusing them," Guinan said.

The woman also might feel like she is immune to the possible negative effects of her drug use on her baby, he said. "She says, 'Well, nothing happened to Suzy's baby when she did it, so nothing will happen to mine,'" Guinan said.

Cocaine, obtained from dried coca leaves, represents an annual \$50 to \$70 billion dollar industry, according to the physician. An estimated 5 million Americans regularly use cocaine, about 30 million Americans have tried the drug, and about 5,000 people try it every day for their first time.

The drug often is mixed with a variety of un-



Illustration by William Glover

known compounds before it is consumed. Once ingested, it constricts blood vessels and increases heart rates, leading to a quick rise in blood pressure. These changes can threaten the health or life of men and women who are not pregnant.

Additional risk factors come into play when a pregnant woman abuses it, according to Guinan. A natural enzyme in the body called plasma cholinesterase, which he said metabolizes the drug, is present in lower amounts in pregnant women, fetuses and newborns. This enhances the drug's effects, he said.

Because cocaine constricts blood vessels, blood flow to the woman's baby is reduced. Pregnant abusers risk low baby birth weights, premature birth, miscarriage, stillbirth, sudden infant death syndrome, possible birth defects and neurological or behavior problems in their children, Guinan said.

Cocaine use causes birth defects in pregnant rats, according to Guinan. But there is controversy over whether it may also cause similar abnormalities in human beings.

But Guinan points to a recent study of 55 expectant women who used "crack," a cheaper more potent form of cocaine, which he said is more dangerous because its effects are more unpredictable. The study showed they were more likely to deliver their babies early and rupture their

membranes prematurely.

During his residency, Guinan researched and wrote a paper called "The Coke Challenge."

In it, he discussed health threats which cocaine abuse poses to mothers and their unborn children. The young physician also advised other physicians on how they should deal with such situations, and he lectured on the subject.

"I think that as time goes on, coke and crack are going to become more a part of our lives as obstetricians and gynecologists," he said.

Guinan advises other physicians to ask all of their pregnant patients whether they use drugs.

"If you don't ask the question, you don't get the answer," he said, adding that nine out of 10 women will not be offended by the question.



Reginald Piro/The Manchester Herald

DRUGS AND WEAPONS — Manchester Police Officer John D. DePietro holds a cocaine kit and pipe in his right hand and, in his other, a small, powerful handgun frequently carried by drug dealers in their back pockets or socks.

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Health

Scores affected by stress slow to seek help

By Rick Santos
Manchester Herald

Stress, by definition, is a force that tends to distort a body. But in everyday conversation, stress is referred to as the pressure people feel in their everyday lives.

Although in the most extreme cases, stress sufferers may react violently, even becoming homicidal, mental health experts say the far more typical examples are people who simply do not lead balanced, well-rounded lives.

In fact, one of the more common symptoms of stress is the desire to work long hours, says Holly Hatch, a social worker at the Stress Center in Colchester. "People use work or being busy as a way to numb themselves — you know hide out in their jobs."

They feel the need to numb themselves or hide primarily because they are unhappy with some aspect of their lives, Hatch says.

"They're always thinking that there's something wrong with them, and if they did something more, then they'd be loved," she says. "Who would spend all that time at work, if they really cared about themselves?"

Many of her patients are workaholics and are so preoccupied with their jobs that they end up abusing themselves physically by not eating right or getting enough rest, Hatch says.

Also, they often compound their health problems by drinking or smoking or both.

What drives people to feel stresses causing them to work their lives away in a never-ending effort to compensate for some real or unreal shortcoming they have?

Hatch says an individual's

problems are rooted often in his or her childhood and relations with family members and friends.

"You're told you're stupid, bad, ugly, fat, or worthless," she said. "And because you're young, you believe these messages."

Another mental health expert agrees that stress often originates in the family, but says the sources of illness depend on the individual. "One man's stress is another man's challenge," says Beverly Walton, executive director of the Mental Health Association of Connecticut, an organization with the main function of referring clients to specific doctors.

Dr. Martin M. Cooper, a psychiatrist who practices in Hartford, agrees with Walton about the nature of stress.

"What's stressful for one person isn't necessarily stressful for another person," he says.

Cooper says the two factors that contribute to whether a person feels stress are his environment and his personality. Some of his patients, such as top executives at large companies, are thrust into stressful situations every day — clearly an environmental form of stress.

But there are others who barely earn a living, but experience stress that comes from inside themselves.

These patients suffer from what Hatch calls chronic stress. Repeatedly, they place themselves in stressful situations that they think will raise people's perceptions of them, she said.

"If I need to prove myself, I might get a job that's very stressful."

Rather than eliminating difficult aspects of their lives, they seek them. "This is a sign that

there is something wrong inside of them," she said.

Hatch distinguishes these people and the stresses they suffer from healthy people who also experience stress. However, the latter group suffers what she calls temporary stresses, such as death, illness, taxes, and deadlines.

"These are unavoidable and understandable," she says.

Dianne Hunt-Mason, a clinician who counsels patients at her Manchester office, identified the major stressful events for people who are not suffering from chronic stress.

"The number one source of stress is death of spouse," Hunt-Mason says.

This is followed by divorce, separation, imprisonment, death of a relative, major illness, marriage, being fired, and borrowing money.

Hunt-Mason, who once conducted stress workshops at Manchester Memorial Hospital, said studies show that three-fourths of all U.S. citizens complain of suffering from some job stress.

"One of the reasons that employee assistance programs are now so popular is that too much stress can cause job performance, absenteeism, and early job burn-out," she says.

Hunt-Mason says the first step in helping patients is getting them to identify the aspects of their lives that are causing them to be stressed. This can be accomplished by having patients keep a journal of their activities, noting who was present and what situations existed during some of their major problems.

Then they must make minor and major changes in their lives to eliminate those stressors. Examples of minor changes



Illustration by William Glover

are finding a new hobby and re-organizing one's schedule. Major changes may be as serious as leaving a job or a spouse.

But for those who suffer from chronic stress, says Hatch, the cure is often internal. It may involve learning to restructure the way one thinks about himself or herself and life in general.

"People are too hard on themselves," she says, adding that one of the most common characteristics of patients is they do not like themselves.

Cooper agrees the cure is often for the patient to develop a "different outlook," and this can be achieved through counseling, in which they discuss their problems, and the taking of medication, like anti-depressant drugs.

Although he agrees an increased number of stress sufferers are going to professionals for help, "there are still a lot of people out there who could get help and don't seek it." They avoid counseling because of what Cooper calls the widely

held misconceptions and stigmas that those who need help are weak or suffer from some sort of moral failure, rather than a legitimate illness.

He says chronic stress, like any illness, is easier to cure, if treated earlier. If not treated, it can be fatal. While some people may die from stress-related complications like heart disease, stroke, and cancer, others, in rare cases, may break down and kill themselves and in even more rare cases, kill others.

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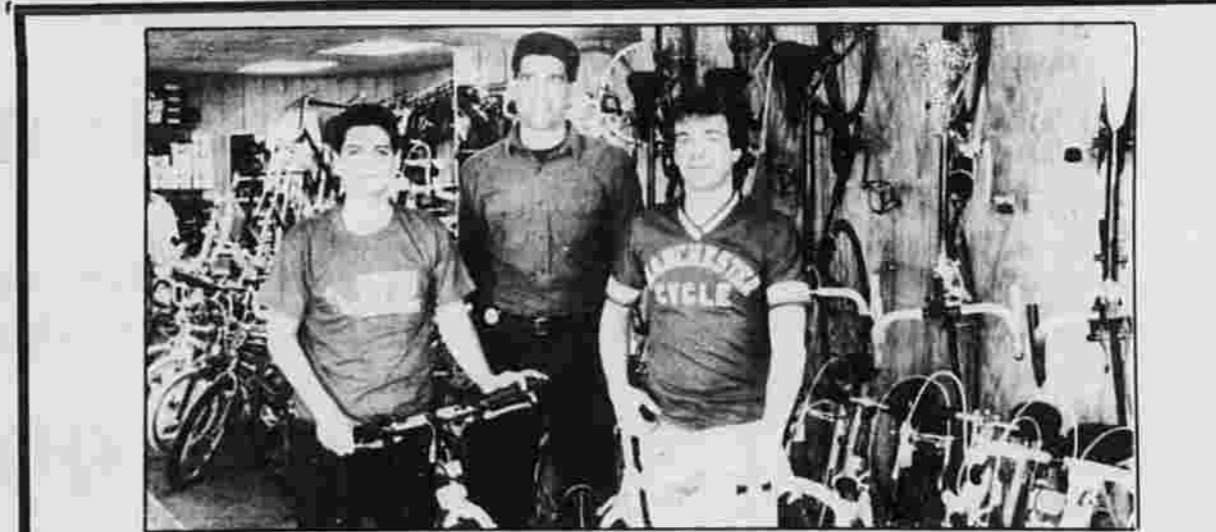
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Health

Research offers hope, clues to medical mysteries

Stroke. Cancer. Mental illness. Few things can impact our lives as quickly, and as adversely, as a change in our health.

No wonder there is such intense interest in news of medical breakthroughs. Research is constantly expanding human knowledge about how the body works and how people can live longer, and healthier lives.

Here is a sampling of recent updates on health issues that affect us all:

The risk of strokes resulting from irregular heart beats, which strike 75,000 Americans annually, can be cut in half simply by taking a single aspirin tablet each day, according to a recent study.

These strokes are triggered by extremely rapid beating of the atria, the heart's upper chambers, a condition called atrial fibrillation. About 1.2 million have this abnormality, and until now most have gone untreated.

The researchers said they were amazed to find that aspirin, already widely recommended to prevent heart attacks, can keep people from getting this form of stroke.

"We are talking about a condition that probably causes 200 strokes a day. This is an important piece of news when you realize that they may be prevented by something as simple as a daily aspirin," said co-author of the study, Dr. Jonathan L. Halperin of Mount Sinai Medical Center in New York.

The strokes result when blood clots form inside the rapidly beating heart chamber. If they move into the bloodstream, they can travel to the brain, choking off the supply of blood.

Until now, the only way to prevent these kinds of strokes was regular use of the drug warfarin, a blood thinner that is a common ingredient of rat poison.

Although often used for severe atrial fibrillation caused by damaged heart valves, many doctors are reluctant to prescribe the medicine for milder cases because of the possibility of severe bleeding.

"We need to change policy about how to treat this common condition. We have found something substantial," said another co-author, Dr. David C. Anderson of Hennepin County Medical Center in Minneapolis.

A stroke specialist who did not participate in the study said the results mean that aspirin may be an alternative for people who cannot take warfarin. But Dr. Louis Caplan of New England Medical Center cautioned:

"The actual amount of the effect and whether it is superior to warfarin and in which patients are unclear."

The aspirin findings were based on a comparison study conducted on 1,244 people at 17 medical centers across the United States. A preliminary report was published by the New England Journal of Medicine.

Earlier studies have suggested that aspirin can block the formation of blood clots in the coronary arteries that feed the heart muscle. But the clumps of blood that form inside the atria were thought to result from a different clotting mechanism.

"There has never been a shred of evidence to suggest that aspirin would be effective at preventing blood clots in the chambers of the heart itself," said Halperin. "It's amazing that aspirin was able to reduce the incidence of stroke in these patients. It was unpredicted and unexpected."

About 15 percent of the 500,000 strokes in the United States each year occur in people with atrial fibrillation. Experts say these strokes are often particularly damaging.

In the study, people were randomly assigned to take aspirin, warfarin or dummy placebos. The placebo part of the study

was stopped after a year because of a striking reduction in risk among those getting either aspirin or warfarin.

The study found that 3 percent of those taking aspirin suffered either strokes or blockages in the blood supply to other parts of the body, compared with 6 percent in the placebo group.

Although some fear that aspirin use may cause strokes resulting from uncontrolled bleeding in the brain, there was no increased risk of this in those taking aspirin in the latest study. The study will continue for at least 18 months to determine whether aspirin or warfarin works better.

□□□

Severe nausea among people taking the common anti-cancer drug cisplatin can be largely controlled by an experimental new medicine, researchers say.

Two studies show that the medicine, called ondansetron, dramatically reduces episodes of vomiting, and nausea that persists is much less intense.

Although many cancer medicines can cause nausea, can keep people from getting this form of stroke.

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head and neck.

Two comparison studies on the new treatment were published in the New England Journal of Medicine.

In one study, Dr. Luigi X. Cabeddu of the University of North Carolina, working with researchers in Venezuela, tested the medicine on 28 cancer patients. Half received ondansetron, and the rest got inactive saline injections.

□□□

A new study confirms that adding fish oil to diet appears to lower blood pressure a bit, but the benefits disappear if people are already getting lots of fish in their daily fare.

The study, conducted on 156 men and women in Norway, is the latest to delve into the claims of fish oil's apparent benefits on the heart and circulatory system. It found that when people took six grams of fish oil capsules a day, their blood pressure fell about 3 percent.

"The results of this population-based intervention study demonstrate that polyunsaturated fatty acids in fish oil lower blood pressure in subjects with hypertension," the researchers wrote.

The study, conducted by Dr. Kaare H. Boman and colleagues at the University of Tromsø, was published in a recent New England Journal of Medicine.

The results were similar to a smaller study reported last year

chemotherapy-induced vomiting. We still have a long way to go."

Ondansetron has already been approved for routine use in Great Britain and France. Its maker, Glaxo, has applied to the Food and Drug Administration for approval to sell it in the United States.

□□□

Small physical differences inside the brain may help explain why some people are afflicted with the severe mental illness of schizophrenia.

Several earlier studies have described what appear to be differences in the brains of schizophrenics. But because the abnormalities were so slight, experts were uncertain whether they truly were unique to people with the mental disorder.

The latest work tried to settle this question by comparing the brains of 15 sets of identical twins. In each pair, one twin had schizophrenia, the other did not.

The chief finding of this study was that evidence of anatomical changes in the brain

was present in almost every twin with schizophrenia," the researchers wrote.

The differences were subtle. But in general, the hollow spaces in the brain known as the cerebral ventricles were larger in the schizophrenics' heads, and the hippocampus, a part of the brain vital to memory, was smaller.

Just how these differences are related to schizophrenia is unclear. Indeed, scientists are unsure whether they might cause the disease — or somehow result from it.

The latest findings were based on magnetic scans that take cross-sectional pictures on the head. The work, conducted by Dr. Richard L. Suddath and others from the National Institute of Mental Health in Washington, was published in New England Journal of Medicine.

Schizophrenia runs in families. But the new research suggests that the cause may not be entirely genetic, because the twins are genetically identical.

In an accompanying editorial, Dr. M. Marsel Mesulam of Beth Israel Hospital in Boston said the latest work provides "heartily definitive evidence" of structural differences in schizophrenics' brains.

Compiled from Associated Press reports.

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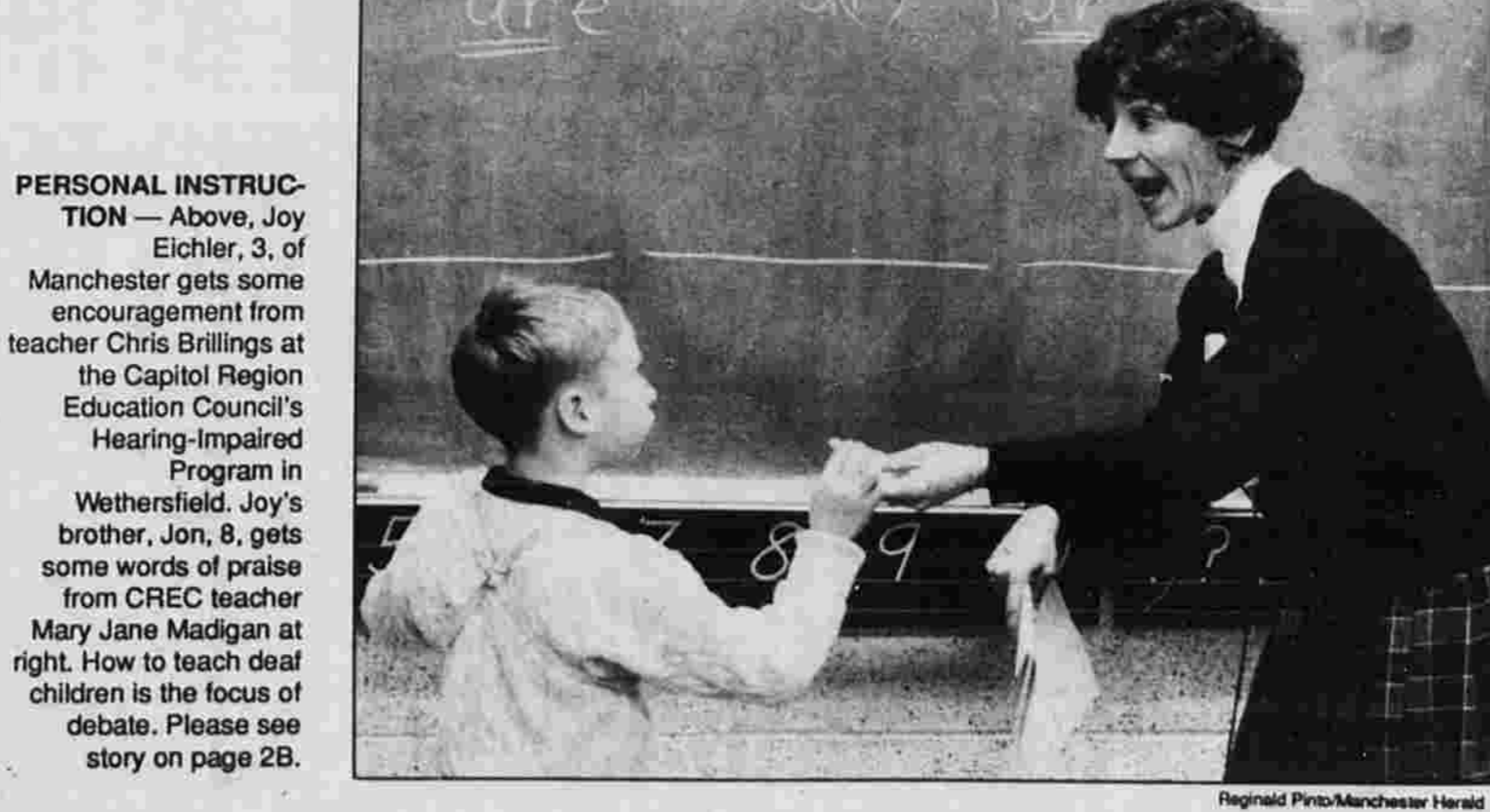
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Profile '90
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Section B — Monday, April 30, 1990

A P R

FILMED BY THE PROFESSIONALS AT
CRESCENT INFORMATION TECHNOLOGIES, CEDAR RAPIDS, IOWA

1990

Health

Research offers hope, clues to medical mysteries

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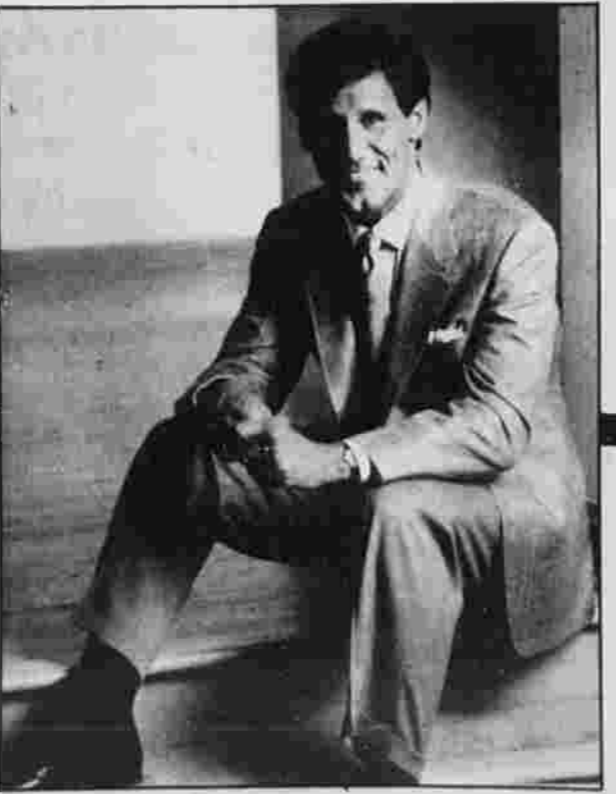
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Section B — Monday, April 30, 1990

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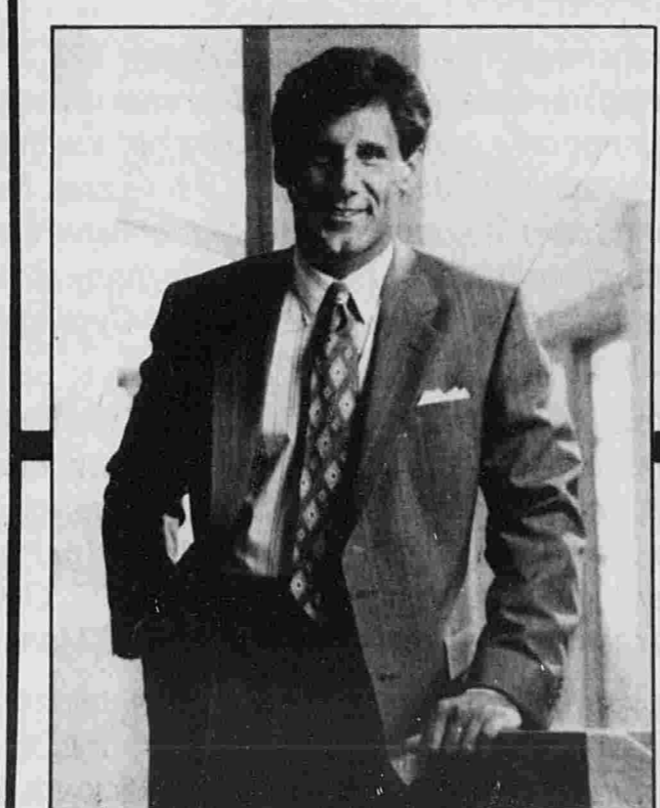
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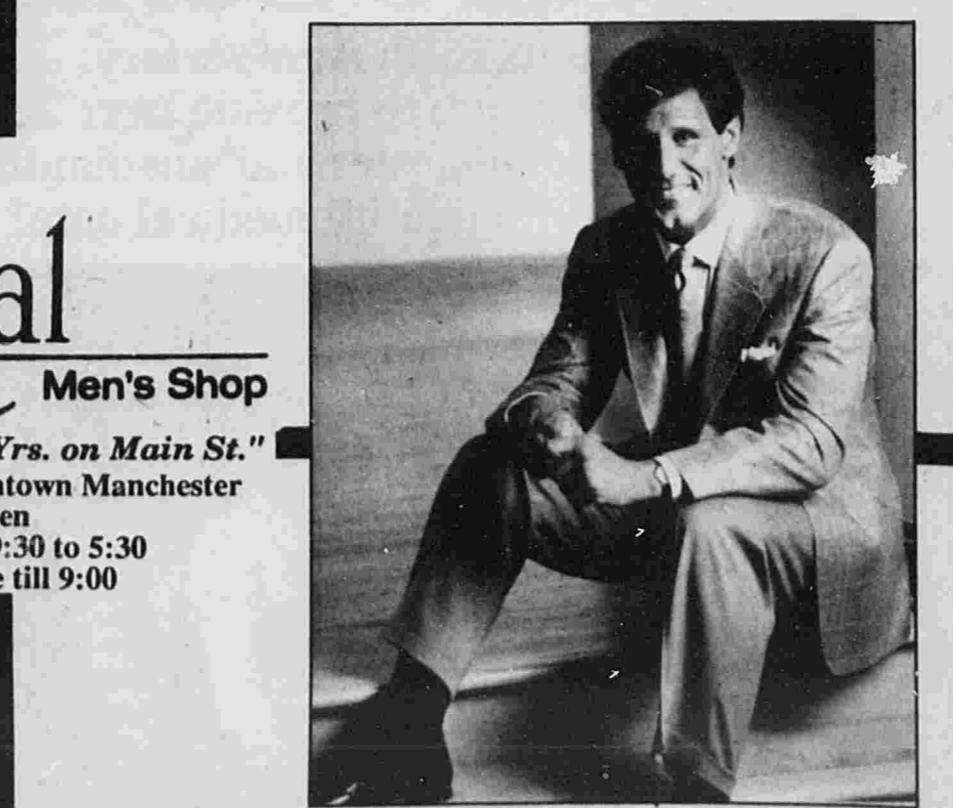
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Education & Health



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Education

Education of deaf children focus of debate

Some parents reject signing instruction

By Nancy Foley
Manchester Herald

One of the hardest aspects of having a deaf child for Mary and Stanley Ostrinsky, of 53 Willard St., was when their son, Teddy, was sick and could not tell them how he felt.

The Ostrinskys found out their son was deaf two years ago after a day-care worker noticed he did not respond to loud sounds even when they were close by. Though finding a way for Teddy to express his feelings and ideas was very important to them, they rejected one of the avenues of communication that would have been easiest and which many in the hearing world associate with deafness. They decided not to let their son learn sign language.

Many people in the hearing world are not aware that there are many parents like the Ostrinskys who resist letting their children learn sign language. But people like the Ostrinskys are backed up by a group of professionals who tell them that learning sign language will impede their child from learning to talk.

Beyond the professional debate over whether sign language impedes speech skills, many parents reject it because they see it as something that would mark their

children as different and hold them back in the deaf world. "I'm not saying they're freaks," Stanley Ostrinsky said of the deaf. "But I want to give him the opportunity of being the best he can be. The best he can be is to be with the hearing world."

Like other parents of deaf children in Manchester, the Ostrinskys had a choice between sending Teddy to the Capitol Region Education Council's program for the hearing-impaired in Wethersfield, a strictly oral program, and the American School for the Deaf in West Hartford, the oldest school for the deaf in the country and one that teaches both sign language and speech.

It did not take the Ostrinskys long to decide they wanted Teddy in the CREC program.

"We want him to be able to talk. We want him to speak freely his own mind," Stanley said. "Why should he be held back by learning sign language instead of talking?" Stanley asked.

He believes CREC offers his son the best chance of being able to learn in a regular classroom. "He will be at Buckley School one day. I'm positive of it," Stanley said.

CREC Director Jennifer Kolzak explains what she believes happens when deaf



Reginald Pinto/Manchester Herald

PARENTAL INVOLVEMENT — Joy Eichler, 3, of Manchester, identifies the pictures her teacher, Chris Brillings, shows her at the Capitol Region Education Council's

program for the hearing-impaired in Wethersfield as her mother, Mary Ellen Eichler, looks on. The school does not teach sign language.

children are taught both sign and speech at the same time. "The signing is very graphic and the child will tend to look to the sign and not attend to the sound," she said.

The school's 230 students can be seen talking to each other in the hallway in sign language and chattering among themselves in sign language during classes.

Teachers use signs when giving a lesson as well as mouthing the words, and students are encouraged to respond in both speech and sign. They are never forced to speak the answer, however, and in one classroom, sign language seemed to be the method of choice among students.

Peltier disputed claims that sign language hinders children's ability to speak, saying no research supports the contention. The school believes that sign language, taught together with lip-reading, is the best method of choice among students.

The debate over whether to teach sign language has been the subject of a "100-year-war," in special education, according to Edward Peltier, assistant executive director of ASD. The use of sign language was unofficially banned at a conference of special educators in 1889 in Milan, Italy, although ASD has continued to teach it, since its founding in 1817. Some schools went so far as to tie the hands of deaf students so they could not gesture. Nothing like that ever occurred at the CREC program, Kolzak stressed, however.

In the 1960s, an educator of the deaf in Maryland coined the term "total communication." This means "children should have the right to have access to anything they need to acquire language and information," Peltier said.

Although officials at the two schools maintain that there is no longer a controversy and that the two schools work together determining which approach is best for each child, significant philosophical differences still exist between them.

The concept of total communication has been adopted at ASD, and sign language is

considered a "basic communication right," Peltier said.

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Reginald Pinto/Manchester Herald

PERSONAL INSTRUCTION — Jon Eichler, 8, of Manchester, writes down a lesson at the Capitol Region Education Council's program for the hearing-impaired in Wethersfield as teacher Mary Jane Madigan looks on.

Education



Reginald Pinto/Manchester Herald

COMPUTER GAMES — Edward "Teddy" Ostrinsky, of Manchester, and another hearing-impaired student at the CREC Hearing Impaired Program work on a math counting game with their teacher. Ostrinsky's parents want him to learn to live in the hearing world.

Sign language defended

Continued from page 2B

ing, gives students a better understanding of what words mean.

And the fear many parents have that if their child learns sign language he or she will not interact with the hearing world is unwarranted, Peltier said, noting that the deaf are among one of the most integrated communities of the disabled.

"The use of sign language has not deterred that interaction," he said.

Janis Grant, public relations officer for ASD, suggested that the very notion that deaf children must learn to speak is an attempt to force them to conform to the hearing world by depriving them of a form of communication that is easiest and most natural for them.

"Speaking well is not the educational objective here," Grant said. "Speaking well is conforming to a hearing world standard."

Despite years of practice, many profoundly and severely deaf never learn to speak as well as a hearing person.

Brenda Paullo, head of the speech, hearing and language department of the Manchester school system, said that she favors neither program when giving advice to the approximately 10 families who children are divided evenly among the CREC and ASD schools, and believes that the "correct" choice depends on the individual child.

But she said that even deaf people who become good at lip-reading only pick up about 40 percent of what is being said. "It's a laborious

process. Do you make the child do that or do you let them go out and play?"

But Kolzak maintains that strong speech skills are important. "The truth is 99 percent of the world is not deaf," she said. "Our goal is to fit children as best we can for life in the real world."

Ostrinsky said that an observer would not notice any difference between Teddy and a hearing child.

At home in his living room, however, when his mother speaks to him, she often has to repeat a question twice before he can understand her. And, often he must repeat his answer twice before she can understand him. She must stand close to him when she speaks, so that his hearing aid can pick up the sound of her voice.

But his mother said that Teddy's speech has improved greatly in the past two years. At first, he was hardly speaking at all.

Across the street from the CREC school building, three

teen-age girls who have been gone from the CREC program into a regular Wethersfield middle school, still require extensive speech therapy. During one session, they are able to hold a conversation about one girl's recent stay in the hospital. Speaking is still a chore though, and their voices are distorted.

With some students, the CREC program does not succeed.

For children whose hearing loss is not that great, learning sign language may be unnecessary, Paullo said.

She sees some parents, however, who may place their child into the CREC program even when he or she doesn't belong there.

"I think sometimes early on when parents are going through that grieving process, that is their first inclination. A lot of parents who know nothing about hearing loss and the deaf recoil from sign

Please see page 4B

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Education

Parent's determination plays role in learning

Continued from page 3B

language initially and say, 'Is there another way? Can I make my child normal?'

One mother who placed her son in CREC, but later changed her mind, is Joy Hamilton, 15 Scarborough Road. Her 14-year-old son, Michael, became deaf after an accident at a picnic when he was 18 months old.

"I was told it's an oral world out there, you don't sign," she said. Michael went into the CREC program when he was 3 1/2-years-old. But after three or four years, she realized Michael was not learning to read or picking up on other skills.

"Michael was frustrated and angry at CREC," his mother said.

But the transition was not easy. Hamilton walked out of a conference when told by CREC officials that her son needed to go to the American School for the Deaf.

"It was traumatic for me. We spent three years working on the oral and he says he can't do it."

But she is glad now that Michael changed schools.

"Honestly, we believe it was the best thing that ever happened to him. I bless the day we sent him."

Sign language has opened up a whole new world to Michael, she said.

Kolzak agreed that the CREC program is not for everyone, and when the school sees that a child is not progressing, she will tell parents the child should go elsewhere.

But she stressed that the number of students like Michael, who do not belong in the program, is only 10 percent. Furthermore, she said, the degree of deafness among CREC students is the same as among ASD students.

"It's not the degree of deafness that determines whether they learn to talk," she said.

The determination of parents plays an important role, Kolzak said, as well as how early attempts are made to teach the child to speak.

Children can be fitted with hearing aids as early as three or four weeks of age, she said. Almost all of the deaf have some residual hearing that can be amplified — very few are "stone" deaf. Furthermore, hearing aids are much more powerful than they were 20 years ago, and can greatly increase the amount of sound a child can hear.

But even if a child hears more sound, he does not necessarily hear what a hearing person does.

"By putting a hearing aid on, a deaf child does not become non-deaf," ASD's Peltier said.

A deaf child must be taught to interpret the sound because it is distorted, Kolzak acknowledged. Teddy, for example, has a hard time pronouncing "s's" and "t's", because they are outside of the range of sounds he hears.

"We know hearing aids don't fix things the way glasses do," Kolzak said. "We don't fix them and make them perfect, but they get to the point where their skills are really competitive with regular kids."

Another advantage to an oral program, according to Kolzak, is that lip-reading

and speech make it easier for children to learn to read, Kolzak said, because they are based on English, while sign language is not.

American sign language is originally based on French sign language and does not follow the same syntactical rules that English does. Many words that would be spoken are omitted in sign language or are inverted in a sentence.

"It's not truncated English, but its own unique language with its own grammar and syntax," said Grant of ASD.

Thus, it will be difficult for students to relate to written English because it is so different from sign language, Kolzak said, and this may deprive them of being able to read many of the classics of literature that other school children read.

"The language of school-work is English," she said.

ASD works around this problem, Grant said, by using both ASL and "signed English," which is simply a literal translation of English into sign.

Peltier said studies show that students who are taught sign do the best academically.

"We find that sign language reinforces the written word," he said.

It is important that deaf people know both, Grant said, because American sign language is the language of the deaf community.

"People who are deaf and don't know ASL often have a hard time fitting into the deaf community," she said.

But to Stanley Ostrinsky, having his son fit in with the deaf community is not an important goal.

"I would rather have him with the hearing world," he said.



Reynold Photo/Manchester Herald



Patrick Flynn/Manchester Herald

FOLLOW MY EXAMPLE — Children at the CREC Hearing Impaired Program in Wethersfield practice speaking with their teacher, above. At right, Michael Hamilton, 14, and Arthur Chader, 12, both of Manchester, attend the American School for the Deaf in West Hartford. Unlike the CREC program, ASD teaches sign language.

Education

Student-athlete is 'everybody's dream kid'

By Rick Santos
Manchester Herald

No doubt about it, Manchester High School senior Meg Berte is one of the nation's top high school soccer players. But that, coupled with her excellent academic record, isn't what makes her special.

Just ask her soccer coach, Joe Erardi, what makes Berte stand out. He's quick to answer that it is her personality and attitude.

"Where she is academically and athletically, she's humble enough that she still treats everybody equally," Erardi says, adding, "Wherever she goes, she'll be a tremendous asset to that school."

Berte, an all-American who is being sought out by five Ivy League schools, returns the compliment. "I can't take sole credit for anything I've ever done because there's been so many people involved with everything," she says, singling out her family, Erardi and her guidance counselor David Frost.

Someone who hasn't met Berte (pronounced burTay — accent over the second "e") may suspect Erardi's comments to be an overstatement; a slice of thick, and possibly unjustified, praise coming from a biased coach who virtually couldn't lose while Berte was positioned as his center fullback, a position also called stopperback. The team's record during those four years was 66-5-1.

But assessing Erardi's praise as an exaggeration would be dead wrong. She appears to be everything her coach says and more.

Sure, the last comment is a subjective statement. An act newspaper reporters are trained to avoid, at least in print. However, the job forces us to meet with all types of people with all kinds of motives; if nothing else, we become — I like to think anyway — good judges of character. These judgments are based often on initial impressions formulated from seemingly minor aspects of a source's behavior.

When Berte was first contacted for this story, she offered an afternoon for an interview and set aside more than ample time for a comprehensive discussion. After the interview, she returned numerous phone calls, not only in reasonable time, but the precise time at which her mother said she would be home. Rather than objecting to the persistent agonizing over tiny details, she answered questions courteously.

This all may seem to be standard etiquette, but for reporters, standard etiquette is easily discernible from genuine goodness, maturity and responsibility.

"I think what separates Meg from a lot of high school athletes is, number one, she truly believes that with a lot of hard work she can accomplish things," says Coach Erardi.

She works hard all year, he says, not just during the fall soccer season. Some of her off-season training includes running, playing for teams outside Manchester, and attending soccer camp. Sometimes she will dribble a ball over to the field at the Martin School, not far from her house on Tuck Road, and kick it around there — sometimes with family members, sometimes alone.

For Berte, who was team captain in her final season, the hard work can only increase her capabilities. One of her top skills, Erardi says, is her explosive quickness. Another is her excellent understanding of the interaction in game situations, something he and others refer to as "game sense."

These qualities are especially desired because unlike a lot of dominant high school athletes, she cannot overpower opponents with her size. She's 5 feet 5 inches tall and of medium build.

This will not stop her from playing soccer in college, says Erardi, adding he would not be surprised if she plays women's ice-hockey as well. Figure skating was her sport for about six years.

One of Berte's abilities which impresses Erardi most is her knack for leadership. At the beginning of each season, the younger players are required to write out their goals on paper.

Simply stated, "They want to be Meg Berte," he says.



Rick Santos/Manchester Herald

DAILY ROUTINE — Although Manchester High School Senior Meg Berte is most known for her work on the soccer field, Berte says homework is another everyday aspect of her life. Here, she studies art history in her kitchen.

Please see page 6B

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Education

Track star 'gets real excited'

Continued from page 5B

His team won four Central Connecticut Conference East Division championships during her high school career. He explains: "She plays with a tremendous confidence that rubs off on everyone else."

Teammate Jen Brindisi, a fullback who will be team captain when next season starts, has played beside Berte for two years.

"She has helped me a lot," Brindisi, a junior, says of her All-American teammate. She says playing with Berte has raised her own level of intensity because she must play hard if she is to coordinate with such an athlete.

Left-winger Kathy Cumberbatch, who describes Berte as very friendly off the soccer field, says that on the field her teammate plays with intelligence and excitement.

Cumberbatch, a junior, says, "Sometimes she gets real excited."

Berte describes her playing style and attitude toward the game as spirited.

Sometimes, on the eve of big games, she would invite teammates to her house, where they would gear up for the next day. One of the last times she organized such a gathering was the night before the final regular season match against Simsbury.

The opponent, then ranked third in the state, was to travel here with its 14-1-0 record to take on the top-ranked Manchester girls, who were 14-0-0. The setting was the proverbial grand finale.

And because the game was played Nov. 1, the nighttime ritual at Berte's house was held Oct. 31—Halloween.

"We were going to go over and trick o'treat at the Simsbury players' houses," but members of the team 'whipped out' and abandoned the plan. They thought they might get into trouble," she says.

Not to mention the weather was bad, and it was difficult finding enough people who were willing to drive that far. Rather, the Manchester girls waited until the game, at which they charged onto the field wearing Indian war paint on their faces.

"The officials made us take it off though," Berte said in a disappointed tone.

Berte acknowledges that the tactic, which sounds like something out of the world of "professional" wrestling, had nothing to do with Halloween; nor was it intended solely to recognize MHS's nickname (the Indians).

"It was a way for us to get psyched up," she said.

The game, played before a crowd of about 400, ended in a 1-1 tie.

Berte described some of the other ways she and girls from the team would show their spirit.

Last season she and three teammates went to a local barber to have their respective jersey numbers shaved into their hairdos.

"I can't believe I did it," she laments. "It's just growing out now."

Berte had her own number, 14, sculpted on the back of her head, where it could be revealed or concealed by wearing her hair up or down.

However, she said some of the girls had it done on the sides, where it was always visible. Berte, always the

Mussemann, now an interim vice principal at the high school, describes her former student as motivated, enthusiastic, bright, dedicated and outgoing. "It's impressive that she can do so well in school and outside of school," the vice principal said. "She's everybody's dream kid."

diplomat, wouldn't say who.

Erardi says this is one area of coaching in which he takes a hands-off approach.

"I don't encourage it or discourage it," he says. "I just smile."

About the war paint incident, he said, "That's another thing I smile at."

As another way to get psyched up for contests, Berte says the team would blast a "psych tape" (motivational music) out of her "boom box" (stereo) during warm-ups. The tape included a song from the rock n'roll band Guns N'Roses.

And the players — who donned homemade, tie-dye shirts at preseason scrimmages — had nicknames for each other. Berte's was Axl, after Axl Rose, lead singer of the rock group.

Hearing these anecdotes, one might be tempted to draw comparisons between Berte and Brian Bosworth, a scholarly linebacker who plays football for the Seattle Seahawks; he continually thrusts himself into the limelight — once when he got a new haircut, once when he posed nude for a magazine spread.

However, don't make the comparison. Where Bosworth is obnoxious, Berte is real. Bosworth's antics are outrageous. Berte's are mainstream. He's in his mid-20s. She's 18.

Anyone familiar with high school sports knows that freshmen who play on starting line-ups are relatively rare; Berte not only started when she was a freshman, she was named by the National Soccer Coaches Association to the All-league team. As a sophomore, she was named to mbe All-state team; as a junior, All-New England, and last season she was named an All-American, an honor shared with a choice few.

The only other Manchester High School athlete ever named an All-American, Jen Atwell, is playing soccer at

everybody's dream kid."

Berte didn't discuss her grades specifically, but one does not need to be a sleuth to realize that they're top notch. She's listed on the high honor roll for the most recent grading period, and Harvard doesn't admit "B" students. She also scored quite high (1400 of a possible 1600) on the widely used, and some would say, commonly abused Scholastic Aptitude Tests.

The SAT's are regularly the subject of negative criticism, most often leveled by sociologists citing new studies which show the examinations are culturally biased — something difficult to dispute.

However, Berte says not all high schools nor teachers grade evenly, so she does see the need for a standard measurement by which colleges can judge students.

"But I don't think that standard should be the SAT's," she says. "Too much emphasis is placed on them."

In her interviews at colleges, she was always asked about her scores.

She says one of the shortcomings of the test is that several years of schooling come down to a three-hour exam in which anything can happen.

Also, the tests measure verbal and math skills only. Berte says. What about the other stuff? Although she was questioned by college admissions officials about her SAT's, they didn't ask about achievement tests, which

Please see page 7B

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HARD-NOSED PLAY — Meg Berte plays with excellent "game sense," her coach says. Here, she clashes with a player from Norwich Free Academy last November.

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Education

High school prepared her for life's challenges

Continued from page 6B

evaluate abilities in individual disciplines like French and chemistry.

That her concerns are such, yet her scores were high is an example of Berte's attitude, which is reflected also by her career aspirations.

"Money is not a factor," she says. "I just want to do something where I feel like I'm making things better. I've gotten so much, I feel responsible for giving something back."

One lesson that stands out in her mind is a thesis she wrote for a junior-year English course.

The paper, a 50-page study of how jurors reach their decisions and how their biases affect their judgments, examined the first trial of Joseph Lomax, the black man accused of the 1987 murder of Journal Inquirer newspaper reporter Kara Laczynski, who was white.

"When I did my paper, the first trial had just ended in a mistrial," Berte said.

That was at the beginning of last year. Since then, a second trial has ended with another hung jury.

In both trials, jurors have been split mostly along racial lines with blacks primarily calling for Lomax's acquittal and most whites insisting on his guilt.

Not only did she study racial biases, but also prejudices based on sex, age, and occupation.

For her research, Berte interviewed a juror and attorneys for the prosecution and defense. Also, she drove into Hartford, with just a map and a camera, to find Laczynski's apartment, the location of the murder. She also visited the place where Lomax lived.

Although she is beyond satisfied with the schooling which she got, she is concerned about the future of education — particularly public education in light of recently proposed reductions in state contributions to towns and cities.

"I hope we're not reverting back to when education was for those who could afford it," she says, adding that cuts would eventually inhibit so-

cial mobility and foster greater class differences.

Berte's own academic future is uncertain. She says she has so many academic interests that she'll start college without declaring any major.

Sometime this summer Berte will be kicking a soccer ball around a field, as she has done every summer.

However, she won't be at Manchester High School. But rather on a college campus in Cambridge, Mass., Providence, R.I., Ithaca, N.Y., Princeton, N.J., or maybe even New Haven.

None of these places are too distant; Ithaca, about 250 miles away, is the farthest, and New Haven, about 50, is the closest. But for Berte, 50 miles may as well be 50 million because she'll be busy. "This is the first time that I'm leaving Manchester," she says. "It's great, and it's

sad...there are kids here that I've been with since elementary school."

Predictably positive and diplomatic, she says that while she is thrilled about going to college, she's not tired of high school.

"Leaving something when you're still excited about it is the best time... You're still on a positive note."

Meg Berte has grown up in Manchester.

MANCHESTER HERALD, Monday, April 30, 1990—7B

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Education

Academics must come first for East track star

By Jim Tierney
Manchester Herald

Being an honor student is a major accomplishment for any high school student. Being an all-state cross country and track runner is the ultimate accomplishment for any scholastic athlete.

East Catholic junior Nancy Byrne has all that and more. She is involved in several extracurricular activities at school, and holds down a part-time job, working between 15-20 hours per week.

Academically speaking, Byrne, who has never missed being on the honor roll while at East Catholic, ranks in the top 5 percent of her class. She is an Honors E student and a candidate for the National Honor Society. Currently, Byrne takes seven classes.

Athletically speaking, the 16-year-old Byrne took the scholastic running scene by storm from the very start of her first cross country race her freshman year. She finished third in the Class MM state meet freshman year and a phenomenal third in the State Open to receive All-State honors.

Byrne, who is a Manchester resident, capped off her freshman cross country season by placing 24th in the New England Championships, which earned her All-New England honors.

Last spring, Byrne placed sixth in the State Open 1600-meter final to capture All-State honors in track. This past fall, Byrne secured second in the Class MM state cross country meet. She did not compete in the state cross country championships during her sophomore year due to a stress fracture. Byrne was also captain of the cross country team this year.

At school, Byrne is involved in the following: student council, student executive board, Amnesty International and the Big Sister program.

Byrne works at the Card Gallery in the Parkade. With all of these activities in her life, how does Byrne have enough time to do give justice to all of them?

"Academics come first," Byrne said. "I developed good study habits for myself before I entered high school. So, that helped me with my busy schedule."

Byrne is the youngest of six children, four of which also ran at East.

"Growing up with five older brothers and sisters, sports were a big part of our lives," Byrne said. "The reason I got into running was because all of my family ran. Running fits into my schedule better than other sports because if I miss practice due to work I can always run later."

During the cross country or track seasons a typical daily schedule would look like this: Get up at 7 a.m.

Go to school and practice from 2:30 p.m. to 4 or 4:30 p.m.

Work from 4 or 4:30 p.m. to 9 p.m.

Get home between 9 p.m. and 10 p.m.

Eat dinner and study, on the average, of three hours.

On days she doesn't work, she would study after dinner until 9 p.m. or 10 p.m.



Registered Photo/Manchester Herald

ON THE RUN — East Catholic junior Nancy Byrne, shown here during a winter run, is usually on the move which is dictated by her busy schedule. The honor student is involved in three sports, numerous activities at school and also holds down a part-time job.

"During cross country and track it's really difficult to study for a test or work on a paper, especially when we run out of town," Byrne explained. "I just want to go to bed sometimes, but I push myself because I can't afford to slack off."

Kathy O'Neill, Byrne's cross country/track coach and also a math teacher at East, has coached Byrne the last two years and realizes her other priorities.

"To be a good distance runner you have to be highly self-motivated because it's a very individualistic sport," O'Neill said. "It's the same with academics. You know what has to be done and you do it. Normally, I wouldn't encourage an outside job along with running and school. But, Nancy seems to juggle all three very well."

Byrne thoroughly enjoys her full slate of weekly duties, although she sees ever-present obstacles for student-athletes.

"It's easy to focus too much on one area," she said. "But, if that happens, you have to put your priorities in order and get through it the best you can."

Incidentally, Byrne views the holidays as the most demanding times for her.

"The holidays and the ends of academic quarters usually coincide," she said. "That's the toughest time for me to balance my schedule because

"Academically, she's outstanding. She is in the highest honor classes, which are extremely demanding. Some days she doesn't have any free periods and has to receive a pass to leave class early and arrive at her next one late just to eat lunch."

Byrne's packed schedule, notwithstanding, never detracts from her ability to smile.

"She always has a smile on her face," Pumerantz said.

"She's always up. She wants to do so much and do it all so well. She has great leadership abilities and is very enthusiastic. Pretty much whatever she touches, she always manages to do it well. She takes all her energy and puts it to use positively in school and the community. She is a very positive role model for underclassmen."

Byrne prefers her agenda and wouldn't do anything differently if she could do it over again.

"I like having a busy schedule because I know how to manage my time," Byrne said. "And I think that will help me in the future. If I have too much time, I tend to procrastinate. But, with so many things to do, I don't have time to waste. If I didn't have these commitments, I wouldn't feel involved in my school."

Nancy Byrne wouldn't have it any other way.

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Education

Student editor finds job 'noble,' but difficult

By Jim Tierney
Manchester Herald

Is the high school press free to report on what goes on in the school system or is it censored? If so, are there any limits to its freedom?

What are the biggest problems facing the production of a student newspaper? Senior Greg Owen is co-editor in chief of ECHO, East Catholic High School's student newspaper. He is more than willing to reveal the ins and outs of journalistic endeavors at the high school level.

"Being a Catholic school we have a lot of problems, say Manchester High wouldn't have," Owen, a Bolton resident, said. "The censorship is one thing. We have a very limited freedom. The paper goes to the principal (Peg Segmund) first and anything she doesn't like she can tell Ms. Cassato (ECHO adviser) to take it out. That usually happens once an issue. (But) They're not unfair as to what they edit. They're just extremely cautious."

Along with Owen, seniors Louis Spadaccini and Lucy Samulis are the other editors. The articles are written by any number of students. ECHO is published four times a year. "We have a huge editorial staff," Owen explained. "We get plenty of suggestions from other students. Anyone who wants to write can come and sign up."

Owen was approached by Cassato during his freshman year to see if he would like to work on the paper. Owen, who was involved in soccer at the time, hedged a bit and declined. During

his sophomore year, he thought twice. "I've been involved three years," Owen said. "My freshman year I was in the home room of the adviser, Ms. Cassato. She asked several people she thought had a literary bent if they'd be interested in writing for it. That year I was in soccer, and I wasn't all that interested. I kind of put her off and said maybe next year."

"My second year I wasn't in soccer anymore, Owen continued. "My laziness finally won out. My parents really wanted me to join something. Rather than fight them I decided to join ECHO. English has always been my strongest course."

In the January-February ECHO issue, Owen wrote an editorial concerning the future of his generation.

"We're going out into the world pretty soon," Owen said, borrowing from his editorial. "We're going to be the ones making the decisions and eventually running the country."

Owen's "humble" four points were: 1. Democracy is good. 2. Defense is good. 3. Religion is good. 4. Be kind to people. Feedback from the student body, according to Owen, is very good.

"We get plenty," he said. "It's a free paper and we don't try to sell it. When it comes out you see most people reading it. This is a high school paper. We don't pay these people. We take a lot and give back very little. If people serve their special interests, as long as it would still serve the interests of the paper and the school, we don't mind."

Typical stories in ECHO, which is allotted 32 pages per year and comes out twice each semester, revolve around such topics as food prices in the cafeteria and the school's sports teams.

Feedback, at times, can also be negative. "There's nothing you can do about that," he said, referring specifically about an article written earlier in the year about the football team. "You just have to believe in what you write and write what you believe in and hope more people like it than don't."

Owen feels that much of the student body doesn't realize the constraints he and his staff work within at ECHO, which he refers to as "noble torture."

"Getting people to hand stuff in on deadline is tough," he said. "We actually have two deadlines. If an article doesn't make the first

deadline, it takes a risk of not getting in."

Given the opportunity to write a no-holds-barred editorial, Owen would focus on what he sees as ECHO's limitations.

"If I could've written anything I would write about some of the problems ECHO has that nobody sees," he said. "Being a Catholic school, whatever the school does has to be looked at in terms of image."

Sensitive issues are usually discussed with a faculty adviser before they are even considered. One such issue was an article on the death of East Catholic junior John Zabkar, who died of leukemia earlier this year.

Owen appreciates the work ethic involved with the paper. "It's a lot of worry. It's a lot of work, but it's worth it," he said. "Not everybody can be a football player or a soccer player or a cross country champion. Those of us who are not and who write can do just as good a job. If that's what you want to do, go for it."



Patrick Flynn/Manchester Herald

TOUGH JOB — Greg Owen, co-editor in chief of the East Catholic student newspaper, says the job is challenging and rewarding.

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A P P R

FILMED BY THE PROFESSIONALS AT CREST INFORMATION TECHNOLOGIES, CEDAR RAPIDS, IOWA

1990

Education

Learning was less complicated 50 years ago

By Richard C. Woodhouse

Perhaps because I am fortunate enough to visit quite frequently with classmates of years spent in the Manchester elementary and high schools, my memory of those years is not as dim as it might otherwise be.



Patrick Flynn/Manchester Herald

First, we recall the names of those who were responsible for our education, Granstrom, Mitchell, Boyle, Leidholdt, Sutcliffe, Gildersleeve, Shea and on and on.

Or perhaps, after walking to the Green School from my home on Benton Street, home for lunch, back for afternoon classes, and then back home again was so envying that attending to the words of those teachers was not a problem.

I have never been sure whether this failure to object indicated that we lacked the individualism exhibited in so many ways by the students of today or rather informal acceptance of the futility of such action.

All subjects were taught by our homeroom teacher with no movement from one room to another.

I guess we were taught the same subjects then as are taught to present-day students, but life was much slower then, the school population was much smaller and we therefore got to know our fellow classmates much better.

In addition, the Green School in those days was near the edge of the developed portion of Manchester.

LOOKING BACK — Richard C. Woodhouse remembers his education in the Manchester school system as a time when schooling was simple and problems like drugs and alcohol abuse didn't exist.

schools in Manchester in those days. For the most part, baseball, football and basketball were organized and played in one's neighborhood.

Four years were spent at Manchester High School, which is now the Bennet Apartments.

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Commentary

rode bicycles to school and not many students drove cars. The levels of instruction were only two, College or Business.

Again, the names of the teachers echo out of the past: Putnam, Kibbe, Wright, Estes, Low, McGuire, Emery, Kelly, Clarke, Potterton, Piper, Alibrio, Perry, Hartwell, and many others.

There are many differences between Manchester schools in the 1940's and the 1980's. We had bikes and no cars; the problems of drug and alcohol abuse did not exist; there were fewer student civil rights and certainly less pressure to perform and succeed.

The computer era had not yet begun. The cynicism that

values and morals of the adults of Manchester at that time, I suspect that in this regard nothing much has changed.

Richard C. Woodhouse is an attorney with offices in Manchester.

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Education

Education must be responsive to students

By Darryl Berenson

Education today reflects modern-day trends in American society. Schooling today has become more

social than educational. Lackadaisical efforts and attitudes are becoming predominant.

faced in years past. I can only wonder where those days have gone.

One major problem I find is that some teachers are trying to instill principles of the past in students.

Today, students are working more than ever. All of my friends go to school and, after school, go to work.

At the same time though, I think our school systems are trying harder than ever to help students.

This is not to say that teachers give too much homework, but they could use class time to its fullest to help students understand and benefit from course-re-

Commentary

lated work. The most productive time for schoolwork is in an educational environment like school.

In today's society, with students working, the majority of homework must be done in school.

Why? For the simple reason that I can. The requirements for graduation were met, and I didn't need to take all academic classes.

math class I would, and therefore, I would be prepared for what lies ahead for next year.

I feel it is true that students are learning less today than in the past.

One very basic, but noticeable problem I see, lies in curriculum requirements.

When I go to college next year, there's no way I'm going to remember algebra and geometry after a year off.

What educators must do is make motivation a top priority, in order to better educate students.

What educators must do is make motivation a top priority, in order to better educate students.

Darryl Berenson is a student at Manchester High School.



Reginald Potts/Manchester Herald

SPEAKS HIS MIND — Manchester High School senior Darryl Berenson says students today often juggle too much at once.

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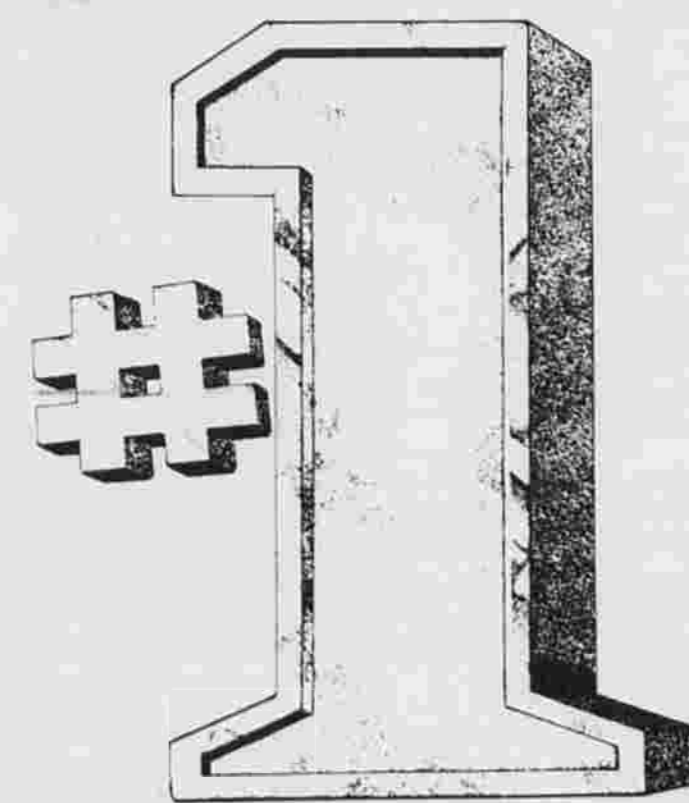
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1990

Education

Student makes issues palatable to his peers

By Matthew Kirshman
Manchester Herald

Matt Daube is affable before the group of students, joking with his cohort Niomi Munir and raising questions and concerns with the 30 or so students who comprise Learnpeace, a Manchester High School student organization "whose main focus," said Daube, "is educating ourselves and others."

Daube is also co-coordinator, along with Munir, of the school's chapter of Amnesty International, a group devoted to the release and/or humane treatment of political prisoners around the world.

Although Daube claims to have no special gifts, it is clear that, with a kind of humor reminding one of Monty Python, he helps make serious issues palatable to his peers.

Daube has been a member of Amnesty International for a year and Learnpeace for two years, since he moved here from Pittsfield, Mass., in 1987.

"I've always read the newspaper," he said. "And I didn't feel that there was a way at my old high school to get involved."

Neither Amnesty International nor Learnpeace is committed to a political agenda. And the members of the groups need not be especially knowledgeable in political affairs. "None of us are experts," said Matt.

What the students lack in expertise, they make up for in passion for improvement.

"These kids tend to be empathetic," said Bill Howie, advisor to the two groups and teacher at Manchester High School for 20 years. "It's not everybody who'll stay after school to talk about peace or write letters to get people out of prison."

Amnesty International is a grass-roots organization "founded on the idea of the common person being able to change the world," said Daube.

The group tries to improve the treatment of prisoners by writing letters to the governments that hold them, as well as other influential leaders. Every other week, students in Daube's group review an "Urgent Action" release, which outlines the circumstances surrounding the recent taking of a political prisoner.

Recent such releases have reviewed the takings of political prisoners in Columbia, South Africa and Tibet.

Letter writing, said Daube, "puts pressure on governments because they don't want bad publicity."

While Amnesty International is a concrete group, having set goals and a set organization, Learnpeace has an extremely loose structure, "more like an umbrella," said Daube.

Group members meet every other week to discuss social and political issues. Although individuals may have strong opinions, the group itself does not embody any political stand. The group is a forum in which students raise world-peace concerns for the sake of discussion, as an end in itself.

However, "We do feel free as a group to take a stand," said Howie. "We will if we feel that something happening calls for a stand."

Learnpeace is dedicated to keeping an open mind politically for there are always "enough opinions to have two sides," said Daube.

"People used to think that it was just hippies. It's not all people who just dislike (President) Bush," said Daube. There has even been "talk about having the Army (spokesmen) come in and sharing their vision of nuclear war and learning their opinions."

Learnpeace, however, is not all talk. Among some of the group's projects have been the implementation of a recycling program in the high school; a vigil held every Saturday on the town green to raise community awareness of peace as an issue; participation in the Yale conference on the nuclear age; and working with Habitats for Humanity, a group which tries to find housing for the poor. The group also has participated in a park cleanup, and sponsored political speakers from South

Africa and El Salvador. "Learnpeace encompasses quite a lot," said Daube. "So many people in this community are socially concerned. They just need a chance to show their care. Hopefully, people will still be concerned when they're older."

The experience of being a student activist has been rewarding for Daube despite the energy it requires. He described being busy all the time as "a lot of fun, almost exhilarating. But it's not like I'm alone. There're so many other active people, Niomi in particular."

His concerns, like his humor, remain grounded in day-to-day social situations. At Manchester High School, he is concerned that racism, sexism and homophobia are reinforced by silence and demeaning jokes.

"Both groups (Amnesty International and Learnpeace) are all white. That's something that upsets me," he said. "It's a hard thing to deal with. There aren't many minorities in my classes, so I don't really see the problem, but that's part of the problem."

While sexism is pervasive in bad jokes, homophobia, said Daube, "runs very deep in our society. It's a thing that a lot of people don't talk about. If you stick up for gay rights, you're automatically perceived as gay. Even a lot of people I know who are supposed to be progressive in their views are not so progressive when it comes to homosexuality."

"Matt's probably the only person in the school that I have ever met who has the courage to address it (homophobia)," said Howie. "That's integrity."



Reginald Piro/Manchester Herald

SOCIAL CONCERN — Matt Daube, a student at Manchester High School, speaks to a group of students about issues he thinks they should be concerned about. He is involved in Amnesty International and Learnpeace.

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Profile '90

Education & Health

SUBSTITUTE



By Nancy Pappas
Special to the Herald

Worries of being played the fool fade as classes slowly respond

sources: The first was reality-based. I wondered whether I'd be able to teach the material. After all, 19 years had passed since my solitary semester of practice teaching.

My second concern probably came out of my imagination. I didn't want to wind up like that teacher in the children's ditty, "Sink the sub."

Let's face it, substitute teaching has a bad reputation. Kids' books and songs make subs seem about as welcome as the flu. Your children tell horror stories about the strict ones, and titter about those who are glib.

In my six hours of substituting, I was probably both overly strict and terribly glib. The students seemed surprised at the minimal amount of cross-chatter and note passing which I tolerated during the vocabulary lessons. I assumed I could hold 16-year-olds to the same standards I'd expect from 7-year-old Brownie Scouts. That may not be an accurate assumption.

Thoughtful questions about the purpose of the Ku Klux Klan.

Curious questions about my status as a teacher.

Challenging stares. Notes passed from student to student. Students who could define a moratorium, but not a vacuum cleaner.

Students anxious to talk. Students who refused to speak, even when called upon.

Kids who seem to stare right through you. Kids who don't look up from their desks for the entire, 42-minute school period.

Tight leather mini-skirts, carefully ripped blue jeans, eraser-shaped hair sculptures and countless earrings jingling. These are among the images turning in my memory kaleidoscope after spending a day as a substitute teaching at Manchester High School.

I am generally willing to take on any challenge for a story. I have walked across ice floes on the frozen Ohio River. Presented a speech at the White House. Ridden with an all-night ambulance crew through inner-city neighborhoods.

But in 17 years, there has not been a single assignment which produced as much nervous anxiety as this one: Being asked to spend a day as a substitute teacher.

My anxieties were primarily from two



Most of the students accepted my classroom rules, once I'd learned that they needed to be explicitly outlined. But that didn't prevent a handful of students in each class from trying to pull the wool over my eyes.

The day I was substitute teaching, members of the senior class were being fitted for their graduation caps and gowns. Students were assigned times for their fittings, based upon the first letter in their last names. Students who forgot their assigned times, or who were busy with tests during their appointed periods, were permitted to go for fittings at their convenience.

Or at least that's what the students told me. As the ultimate excuse for legitimately getting out of class, it was used to great effect by some of my students. This was particularly troublesome in my two sections of

Continued on page 9C

Section C — Monday, April 30, 1990

APR

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1990

Education

Center serves students with special needs

Father's goal for son: "That he's a happy person"



Judy Harting/Manchester Herald



Judy Harting/Manchester Herald

By Rick Santos
Manchester Herald

For most 17-year-olds, the short walk around the schoolyard probably would have taken a couple of minutes. But for Jimmy Mistretta, it took about a half-hour, and every step was a challenge.

Mistretta has cerebral palsy. To make the walk around the school grounds, he needed the support of a walker and the guiding hands of Carolyn Moore, a special education aide who works at the Regional Occupational Training Center (ROTC). The school, nestled in the southwest corner of town at Wetherell Street and Hillstown Road, serves two types of students. There are those, like Mistretta,

whose disabilities make it difficult, if not impossible, to be taught in traditional schools. And there are others, called maladjusted, who for various reasons do not prosper in the regular school environment and often eventually drop out.

Because the students' situations vary, the school has programs to fit their needs depending on the level of their abilities, says ROTC Principal Jack Peak. The curriculum ranges from high-skilled vocational training to more basic learning skills, such as those taught to students whose problems are similar to Mistretta's.

Moving from classroom to classroom in his electric wheelchair, he studies reading, math, memory skills, computer skills, and business office skills. But his favorite activity

is following sports.

A one-time Boston Red Sox fan turned New York Yankee fan, Mistretta says he is optimistic about the Yanks chances this year, especially with the team's off-season acquisition of ace pitcher Pascual Perez.

Although he's not a huge basketball fan, he predicted the demise of the University of Connecticut men's basketball team in last month's NCAA tournament.

"I don't think they have the experience to go all the way," he said. "I just got caught up in it."

Jimmy's sense of humor is obvious. When he overheard Peak pointing out that a low-gear rule had been instituted as a result of numerous inci-

dent with the electric wheelchairs, he asked with a thoughtful smile, "Can't you change that rule?"

Later, when returning from the difficult walk around the school with Moore, he told her that he would soon need new sneakers. So naturally, she asked if the pair of high-tops he was wearing were worn out. He responded, "No, but they will be after a few more walks like this."

Mistretta's father Pat describes his son as shy with new people, but very personable once he gets to know someone.

"I think Jimmy is a special kid. He's a real fun person to be around. He's just a real nice guy," Pat said, adding that he wasn't saving so just because he's Jimmy's father.

Pat said he is very happy with Jimmy's education at ROTC, where he began going when he was 13.

"It made him feel real good about himself," he says. Before Jimmy went to ROTC, he was in a traditional school environment where he was frustrated because of the difficulties to learn.

"When it first started, we (he and wife Nancy) were definitely for

mainstreaming," he said, "but in his case getting into ROTC was definitely beneficial."

Now he is challenged with goals he can achieve, and school officials talk proudly of how Jimmy has learned to get his own tray and food in the cafeteria.

"They're doing a lot of things right over there," Pat says. "And I think it's great."

A large concentration of Jimmy's schooling is physical education.

Some of the activities include bowling, ice-ball, and a type of soccer in which a giant ball is bumped around while students maneuver around on their wheelchairs.

The most popular activity, however, is when the kids go to Manchester High School with ROTC physical education teacher Barry Bernstein and go swimming.

Jimmy enjoys it so much that he made it the topic of a story he submitted to the school newspaper. The article, which editors saw fit to place on the front page, ran with the headline "A Swimming Success."

Repeating his son's reaction to the suggestion, he said, "If I'm going to do something, I'm going to do it on my own. I don't need you Dad."

Pat says Jimmy would like to live someday on his own without full-time assistance. "That would be a goal," he said, but added, "I don't know if he can do that."

But what's even more important to Jimmy's father is how simple, "My highest hopes?" Pat asks. "That he's a happy person."

The cerebral palsy has impaired his vision and he is legally blind in one eye. His father doesn't know how well he can see the games, but is sure he knows what's going on.

Pat, who is athletic director at

Manchester Community College, has arranged for Jimmy to make several trips to Florida with the college baseball team.

Most recently he went with them last month.

Before the trip began, Jimmy said his hopes were that the Major League Baseball strike would have ended by then, so he could catch some exhibition games.

The strike did end, but whether or not to see any games is unknown.

But more important, he got to enjoy time spent with the MCC players.

Pat says, before the days when they would take a plane to Florida as they do now, Jimmy got a few chances to travel south with the team by bus.

"He loved that," his father said because he could spend even more time with the players.

He says that although his son is people oriented, he very much wants also to be independent.

For example, Pat says he has suggested to Jimmy that they might start a small business together, but has confronted an unwilling partner.

Repeating his son's reaction to the suggestion, he said, "If I'm going to do something, I'm going to do it on my own. I don't need you Dad."

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Judy Harting/Manchester Herald



Judy Harting/Manchester Herald

A DAY IN THE LIFE — Jimmy Mistretta is a student at Manchester's regional center. Like most youngsters his age, Jimmy has many interests, including baseball. At top right, he negotiates a school hallway in his wheelchair, at left he smiles, and at right, he is on the bus on his way to school.

Education



Reginald Pinos/Manchester Herald

FOR THE KIDS — Soccer coach Bill McCarthy stresses academics over sports but has still managed to compile an impressive record at Manchester High School.

Getting through to youngsters makes it worthwhile for coach

By Len Auster
Manchester Herald

What's more important, coaching or teaching?

To some, it may be a difficult question to answer. Not if you're Bill McCarthy, boys' varsity soccer coach and a history teacher at Manchester High School.

"Academics is what's most important," says McCarthy, a teacher and coach for 22 years. "I feel that's what is so special here at Manchester High School. We have coaches who are educators first. That's the way it should be, you bet."

McCarthy started his teaching career in the town of Bolton in the middle school. He taught special education there for five years before joining the Manchester school system. He continued teaching special education another 14 years before becoming a member of the history department three years ago.

The dual role as teacher/coach can be trying at times. "It's really tough to juggle your time," he said. "Thank God coaching is not year round in intensity. I couldn't do it all year round."

Teaching is No. 1. And you have to stay ahead of what's going on all the time. It's very important to be prepared in the classroom. You especially have to be prepared in the fall because soccer takes so much time."

His schedule in the fall isn't a walk in the park. The alarm goes off at 5 a.m., and McCarthy is in school by 7 a.m. "You make sure everything is organized so you can get through the regular day."

At 2:30 p.m., it's time to get ready for practice, which runs from 3:30 to 5 p.m. in season. "We (McCarthy and his assistant coaches Matt Walsh and Steve Howroyd) usually stick around a little bit after practice. I'd say I wander in at home around 6. And it's later when we have a game on the road."

McCarthy says keeping the home front in perspective is just as important. "With Dana and the kids (Ted

and Meg), you want to keep it in balance. You have to make time so they don't feel dad is away from a big part of the equation."

One thing that McCarthy never forgets is that education is the most important of his tasks. But that doesn't necessarily mean success on the field can't be just as important as in the classroom.

"To see a kid succeed and be successful academically, that's really important. But whether it's success in academics or athletics, both take hard work. The most important thing is they're doing it for themselves," McCarthy said.

McCarthy, 45, is a 1963 graduate of Manchester High School. He graduated from Eastern Connecticut State University in 1967 with a bachelor's degree in elementary education. He received his master's degree in special education from Central Connecticut State University in 1971.

His first taste in coaching came in Bolton where he was junior varsity basketball coach and junior varsity soccer coach. He was JV boys' soccer coach at Manchester High School for seven years before becoming the varsity coach in 1980.

McCarthy's varsity record at Manchester High is 119-98-18. His teams have won five league titles, one in the now defunct Central Connecticut Interscholastic League (1982) and four in the CCC East Division (1984, '85, '88 and '89). He's guided two teams (1983 and '88) into state Class LL championship games where the Indians took runner-up honors. The 1984 club made it to the state semifinals.

Manchester has been in postseason play in nine of McCarthy's 10 years.

He credits Dick Danielson, whom he succeeded as varsity soccer coach as the one who helped steer him into education.

"Dick took me to Eastern and introduced me to Fran Geisler, who was athletic director at the time," McCarthy said. "And my folks (William and Pauline McCarthy of

Manchester) were always interested in that my brother and I further our education. Dick was like the catalyst."

Danielson, Mary Faigant, and the late Dick Cobb helped McCarthy shape his coaching style. McCarthy was junior varsity softball coach with Faigant several years ago; Cobb was the high school's director of athletics.

"I learned a lot from Dick, playing for him and coaching with him. From Mary I learned you treat kids fairly and to always have an open door. And from Dick (Cobb) knowledge of the game and organization. And a caring for kids. That was something special with all three. A sincere love of kids. I picked that up from them."

One thing which McCarthy would like to rectify is the perception of the student-athlete. He says some of them have the idea that athletics comes first, and then academics.

"Kids unfortunately see it the other way around. They see it, read it all the time," McCarthy said. "They see it as athletics first and we have to convince them 'No, no, no'; academics comes first and the extracurricular activity is exactly that, extra."

Sometimes newspaper coverage gives the student-athlete the wrong ideas, McCarthy feels. Take the case of the University of Connecticut basketball team and head coach Jim Calhoun for example. The Huskies, and their accomplishments, are plastered all over the newspapers and on television constantly.

"You hardly ever see a professor's name in the paper. Who do you see in the paper? There are some tremendous teachers here at Manchester High, but just because you're a coach you get your name in the paper constantly."

"I think the most important thing in both teaching and coaching is contact with the kids. That's my biggest satisfaction. What's also satisfying is to see a light bulb go on (academically) or to see a good set played on the field. That's what makes it worth it."



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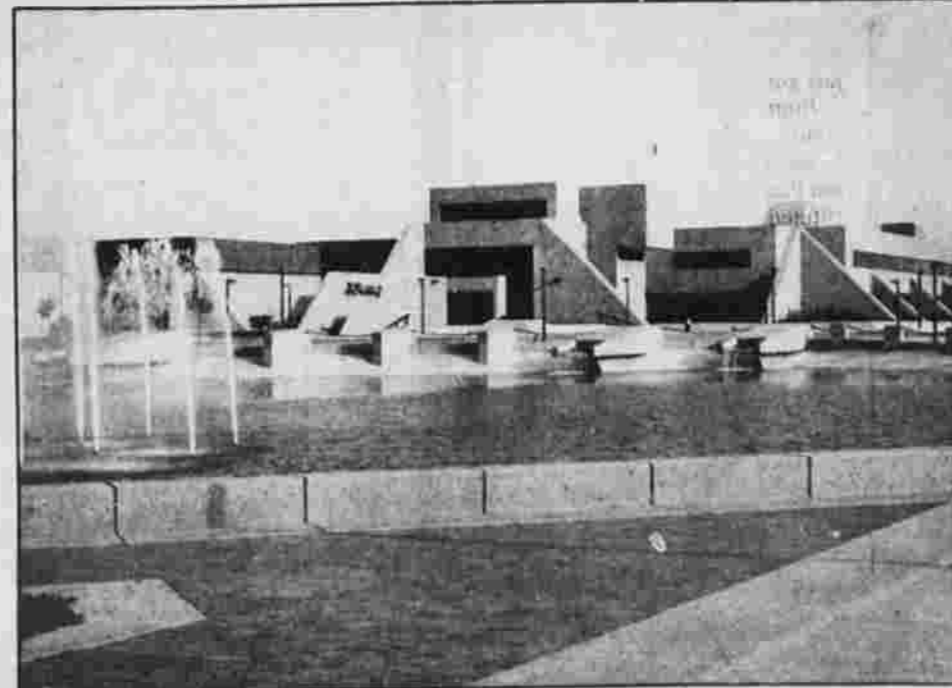
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1990

Education

Playing nurse a serious job for principals

By Andrew J. Davis
Manchester Herald

Douglas Townsend has no medical training. But Townsend must constantly perform the duties of a school nurse in addition to his duties as Verplank School principal. Verplank has only a part-time nurse. The Verplank School principal estimated he sees between 20 to 30 students a week, mainly students who have the flu, upset stomachs or other minor illnesses or injuries, jobs that normally are handled by a nurse. And while his prescription is usually simple, such as having a student rest for awhile or putting on a Band-Aid, it is a role he'd rather not take on.

"I'd really rather not do it," said Townsend. "I'd rather not, but the problem is there's no one else here to do it."

Verplank, which shares a nurse with Washington School, is one of the eight elementary schools without a full-time nurse. There are currently 16 schools in all, public and private schools in town, said Lynn Gustafson, head nurse for the schools. With the nurses split between 21 schools and school programs that means many administrators and other unqualified school officials are required to perform nursing duties.

That is why Gustafson, the Verplank PTA, the PTA Council, and Richard Cormier, director of pupil personnel services and special education, are among those who would like to add more school nurses.

In this year's school budget, which won't be finalized until May, there is a request for one additional nurse at a cost of \$25,330. Gustafson and Cormier said they hope to add two full-time nurses and one part-time nurse in the next two years at a cost of about \$51,000.

Townsend considers the proposal to add school nurses sound because he readily admits he does not have the training to make some of the decisions he makes. An in-school first-aid course taught by Gustafson in 1983 and some basic medical training in the Marines is the extent of Townsend's medical training.

"I don't like to think about it," Townsend said. "I don't like to think about it."

Dwyer's responsibilities are enormous. Not only does she have to help sick and injured students, she spends a day at the Porter Day Treatment Center program teaches classes on such topics as AIDS, drunk driving and personal hygiene. Townsend's duties are more varied. He is currently 6 3/5 elementary school nurses with Nathan Hale and Buckley schools having full-time nurses. Nathan Hale School has a full-time nurse because it has a more mobile population that requires more primary care than other schools, said Gustafson.

The other school nurses are shared by Robertson and St. Bridget schools, Waddell and Martin, Bowers and Cornerstone, St. James and Assumption. Keeney Street School has a nurse that works from 9:30 to 1:30 p.m. daily, while Gustafson splits her time between Highland Park, the Bentley Day Treatment Program, Martin and her administration duties.

Hilling Junior High School, Manchester High School, the Regional Occupational Training Center, East Catholic High School,



Patrick Flynn/Manchester Herald

A FRIENDLY FACE — Gail Hinchin, left, school nurse at Buckley School, is greeted with a smile from 9-year-old Migdalia Mercado. Buckley is one of two town elementary schools with a full-time nurse.

are required to make an assessment over the telephone and to travel back and forth from the schools.

"We want to make sure everyone is covered, (but) it's time that can be better spent," said Gustafson. "It's not a productive system," said Cormier.

And with nurses on the road part of the day, that often leaves a school with a principal in charge of medical problems. That's an unpleasant position to be in considering none of the school principals have any substantial medical training while school nurses have extensive training, according to Gustafson.

School nurses must be registered nurses, have at least a year of working experience within the last five years, have 12 hours of academic credits or related experience beyond basic training, take 10 hours of continuing education courses every two years, have a baccalaureate degree (preferably in nursing), and have certification from a nationally recognized professional organization, according to state statute.

And only three of the current elementary school principals — Townsend, Timbrell and Ray Gardner, principal of Washington School — attended the basic first-aid course Gustafson taught in 1983. She said there is a proposal to have principals take an emergency medical response course on a yearly basis but no decision has been made.

Two of the principals, Townsend and Meisner, said principals could use training in such things as CPR and first-aid. Timbrell said he does not think it is needed.

"If we're going to continue to be in this (situation), it should be updated," said Townsend.

For now, Townsend and other staff members spend a lot of their time playing nurse. In fact, knowing that he spent a lot of his time with sick and injured students, Townsend requested that a door be made in a wall connecting the main school office and the nurse's office during the school's recent renovations.

"I hope this would be something we can fit into the budget," he said. "It's something we really backed into and found ourselves in."

and the head start program have full-time nurses.

With so many nurses splitting time between schools, Gustafson

said nurses spend too much time on the road. They spend the morning at one school and the afternoon at another, and, in an emergency, they

to justify."

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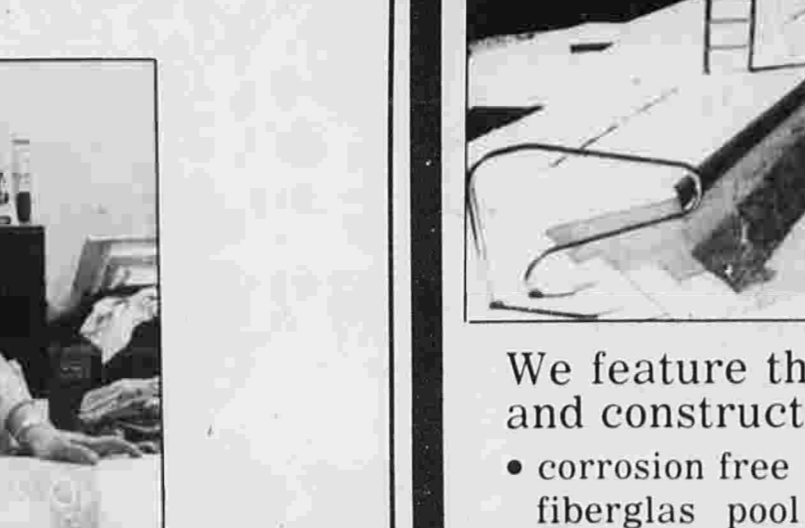
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Education

Head Start's charge: make negatives into positives

By Jacqueline Bennett
Manchester Herald

Iris Rouleau has the knack of turning "no's" into "yesses," say those who work for the Head Start director.

"The luckiest thing we ever had happen was to get Iris. She doesn't give up. She doesn't take 'no' for an answer. She really fights for the program," said Ann Messacer, one of the five staff teachers for Head Start.

Rouleau agreed. "I won't take 'no' for an answer," said Rouleau, 36.

There was the time when Rouleau wanted to get a computer for Head Start youngsters through a program sponsored by the Stop & Shop grocery store. It rewards schools that accumulate enough register receipts with computers.

But Rouleau discovered Head Start wasn't eligible to participate, so she convinced an administrator to funnel the computer to Head Start through a town school. Since Rouleau had collected the \$85,000 worth of needed receipts.

Turning negatives into positives is in part what Head Start is about. The federally funded pre-school program is for children age 3 to 5 from low income families. For example a family of two can have a maximum income of \$8,020, a family of four \$12,100.

Currently there is a 100 student limit, with 40 on a waiting list. This year 25 percent of the students are special education children integrated into regular classes, Rouleau said.

Often the youngsters have had it tough. They come from homes with divorced or young single parents, inadequate nutrition, health care, and inadequate developmental supervision, clothing or cultural exposure, Rouleau said.

"Some come from a very stressful situation, making it hard to concentrate on any positives," said Jean Thompson, another teacher.

Head Start tries to turn that around.

It can begin in the simplest ways, Rouleau explained. Like a child that spills a drink — instead of focusing on the spill the focus is on the

child's ability to clean it up. That builds self-esteem, she said.

Rouleau took over the position in August.

Her staff has high words of her performance. "Caring," "involved," "lots of follow through," she comes from the classroom and understands our needs" were among the comments.

Rouleau is bilingual, fluent in Spanish as well as English. She is originally from New York and graduated from Hunter College in 1973 with a bachelor's degree in speech pathology and audiology, and psychology. Rouleau has a master's degree in special education from the University of Hartford and another master's in computers in education from UofH.

She lives with her husband Leo, a Pratt and Whitney employee, and their children Monica, 9, and Richard, 14, in Manchester.

"I took the job because I always wanted to work in my town to give something to my town," Rouleau said of her director's spot.

Education objectives include teaching language development skills, sequencing, how to share, good manners, listening, and paying attention. The children also learn about the senses, transportation and community workers like police and firefighters.

A day usually runs from 8:30 a.m. to 12:30 p.m. and as required under federal guidelines children have breakfast and lunch "family style."

That allows the teaching of table skills, proper etiquette and conversation.

Rouleau admits much of what children learn today in preschool used to be taught at home.

"Years ago, the woman was at home," Rouleau said.

Health is another component of Head Start. Virginia Drapeau is the program nurse who helps teach things like good eating habits.

"I can also act as an advocate," Drapeau said, helping parents find proper medical or dental care.

Drapeau often accompanies a teacher on home visits which she can help identify "high risk" families — possibly uncovering

"I've been where they are," Einfeldt said.

Parent involvement is expected but can't be forced, she said. So Einfeldt sells the positives of involvement like educational opportunities for parents they would have to pay for elsewhere. Programs include high school diploma equivalency classes, workshops on budgeting, nutrition, child development, parenting skills, appearance, exercise and personal hygiene.

There is also a parent volunteer program with 25 parents as in-class volunteers, Rouleau said.

The Policy Committee, similar to a Board of Education, consists of ten parent volunteers and two representatives of the town human services department. It has final say on proposals, policies, hiring and firing, said Rouleau.

The other components of Head Start which began in 1960 are education, health and social services.

"No, no, no, not ABC's — this is pre-school," says Rouleau.

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potential abuse or whether a family needs food. Two staff people always go on home visits which sometimes may be hostile, they said.

The home also can be a more comfortable environment for parents to open up, they added.

Social services, the other component, is to acquaint parents with what services are available in the community and to help them about knowing their rights.

Rouleau has held a number of positions over the years, all working with or for children.

"I'll be kids. I love the kids," she said.



Patrick Flynn/Manchester Herald

GETTING READY — Iris Rouleau, director of the town's Head Start program, talks to Kimberly Kristoff, 3, at the Robertson School. Turning negatives into positives is what Head Start is all about, says Rouleau.

essential, she said, because without those skills they are off to a shaky start.

"It's like building a skyscraper on sand and expecting it to stand up," Rouleau said.

Health is another component of Head Start. Virginia Drapeau is the program nurse who helps teach things like good eating habits.

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Rouleau says critical needs are more money and more space.

And if you were to ask her staff, they would say if anybody can get the job done, it's Rouleau.

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Education

Union head promotes teacher professionalism

By Rick Santos
Manchester Herald

Valerie Sady has just finished an interview with a newspaper reporter. She stands up, takes a short walk around her Broad Street office, and sits down again with another reporter who has taken over the chair occupied by the first.

Sady says she's sorry for being difficult to lasso for an interview. Then, by way of explanation, she whips open a spiral-bound appointment book and turns to a page which is chock full of meetings with fellow teachers, school officials, and anyone else imaginable.

The hectic schedule comes with the office, which in Sady's case is president of the Manchester Education Association.

The MEA, or local teachers' union, however, will lose her at the end of June when she concludes her second one-year term as president.

Leaving the post, she says, will afford her some time, so she can become more involved with another interest, the development of math curricula. Another reason she offers for her departure is to give someone else a chance at the job.

"I feel I should probably give somebody else the opportunity for the excitement and the challenge," she said.

One of those exciting challenges is the opportunity to become involved in contract negotiations, something Sady said helped her gain interest in the union presidency while serving as a building representative to the association and member of its executive board.

She said she became involved in the union because of her experience and a sense of responsibility.

"We don't have any children, so I do have more time to give to the association," she said, and then added emphatically, "also, it was my duty and privilege."



ON THE JOB — Valerie Sady is a classroom teacher as well as being head of the Manchester Education Association. She works at the Keeney Street School.

The 549 members of the MEA will enjoy the fruits of Day's labor — specifically a contract that will provide teachers with a salary hike of about 20 percent during the next three years.

Of course Sady didn't do it alone, and she's the first to admit it. The MEA is highly structured and has other officers who help in settling contract negotiations.

Also, the group, which is a member organization of the Connecticut Education Association and the Na-

tional Education Association, is tied in to a system that provides Manchester, Vernon, and East Hartford with a full-time representative. The position is held by a former school teacher named John McCormick.

About McCormick, Sady says, "he knows our contract by heart."

And he's not the only one, for it is probably the most controversial topic related to education here.

MEA's guidelines permit the teacher to settle the issue with the principal without outside assistance.

However, if an agreeable solution is not reached, then the association will offer assistance to the teacher who would then submit a written, formal grievance claim to the principal. The principal then has 10 days to respond to the claim.

If the response does not satisfy the teacher or it is not issued within the 10-day limit, then the grievance is brought to the superintendent of schools. If not settled at that level, it is filed with the Board of Education, and if the board's decision is not deemed satisfactory, then the final option is to let the situation be resolved by an impartial arbitrator.

Sady says the process has been used infrequently — less than 10 times — during her presidency.

And because the association exists for teachers, "at no time during the process does the association do anything against the wishes of the staff member."

And the confidentiality with such matters is revered with such respect that Sady, as MEA president, cannot research any cases which occurred before her presidency. Although this provision makes it difficult to verify any past incidents regarding a teacher or principal, she supports the

rule because of the protection it provides to teachers who may fear any repercussions for registering complaints.

"I think the staff is very secure," she says.

Although Sady is leaving her post in about two months, she has no immediate plans of leaving education or Manchester. At 46, she says she is very happy teaching the sixth-grade at Keeney Street School.

So it makes sense that her concerns about the future of public education are as serious as ever. In the midst of worries about the possible consequences of cutbacks in funding for education, Sady is heartened by increasingly stringent requirements for those attempting to become teachers.

"It's good for the profession," she says because tougher requirements will yield certified teachers who have better skills and will help to eliminate those prospective teachers who are interested in the field because of increased salaries and benefits.

"Now that the money's there," she says, "we want to be attracting the people who want to be in education."

Sady, who has been teaching for 25 years herself, said her comments do not mean teachers were less skilled before the tougher standards were imposed. Rather, she says the money was so bad that only the most devoted instructors would teach.

In those days, when she began her career in Westfield, Mass., Sady said she never dreamed of becoming president of a teachers' association.

Today she says, "it's an experience I will never regret."

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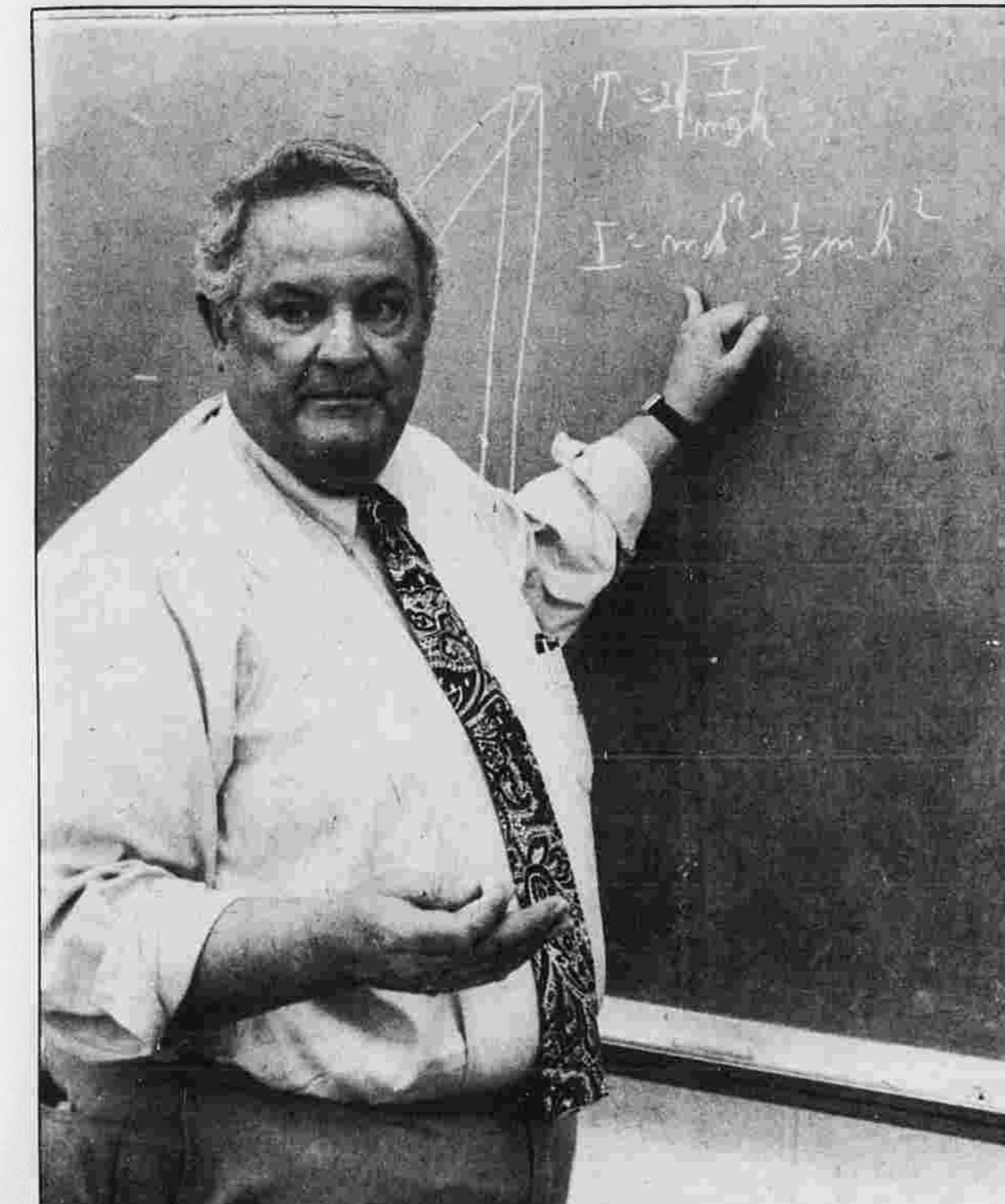
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Education

Teaching kids about choosing the right options



THE QUESTIONS — Earl L. Carlyon at the chalkboard in his classroom at Manchester High School. Carlyon says that even in teaching a physics class one can ask "why" and "what if."

Every pancake has two sides and other important lessons

By Earl L. Carlyon

At school we learned to read, write, calculate and parse. Everyday we pledged allegiance to our country, said a prayer to our God and subjected ourselves to the teacher for an inspection to confirm our personal hygiene. Mostly, however, school was a chore that I did not because of some innate love or drive to learn, but because it was the right thing to do.

In my town, high school graduates had three choices: go to work in the mill, join the armed forces, or, for a select few, go to college. In most cases, therefore, the important things were not so much the facts you'd learned in school, but whether you showed up at your work or military base punctually, did what you were told to do without asking too many questions and showed the proper respect for authority. One could do these three things — and little else — and be accepted, integral part of society.

My town, however, was not idyllic. We had some people, mostly men it seemed, who drank too much and did damage to themselves or their kin. And, sadly, we sometimes had good, gentle people who just broke down; but they were always cared for by their family.

In short, I grew up in a time when the correct decision was reasonably obvious and the pressure to conform was pervasive. It was a simpler

time; when one did what one did because it was the right thing to do. Upon finishing high school, each of the four Carlyon boys joined the armed forces. After my discharge, and as a result of the G.I. Bill, I enrolled at Louisiana Polytechnic Institute, graduating four years later with a B.S. in science education.

Thus, in September 1959, I moved to Perry, New York, and began my teaching career. This high school in a small, rural mill town in upstate New York, while 1,500 miles from my home in Louisiana, was actually very similar in philosophy and expectations to the school from which I had graduated less than ten years earlier. The teachers were expected to present the required material and drill the students until they acquired mastery of the subject. The students were expected to learn the material. Usually discipline wasn't a problem. Any student — whether first grader or senior — sent to the principal for disciplinary reasons could expect to be spanked with the "Board of Education" in front of witnesses. Furthermore, it was a pretty good bet that the child would get a second spanking at home that night from his parents.

The phenomenon of dropping out of school was not unusual and was not considered a big problem. There was serious business going on in a classroom and if one wasn't going to participate in order to benefit from these activities, then perhaps the non-student was better off out of the classroom. With the mills and farms always clamoring for more workers, the non-student was not encouraged to stay in school if he didn't want to be there.

While this was not in the best long-term interest of the students who dropped out, it did appear to have advantages for the teachers and taxpayers. The teacher could go about presenting the material, secure in the knowledge that his students were taking place in the classroom.

After four very pleasant years at Perry, I left to become a college professor and then businessman for the next 22 years. In 1985, tiring of the constant travel that kept me away from my growing family, I resigned my position with an international consulting firm and returned to teaching, accepting a position at Manchester High School.

Although I had been out of the high school classroom for over a generation and expected a change, I was not prepared for the fundamental revisions that had taken place in our society as reflected in our classrooms. Life was simple no longer.

We live today in a time when the choices, options, opportunities and pressure on our school children are so many, diverse and contradictory that it is considerably more difficult for our society to provide clear guidelines to these youngsters. In addition, the pressure on parents to secure a living and the cost to obtain that living has strained and broken the bond of many of the children in our classrooms. Consequently, these boys and girls are tempted and betrayed by transient pleasures, denied a clear vision of the path to a wholesome life, frustrated by the

real obstacles to meaningful employment, and in some cases, denied a belief that a productive life is possible. All this they must cope with while often being bereft of the love and counsel that was the hallmark of my generation.

What this means to our educational system can be clearly seen today in every one of our schools, of which Manchester is certainly representative. Walk the halls, look into classrooms, talk to teachers and students and listen carefully. You'll observe many students who continue to come from good homes, possessed of high ideals and blessed with the strength gained from loving acceptance and good familial guidance. Distressingly often, however, you'll also observe:

- The influence of drugs and alcohol in the classroom.
- One very rare occasion, even a weapon in the hallway.
- Young teen-age girls pregnant with child.
- Students who appear totally apathetic to their surroundings.
- Bigotry and bias that at times appear to permeate the population.
- Students who are traumatized by their perception of the demands of the adult world.

These issues, in addition to the traditional academic disciplines of language, mathematics, science and social studies must be dealt with by today's teachers.

Since our students are exposed to more options, we must teach them how to make good choices. This involves the development of thinking skills and experiences in resolving problems. These skills fall within the purview of education, and of

developing the powers of reasoning and judgment. Even in a physics class, supposedly rigidly controlled by uncompromising equations, one can still constantly ask, "Why?" "What happens if ...?" "Give me another consequence of ..."

In mechanics we learn the physical relationship between a car's speed, the friction between the tires and road, and the stopping distance. Once this particular knowledge is learned, the teacher must ask, "Now describe, in your own words, the effect that alcohol would have on both reaction time and stopping distance."

Not once, but day after day, must teachers ask these questions of "why" and "what if" thus continually exposing the students to the other side of the pancake and focusing his or her attention on the consequence of all actions, responsible or not.

The most important issue in public education today, in my opinion, is that of intrinsic, individual self-worth which is born from the acceptance of personal responsibility. Our students must be helped to understand, accept and rejoice in the knowledge that they — individually and collectively — possess inherent value and merit that makes them special. While hard work, continuing change, occasional frustration — even at times, desperation — are the lot of all of us, each and every one of us is an integral member of our societal family, with important contributions to make. This is not easy to teach.

Earl L. Carlyon is a physics teacher at Manchester High School.

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1990

Education

Teacher recalls more innocent days

By George A. Potterton

I've been asked to write an article about the earlier school system of Manchester. First, some brief background information concerning myself — I am a native of Manchester, having been born in a house on Foster Street in 1912. I have resided here all my life except for four years that I spent at UConn, and two years that I taught at Canaan High School — which, for me, was a truly beneficial introduction to teaching. I believe my two years at Canaan gave me a valuable prologue to becoming a good teacher. I taught for 33 years in Manchester, finishing my career with a total of 35 years. I retired in June 1971, having been head of the Science Department for my final five years.

The Science Department consisted of seven members at that time. There were only five in the department when I came to Manchester High School in 1938.

It was fairly easy to settle into the routine of classes and the school, and the faculty participation at Manchester High School. The student body was well behaved, cooperative, and friendly; discipline problems were at a minimum. The excellent reputation enjoyed by Manchester High was the result of the high organizational abilities and interest in the teachers and students by Principal Edson Bailey and Vice-Principal Chester Robinson. Superintendent Arthur Biling had a personal interest in all of the schools of Manchester. In addition to a good teaching faculty at Manchester High, the school provided excellent coaching of the athletic teams and other student activities — all of which provided the student body with an environment for education; and, they, for the most part, responded fittingly.

The early years of World War II had little effect on the high school, but the state of Connecticut was a supplier of war materials. Business was booming and students over sixteen years found it easy to get jobs — and, of course, student interests in studying dropped slightly. Teachers found it a little more difficult to keep the slower learners (or under-achievers) interested in learning.

After Dec. 7, 1941, when the United States really became involved in World War II, the draft had a definite influence on students 18 and older. A few young men were drafted, and several high school boys volunteered into the Navy or other branches of the services. Rationing became a factor in many of our homes, and almost no high school seniors drove cars to school, because of the scarcity of gasoline rationing stamps. Kids were too busy to think about drugs or alcohol.

Most of the eligible male teachers at the high school had gone into the services. Perhaps I became an example of the very few men teachers who were deferred. I was the only male high school teacher in the Barnard building. Although I received notifications to report for induction, Mr. Bailey continued to have me

deferred. Later, in 1944, however, I went to New York to volunteer in the Navy for officers training, but was rejected.

We had no major disciplinary problems, and the minor ones were only aggravations. If any situations seemed to be getting out of control, the lady teachers would call for me. All serious infractions, which were few in number, were taken care of by Mr. Robinson, vice-principal.

In January 1942, the town of Manchester was divided into several sections with air-raid wardens in charge of setting up air-raid defenses. I was assigned to the North End as an air-raid warden. Several of the Manchester teachers volunteered to rotate night hours at the Bolton Center for night spotting of enemy aircraft. "War time" was started on Feb. 9, 1942, with our clocks set ahead for one hour. Blackouts became a common occurrence. On Sept. 22, an air-raid siren for warning was installed on our house-top. In addition to other war preparedness, Hyatt Sullivan was given a temporary leave of absence from his administrative job at the Junior High School (then the Hollister Street School) to head the town's rationing board; I worked on sugar rationing, and other teachers worked in positions such as gasoline rationing. With all these trying conditions, the townspeople, teachers, and the students became serious about the war effort. To shorten a longer story, let's be reminded that World War II ended in 1945.

During the summers of 1946-51, I was a field supervisor for a tobacco plantation, having charge of from 50 to 80 boys and girls who worked on shade grown tobacco. Many of those kids were from lower-income families and were often obnoxious. Those who were better workers. In those five years, in spite of the fact that the tobacco companies hired laborers for heavy lifting who might be called "winos" (alcoholics selected daily from the no longer existing Front Street neighborhood of Hartford), I was never confronted with any kid with a problem of alcohol. Drugs were not known or thought about.

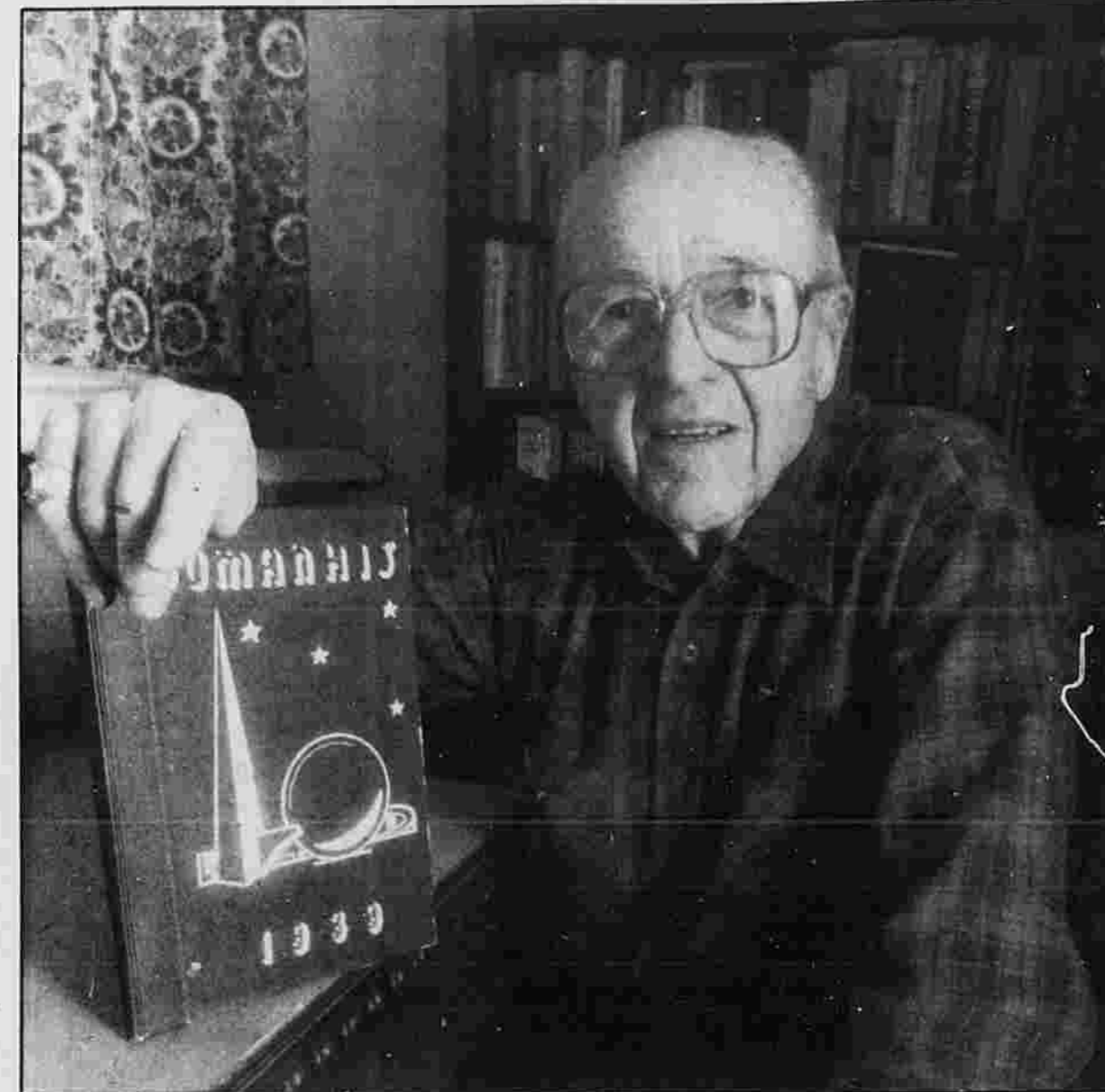
Manchester High School always seemed to have had an abundance of students. When I started as a full-time teacher in 1938-39, the high school occupied four buildings: the large handsome building on the west side of Main Street, the Franklin Building across the street, the Barnard Building (east of Franklin), and the so-called East Side Recreation Building on School Street — later used for physical education classes.

We also had half-year progression with graduations at mid-year and June. It might be interesting to note that Gil Hunt, who later became head of the English Department at the high school, was president of the 1939A class, and Joe Busky, who later became head of the Industrial Arts Department, was an honor student of the 1939B class. Orlando Arnall was also an honor student of that class.

In 1939 there were 45 teachers, including administrators. (In 1937, there were 93). There were many

extracurricular activities: 14 clubs, 8 boys athletic teams, 3 girls teams, and 20 activity clubs, each with a faculty adviser. For several years, the surrounding towns of Bolton, Coventry, and South Windsor had no high schools of their own, and Manchester accepted tuition students from them. Gradually, each town built its own high school, and Manchester no longer needed to provide for them.

Long-time teacher — George A. Potterton holds a 1939 yearbook, the first year he taught at Manchester High School. He is now retired.



Patrick Flynn/Manchester Herald

1956 was the last year at the high school. When we moved into the new building the next year, we experienced some difficulties because all of the equipment had not been installed (this was especially true in the science lab). The seventh and eighth grades were also housed in the new school. During the first four years in the high school, the faculty grew from 93 to 116 members. There never had been a great turnover in the staff; Manchester was a good town in which to teach — we just seemed to add new members as needed. Graduation exercises were now held in the Bailey Auditorium. We no longer needed to use the

State Theater. Manchester Community College had its formal opening in 1963 with most of its classes at the new buildings in the southwest area of the town. Most of the community college classes were held after the high school classes had ended for the day. This was especially true for the biology, chemistry, and physics classes which required laboratory facilities. In 1964, Manchester Community College was accepted into the American Association of Junior Colleges.

Manchester High School always had had an administration and faculty who were looking for improvement. Many teachers and administrators were taking refresher courses at several nearby schools: UConn, Trinity, Wesleyan, UoHt, Central Connecticut, and others. During the time of the opening of the new high school, we had the usual problems of absenteeism and tardiness, some disciplinary problems — mostly those of student smoking, which seemed to be the more serious ones. After a period of

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Education

Sub found isolation, routines unnerving

Continued from page 1

persuasive writing, where juniors and seniors are mixed together. There was no indication on the seating plan as to which students were in the 11th grade and which in the 12th.

The scam didn't occur to me until the final academic period of the day. By that time I had probably helped a dozen juniors to skip a half-period of work while roaming the halls, giggling about the dumb sub.

But problems were minor, compared with the rewards from getting a successful class discussion launched. Two classes were in the midst of viewing a film called "Murder in Mississippi," about the murder of three northern college students who were helping black adults register to vote.

The day's film clip had some powerful, dramatic, and rather controversial scenes. It showed, among other things, a Baptist preacher exhorting the virtues of segregation to a church filled with men in Ku Klux Klan garb; a gang of teen-age row-

dies harassing a young woman in a laundromat for her involvement with the voter registration movement; the decision of the young woman to leave her boyfriend and the project for the safety of New York; and the eventual registration of the first black voter in more than 50 years.

The students were completely quiet and attentive during the video presentation. It gave me the opportunity to wonder whether these teens would discuss any of these issues with me, an outsider. We had no history together, no built-up trust.

But my concerns were unnecessary. Class discussion was lively, ranging from the structure and purpose of the Ku Klux Klan to the treatment of blacks in the North. With a mixture of white, black and Oriental youngsters in the class, students shared personal incidents and perspectives. These two junior English classes were certainly the high points of my teaching day.

Even regular teachers have problems. Substitute teaching for a day gave me an appreciation of the rather difficult circumstances under which all high school teachers labor. Things that most of the professional work force takes for granted — like companions, coffee, lunch or desks — are not routinely available to our secondary school teachers.

At Manchester High, wretched coffee is dispensed, in minute quantities, from a vending machine located in the teachers' lounge, which may be as much as a quarter-mile walk, round trip, from a given classroom. If you're a caffeine addict like myself, you'll jog this distance in the few minutes allowed between classes. I'll never again take for granted the ability to stroll over to the newsroom coffee pot whenever I wish.

Public school teachers at all levels eat lunch when they're assigned rather than when they're hungry. Eventually, I suppose, your stomach is trained to growl at the proper time. I, on the other hand, was too nervous to eat much breakfast on the morning that I substitute taught. The schedule calls for a very short lunch

and my stomach began making dreadfully impolite noises about an hour before that.

In an effort to make maximum use of each class, teachers have no "home base" or home classroom. The teachers roam from room to room, presenting their five academic courses in various locations.

The reasoning is logical: Every room can be used for the full eight periods of the day. When one teacher leaves for lunch, or to proctor a study hall, another moves in. But this means that teachers can't set up mini-libraries or displays on counters and bulletin boards; it also means that the teacher's free period can't be spent setting up a lesson in his/her classroom, because someone else is teaching in that room at that time.

Teachers are assigned a portion of a desk, also located in a shared classroom. As English Department head Cheryl Jaimal points out, whenever she's free to work on something in her curriculum files, someone else is in the classroom, teaching a lesson.

Like all new substitute teachers, I had to conquer a few of the school's administrative details before I could even think about entering a classroom. I found this task quite intimidating.

Step one: Find the secretary who has my class assignment.

Step two: Retrieve the seating charts and any pertinent memos — on assignments or curriculum — from the mailbox of the teacher for whom I'm filling in. In my case, there was a mailbox full of material, but none of it for me.

Step three: Make connections with the department head or some other willing guide. She will explain the intricacies of the modern, computerized attendance system, and might even find the seating charts and lesson plans.

The weekly attendance sheets presented the day's greatest challenge. Each is covered with a grid of tiny "bubbles" for every student and every day, and there's one for every class. Part of it was obvious. You were to color in the jellybean corresponding with "absent" or "tardy" for any student who wasn't in class with the bell ring. If a student who's been marked absent walks in late, you've only got to erase one mark and make another Right?

Wrong. Jaimal explained that the computer reads even the erased marks. So, after you erase, you create a mark where there's no bubble. Known around the school as "the phantom bubble," Jaimal explained that it would trick the computer into marking the student present.

As if this were not confusing enough, the names and days aren't always lined up perfectly. So it's easy to mark the wrong person absent or tardy; a number of unex-



Patrick Flynn/Manchester Herald

pected absences from a class, and the student could wind up in deep trouble.

In looking back at Day One of substituting, I realize that most of my problems stem from inexperience, rather than from the substitute teaching itself. After you're familiar with a school and its routine, it's bound to be a lot easier to simply come in and teach.

But I've done temporary work before, as a secretary, cashier, writer and editor. And there are significant differences between substitute teaching and any other type of fill-in work I've done.

The most dramatic difference is the isolation. You're in a classroom with students who expect you to perform. Your supervisor is nowhere in sight. There's no chance to put the class on hold and ask the person in the next room how to solve a particular dilemma. You're there on your own.

Because you're working alone, you lack not only the help but also the camaraderie that's basic to any of the other temporary jobs I've done.

But the fun and the challenge is clearly in capturing the attention of each of the five classes. The same material may go over well with one group, then bomb with the next. As a substitute teacher, you don't know the dynamics of particular classes, so you've just got to wing it.

After substituting, this novice headed home with sore feet, a hoarse throat, and a far greater appreciation of what teachers face daily. I sincerely doubt that the school board will be calling me back anytime soon, but if they did, I believe that I'd try it again.

Lack of benefits, respect bothers regular substitute

When people hear that Debbie Stence of Manchester is a substitute teacher, their comments are frequently quite unkind. "People simply don't regard you as a professional. Here's what I hear. 'Oh, you're just a sub,' or 'Why aren't you a real teacher yet?'" says Stence, 41. "They don't realize that we are real teachers."

Every day, between 15 and 40 substitute teachers are working in Manchester, according to Dr. Wilson Dearkin, Manchester's assistant superintendent for personnel. They fill in for absent members of the school's teaching faculty, which numbers approximately 400.

Stence is one of about 200 approved substitute teachers. Dearkin said. These subs receive a base pay of \$50 per day according to Dearkin. Those who work more than 10 consecutive days for the same teacher are bumped up to \$65 per day, and then receive gradual increases worth up to \$10 per day. "That takes almost a full semester," Dearkin says.

Unfortunately, no matter how long you substitute teach, the town doesn't pay for any health benefits, said Stence. She works regularly at Manchester High School, but also has a 20-hour-per-week job at the Pavilion at Buckland Hills, so she can have health

benefits. That's one of many reasons why Stence would prefer a full-time job position. "The money would be more regular, and there would be the benefits," Stence said. "But most of all, you'd have the chance to really invest in the kids."

About 2/5 of the system's substitute teachers are waiting to find a full-time teaching position, said Dearkin. The other 3/5 are people who find substituting a convenient source of revenue. Some substitute after being away from teaching for a period of years, often while raising children.

Although Stence is a certified teacher, Dearkin says that a certificate is not necessary to substitute. A person need only be a United States citizen and a college graduate, he said. No teaching workshops are required.

Even though they're not a requirement, Stence would like to see substitute teachers invited to workshops and professional development days; she would also like to set up a substitute support group with a facilitator. "If substitute teachers would take themselves more seriously, then more people would probably regard us as 'real teachers,'" she said.

Manchester is a substitute teacher, their comments are frequently quite unkind. "People simply don't regard you as a professional. Here's what I hear. 'Oh, you're just a sub,' or 'Why aren't you a real teacher yet?'" says Stence, 41. "They don't realize that we are real teachers."

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Education

Adult school serves two distinct clienteles

Some go back to finish degree, others pursue interests for fun; all are serious — no clowning

By Jacqueline Bonnett
Manchester Herald

Painted in white face with exaggerated eyebrows and geometric spaces left clean for the addition of color paint, twelve students sit, mirrors in hand, looking just like their instructor.

It is a Tuesday night at Manchester High School. Brian Reed, a full-time clown, is giving a lesson in clown makeup as part of a class he teaches for the Manchester Adult Evening School.

Students carefully apply makeup to themselves exactly as Reed does to himself.

"I've taken many adult evening classes. In the past they have always been educational. I decided this time, instead, I wanted to learn to play," said East Hartford resident Janice Mahan.

Others say it is "good therapy," and "a reason to be silly."

Reed said he is offering the class because, "there is a need for clowns who have skills, not just wear makeup." In class he teaches other skills like juggling.

"There is also child development and psychology involved, learning to think like a child, trying not to be above or below them," Reed said.

Mahan agrees the class has helped her better relate to her nieces and nephews, she said.

Educational opportunities for adults abound through both the Adult Evening School and Adult Basic Education, separate programs serving different purposes.

The Adult Evening School offers educational enhancement through classes in special interests, job training, and recreation.

Adult Basic Education is an alternative program for high school dropouts to get either a general education equivalency degree (GED) or a credit diploma. Basic life skills and English as a second language are also taught. It is a regional program with centers in a number of towns, including Benet Junior High in Manchester.

During a visit to Manchester High School numerous classes are going on. They include computer training, typing, automotive maintenance, creative writing, photography, painting, cooking, clowning, and a variety of crafts, and are just a sampling of classes offered Monday, Tuesday and Wednesday nights.

There are fall and spring sessions with an average enrollment of about 1,000 students per session this year, according to program director Pat Reading. Residents pay \$15 per class, non-residents \$20. Workshops cost residents \$10 and non-residents \$12. Town senior citizens can take one class per session free. Classes are non-credit and not graded.

This year's budget is \$22,000, partly reimbursed by the state Department of Education, Reading said. Teachers earn \$15 per hour and do not have to be certified teachers, but do need knowledge and ability in the area they teach.

Currently there are about 60 teachers on staff but more are needed. Reading, who took over the program this year, noted that the wants to expand it and add more substance. Reading would like to offer classes such as health education in AIDS and sexually transmitted diseases for parents, and family communication skills.

Students cite different reasons for being there.

Three years ago, Manchester resi-

dent David Mandell, 46, had a heart attack. To fill his recuperation time and for relaxation Mandell took Joseph DeLorge's painting class.

Mandell liked it so much and did so well, even selling some paintings, that now he attends for the enjoyment of helping DeLorge with instructing.

DeLorge, a popular instructor, also teaches Chinese cooking. By day he is a courier at Manchester Memorial Hospital. DeLorge himself took up painting seven years ago after a heart attack.

He teaches because he enjoys the contact with the people and the reward of helping someone without any painting skills move from a blank canvas to brush strokes that create majestic mountains.

In his class, DeLorge teaches basic principles like perspective. An initial investment in oil paint and an easel averages around \$100. The big savings, DeLorge notes, are in the cost of instruction.

For others like Michael Palleschi, 38, of Manchester, there are classes to help on the job. Palleschi is the only man in a Typing II class of about a dozen.

Palleschi said he took Typing I and II to improve his proficiency at a word processor keyboard he uses in his job at The Travelers Insurance Co. And he admits he doesn't mind being surrounded by all those women.

Reading notes classes are a good way to meet people in a non-threatening environment. She said her single friends say it can be tough meeting the opposite sex at bars or dance clubs.

Reading says, too, Adult Evening School is a good place to start a gradual return to school or the work force.

"It's a good stepping off point... getting confidence here can help them sink their teeth into a credit course at a community college," Reading said.

"Many adults who did not pursue more learning after high school are still stuck in their learning structure mold of high school. This is a good place to change that, to meet success in class and 'slay some dragons,'" Reading said.

The goal of Adult Basic Education is to help people get on with their lives says Joseph LaRosa, regional program director.

He notes also, some students may have college degrees from their native countries but be illiterate in English.

Currently most students are Asian speaking, LaRosa said.

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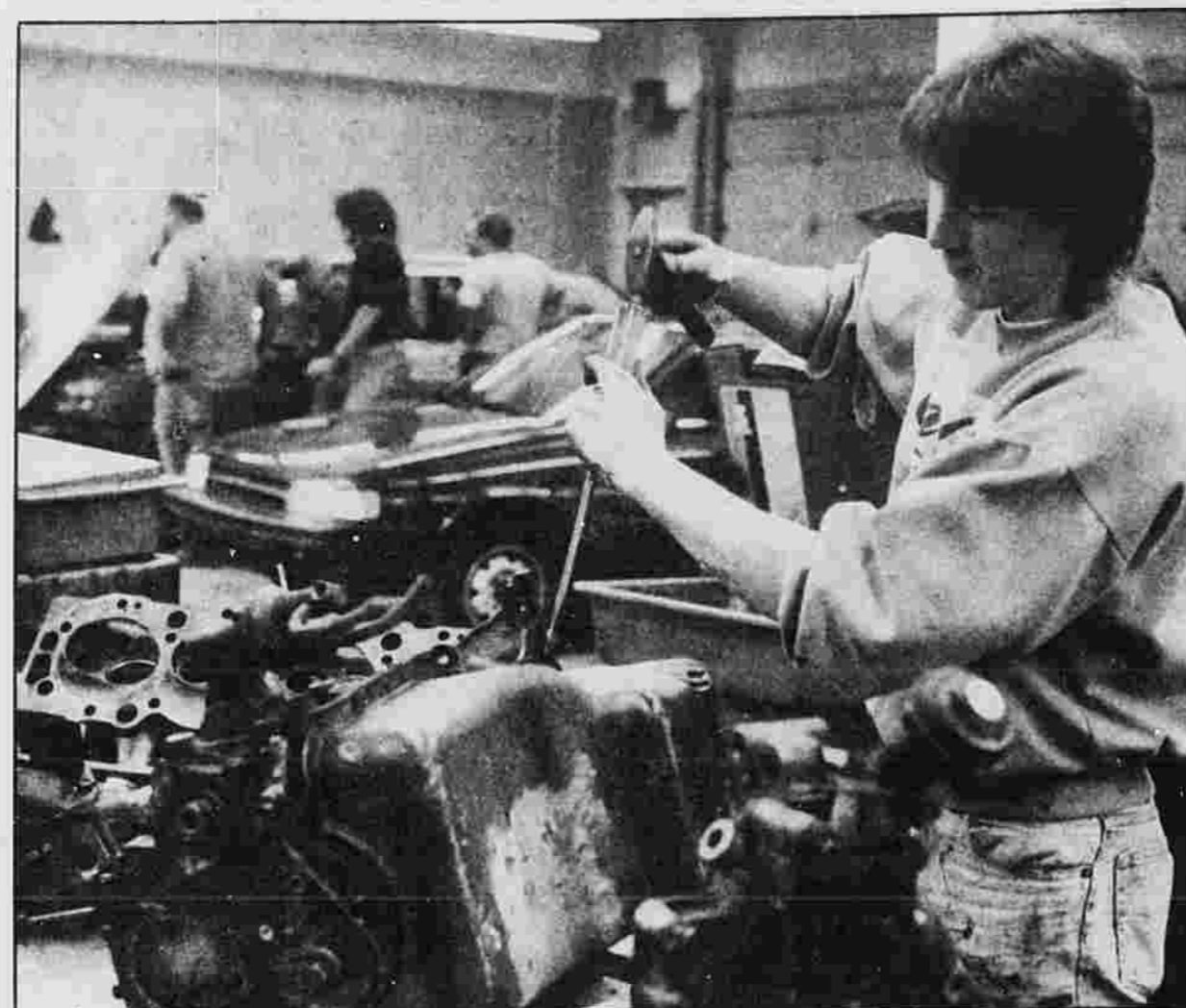
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Reginald Piro/Manchester Herald

BUSY HANDS, HAPPY FACE — Larry Cullen of 52 Hollister St., top, is studying auto mechanics; Janice Mahan of East Hartford, bottom, is pursuing an interest in clowning; Lois Lawrence of 32 Walker St., right top, brushes up her painting skills, and Dan Roberts of East Hartford, right bottom, works on a computer. They are representative of the students and the wide variety of courses in Manchester's adult education program.



Reginald Piro/Manchester Herald



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Education

Top teacher enjoys helping kids make it

By Nancy Foley
Manchester Herald

Tony Spino, principal of Bowers School, remembers a boy who had very little enthusiasm for school. Eventually, he was sent to the school's Resource Room where teacher Nancy Stearns works with students who have learning or social problems.

She found a way to turn the boy on to writing. One day, he marched into Spino's office to share one of his creations. After reading the beginning, Spino stopped and told the boy, "I can feel the heat and humidity and how oppressive the jungle is that you just led me through."

"His writing was just incredible and this was a kid who wasn't too enthusiastic about doing much of anything," Spino said.

Another child, who Spino describes as a "typical fifth grade tough guy," was also sent to Stearns. "He turned out to be one heck of a poet," Spino said. The boy was even willing to share his poems with other students.

Her success with these two students are among the reasons Spino chose Stearns last year when he had to nominate a teacher from his school for Manchester Teacher of the Year. Stearns, a teacher at Bowers since 1982, was given the honor following a vote by previous teachers of the year.

Spino described Stearns as a "great" teacher. "We have a lot of very good teachers, but only a few great ones," he said. Not only does she help children academically, she also helps them to build confidence in themselves, he said.

Her co-workers describe her as happy and bubbly. "She's not content just to do her job," Janet Sterling, a first grade teacher at Bowers, said. "She's the person who goes the extra mile."

In her classroom at Bowers, Stearns describes the method she uses to inspire her students. "I find out what they can do and then I require it, absolutely require it," she said.

"I do have high standards and I do work with kids who have the lowest achievement in the school," she said.

Her students come to her from regular classrooms for remedial help several hours a week. She works with one group of students, for example, who did not score well on the Connecticut mastery exams given to fourth, sixth and eighth graders.

She employs a variety of methods to inspire these students for whom traditional teaching methods have failed. If a student doesn't value grades, she will try to get the student to work for her approval. She will use praise, or call the student's parents if necessary. "I'm not one to give up easily," she said.

Stearns explains an educational model that says children have different learning styles. Some students may be good mechanically and enjoy working with their hands, while writing traditional papers does not interest them.

"This is a no disability model. We are individually different, not weaker or stronger, just different," she said, adding, "I hate that kids are put down for not doing as well as other kids."

Often, teachers do not understand children who have a different learning style than their own," she said.

One boy, for example, could not write well, but had a hamster that he cared about. He built an elaborate network of trails, using tubes from toilet paper rolls. "Here is where that is appreciated. In a regular classroom, it may not be," she said.

One student in her class shows off a book that the class put together after the Challenger disaster. Through drawings and text, the students told the story of the space shuttle that blew up shortly after taking off.

Stearns, 38, lives in East Brookfield, Mass., with her husband whom she married in the fall. She got her teaching degree from the University of Florida in 1973, and taught second grade in Texas for two years. She then taught in a resource room in an elementary school in Maine for 5 years, and then in a high school resource room in New Hampshire for one year.

One of her most memorable experiences as a teacher came as a result of working in the high school. One student, a senior, was having trouble with physics. Even though he needed to pass physics to get into college, he was willing not to go to avoid the dreaded subject. He was also embarrassed that he needed to go to the resource center for help.

Stearns said.

Despite such success with high school students, Stearns prefers



Patrick Flynn/Manchester Herald

HELPING HAND — Nancy Stearns helps third-grader Kimberly Johnson in the Resource Room at Bowers School. Stearns is the teacher of the year.

working with younger children. High school students are often harder to reach, for one. "Later on its repair work sometimes," she said. "With younger children there is a lot of hope."

Teaching provides many rewards that she could not get in another profession, Stearns said. "There's nothing like children. They're full of life and honesty and enthusiasm," she said.

Also, elementary students often love their teachers, Stearns said, and this affection is not something one would find in the business world. "I don't know how people can do things like corporate systems," she said.

In fact, she has a running argument with her husband, who works for an insurance company, and who tells her that teaching is not the "real world."

"I'm absolutely sure this is the real world and that is the official one," she said. Her students will be the business managers of the future, she said.

Because many of the children come to the Resource Room year after year, she gets to know them very well.

She feels sad, though, on the first and last day of the year, because these days students stay in their homes and no one comes to the Learning Center. "That's when I realize there's no student that's really mine," she said.

Stearns said she enjoys working with this group of students because they are challenging. "These kids aren't going to make it on their own. But they can make it with a little help and guidance," she said.

She also likes the fact that, because many of them are not that different from other children, she sees a lot of progress. If she worked with more severely learning disabled students, many of them would always need a great deal of extra help, she said, and the work would not be as rewarding for her.

One of her students, a fifth-grader, began in a special education class when he started school. He spends only 45 minutes a day in the Resource Room now, and she will

recommend that for next year, he be in a regular classroom full time.

"That's the ultimate achievement," she said. "He knows he's my shining star."

The advantage to mainstreaming, or putting students with special needs in regular classrooms as much as possible, is that it makes children feel as though they are completely normal, Stearns said.

It does not work in all instances, however, she said. If a student cannot keep up with the rest of the class, or the teacher has to take too much time away from the other students, mainstreaming is not a good idea, she said.

Some parents push for their children to be in regular classrooms when they are not ready for them, Stearns said. "They think that feeling of being normal is the end all. They don't understand that when they get there they won't feel normal. They'll feel they have to hide."

Manchester is moving more slowly in mainstreaming than some other communities and this is giving both special and regular education teachers time to adjust, she said.

She is happy with the Manchester school system and Bowers School in particular. She examined the school and community carefully before taking a teaching position here, Stearns said. Manchester is in the middle in a lot of ways, she said, between being a city and a town, and between extremes of poverty and wealth.

She likes the small size of Bowers, the fact that the school has only two buses and most students walk to school.

She has had an effect at Bowers beyond her classroom. She has been involved in the school's social committee and PTA. "I see her as a very caring person and very thoughtful," Sterling said. "She is always doing things for other people."

She has also held workshops for other teachers on learning styles and new approaches to teaching writing. Last year planned a celebration of the anniversary of the Constitution.

"She's had an impact not just on her learning center kids but on every kid in Bowers," Spino said.

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1990

Education

Foresight bears dividends today at MCC



Courageous assumptions foundation

By Jonathan M. Daube

Almost thirty years ago, a group of farsighted Manchester citizens did something both courageous and risky. Against some initial opposition, they changed Connecticut's educational landscape. They created a new institution, with several revolutionary assumptions.

• We have a responsibility to groups and individuals in our society who would otherwise not have a chance.

• Hard-working citizen-taxpayers deserve access to affordable post-secondary education. So do their families.

• Age is irrelevant. You're never too old to learn.

• The quality of the teaching must be as high as anywhere in these United States.

• Employers, more and more, will be requiring an up-to-date workforce.

Today, Manchester Community College is by far the largest of Connecticut's twelve community colleges. Last fall, we had almost seven thousand students taking courses for credit, as well as thousands taking "credit-free" courses. We have students from Manchester, and from 101 other towns. We have almost five hundred employees, full- and part-time. Our faculty have degrees from well over a hundred institutions, including MCC itself, the University of Connecticut, Case University, Yale, and Princeton. Some 140,000 individuals have taken courses for credit since 1963, when the doors opened; almost 12,500 degrees have been awarded. We have a library that is open to all residents of the state; a learning center; a speakers' bureau. We have conferences, seminars, exhibitions, workshops.

If you haven't visited the campus, come wander: it's your college, the community's college, the taxpayers' college.



JONATHAN M. DAUBE
... MCC president

Why do people of all ages come to MCC? Why am I so proud to be working here? Because the people care about the students and want them to succeed. Because it's a friendly place: if you're nervous, we try to make you feel comfortable. Because the teaching is first-class.

Through our open doors come senior citizens, recent immigrants, high-schoolers, toddlers, people who know exactly what they want, people who think they know what they want, people who have no idea, working people, poor folks, rich folks, members of minority groups, people with bachelor's and master's degrees, people of all imaginable shapes and sizes and philosophies and dispositions. And if MCC is to be healthy and strong in another twenty-five or thirty years, then you, the reader — you, the citizen — need to come visit and to learn more about this jewel in the town. Dr. Martin Luther King, Jr., expressed our basic approach when he said: "If you can't fly, run. If you can't run, walk. If you can't walk, crawl. But by all means keep moving." Our founders in the early sixties kept moving. Can we do any less? ...

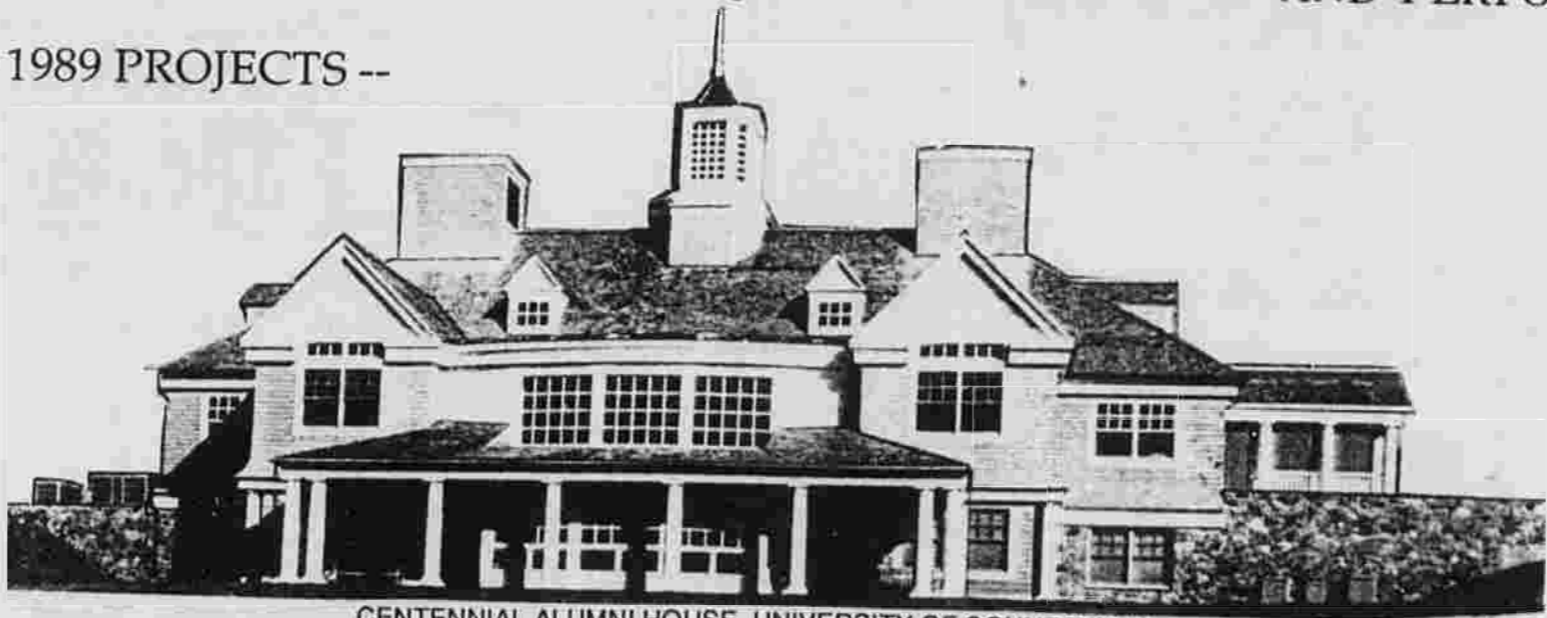
Jonathan M. Daube is president of Manchester Community College.

PLEASANT CAMPUS — The state and national flags fly in front of MCC's main building, left. Wendy Hagenow, of 94 Cooper St., and Steve Vicino, of Marlborough, enjoy a break between classes at the Manchester campus. Manchester Community College is the largest in the state's community college system.

Reginald Pinta/Manchester Herald

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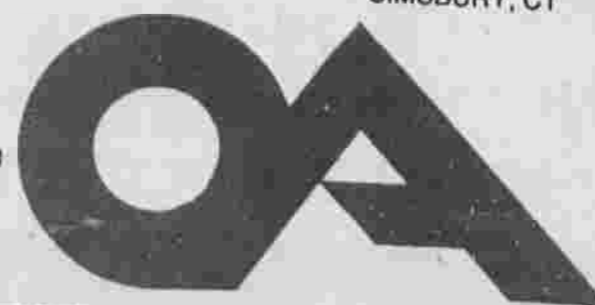
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Blue tales

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Ducky

Everything just fine as Sox splash to win/9



Future shock

Closings, staff cuts ahead for Ames/4

Manchester Herald

Tuesday, May 1, 1990

Manchester, Conn. — A City of Village Charm

Newsstand Price: 35 Cents

Reed celebrates end of his captivity with a beer and a steak

WIESBADEN, West Germany (AP) — A pale but energetic Frank Reed, the second American hostage freed in nine days, checked into a U.S. military hospital today and celebrated the end of his captivity with a beer and a large steak.

Doctors said the 57-year-old educator, who said he was kept blindfolded for much of his 3½-year ordeal, was "weak and tired" but otherwise feeling well and was reunited with his wife and 9-year-old son.

Reed blew kisses, waved and kissed his hand and touched the ground after arriving in brilliant, sunny

weather at nearby Rhein-Main Air Base from Syria on a U.S. Air Force C-141 transport plane.

He stepped off the plane looking sprightly and waving the "V" for victory sign but looked tired after arriving by helicopter at the hospital for the medical tests and debriefing that have become a rite for freed hostages.

Reed was released Monday night into Syrian hands in West Beirut, just as Robert Polhill was last week. There was no doubt that Iran, which backs the Shiite Muslim fundamentalist hostage-takers, had again

played a role.

The white-bearded former captive was driven to the Syrian capital of Damascus, where he described a "lonely and boring" ordeal in which he was treated reasonably well but kept ignorant of his fate.

"We'd know nothing," Reed told a crowded news conference in Damascus. "We had no radio. We had no news. We had no Time, no Newsweek to go by. In fact, there were times when I did not even know what month it was."

The remarks implied that Reed, who was kid-

napped Sept. 9, 1986, was held with other hostages but he would not elaborate.

In Washington, President Bush thanked Syria and Iran for their help.

He encouraged them to help free the six Americans among 16 Westerners still believed held in Lebanon by pro-Iranian Shiite Muslim fundamentalists, saying that only then can those countries expect normalized relations with Washington.

Please see HOSTAGE, page 8

Special focus program draws all over town

By Nancy Foley
Manchester Herald

The proposed special focus program at Nathan Hale School is drawing students from all over town, according to figures released by school officials.

"It just shows that the program is of interest to the general public, to

all the schools, not just to some," said Terry A. Bogli, a member of the Board of Education as well as its special focus committee.

However, the program's future is uncertain as Republican town directors work toward a decision on the \$46.5 million education budget by Wednesday night. The program was on the school superintendent's list of recommended cuts if the directors significantly reduce the education budget.

Of 99 applications to the special focus program, the highest number, 21, came from Washington School students, followed by Martin and Robertson, both with 17 applications. Eleven applications came from both Highland Park and Wadell School, ten from Kenney Street School, and seven from Verplanck.

The lowest number of applications came from Buckley, three, and Bowers, two. The program has also received five or six applications from parents of pre-schoolers whose



SHEAR DELIGHT — Martins Ozolins, 94, of 132 Lenox Street prunes rose bushes Monday in the yard of his residence, where he lives with his sister.

Tinkertoy unlocks scope problem

GODDARD SPACE FLIGHT CENTER, Md. (AP) — The Hubble Space Telescope, all \$1.5 billion of it, is back in working order today because a NASA engineer used a Tinkertoy, a lamp cord, masking tape and glue to help solve a major problem.

The telescope's No. 2 high-gain antenna, wedged in one position since last Friday, was free and sending data through relay satellites.

The National Aeronautics and Space Administration expected calibration and other normal start-up work to begin by tonight and to receive its first pictures from the telescope by next weekend.

"The moral of the story is that there is no solution that's too humble," said David Skillman, who built a model of the jammed antenna.

"We were faced with a problem on the telescope that

involved quite intricate geometry," he said. "A number of us realized we could benefit greatly from a model. Someone suggested that even a Tinkertoy model could be useful."

He drove to a toy store Sunday afternoon and bought two boxes of the construction toy. He got the other items in a drug store and put the model together in 15 minutes with another engineer, John Decker.

The telescope has two dish-shaped high-gain antennas that are designed to transmit science data to two orbiting relay satellites at speeds equivalent to sending the contents of a 30-volume encyclopedia in 42 minutes.

The No. 2 antenna jammed on Friday when engineers were turning it left and right. Sensing something wrong

O'Neill signs abortion bill

By Judd Everhart
The Associated Press

HARTFORD — Gov. William A. O'Neill, a Roman Catholic who personally opposes abortions, put his feelings aside and signed into law a bill affirming a woman's right to abortion even if the U.S. Supreme Court overturns the landmark Roe vs. Wade decision making abortion legal.

The action makes Connecticut the first state to guarantee the right to choose abortion.

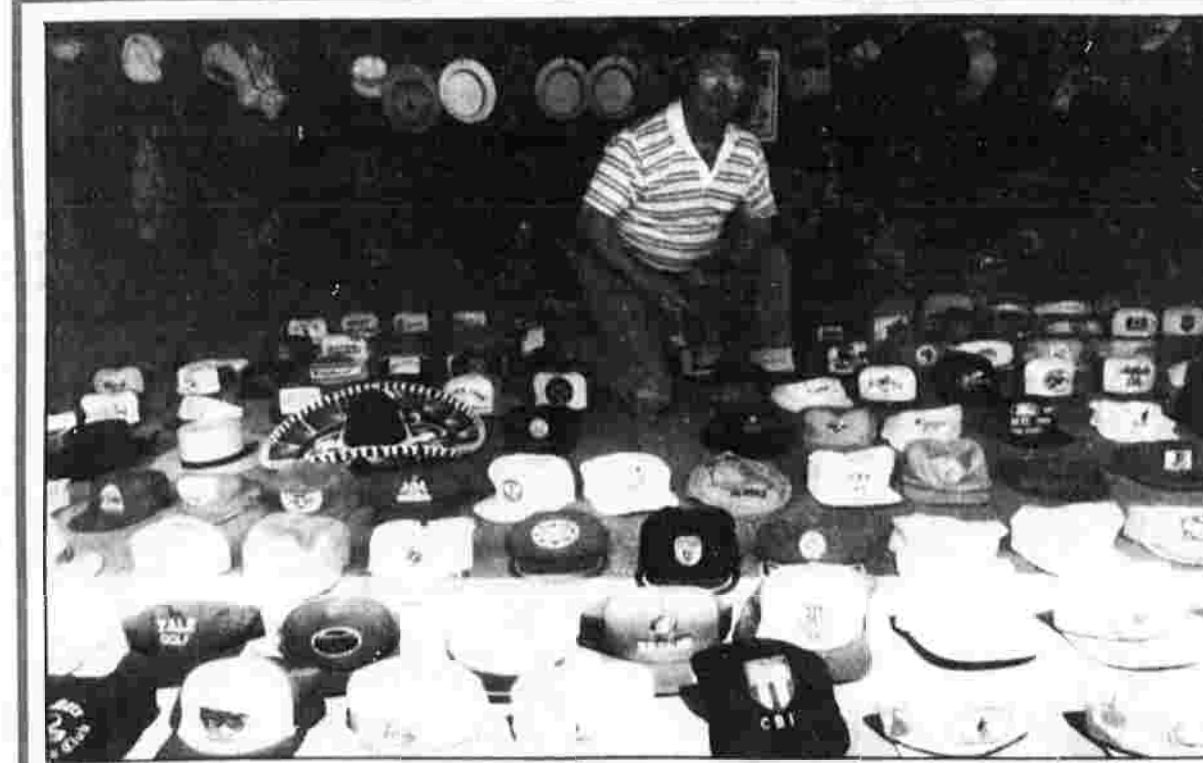
O'Neill, a Democrat not seeking re-election this year, signed the measure Monday with no signing ceremony. He said it "strikes a balance between a person's right to privacy and state interests."

The new law, effective Oct. 1, repeals the state's unenforced criminal anti-abortion statutes, requires girls under 16 to get counseling before getting an abortion and encourages them to tell their parents.

In a variation on Roe vs. Wade, the new law allows abortions late in pregnancy, when the fetus is capable of living outside the womb, only when the life or health of the mother is in danger.

"It recognizes a right to choose by women. The law also recognizes the state has an interest in fetus viability and properly recognizes that minors should be counseled before making the very difficult decision to abort a pregnancy," O'Neill said in a statement released after the signing.

The bill had cleared the state



HATS OFF — Joseph Grenier of 79 Deepwood Drive shows off his 190-plus hat collection in his garage. Everytime he golfs somewhere new, Grenier buys another hat.

HATS
19 years ago, man began collection

By Dianne M. Talbot
Manchester Herald

Manchester resident Joseph Grenier didn't intend to start a valuable hat collection when he played his first serious game of golf in 1971 at the East Hartford Golf Course.

Doctors had told him that his heart was bad; he probably had about a year or so to live.

Determined to make the most of his remaining time, the then-50-year-old decided to take up golf, a game he had played once before, many years earlier in India as a corporal in the Air Force.

"I said, 'I'm not going to stay home and wait for this,'" Grenier recalled.

During his second game of golf, "I must have got bit. I got the bug," he said.

After that, he bought his first set of golf clubs, used, for a total of \$7. Because he was balding, Grenier needed to wear a hat on the golf course, so he began buying one from each course he played.

Nineteen years and many golf games later, the Deepwood Drive resident is very much alive and still golfing, mainly at the Manchester Country Club about three mornings a week.

And the hats in his collection number about 200 and are worth about \$1,000.

"Eighty percent of them have never been worn," Grenier said. He plans to give the collection to his grandchildren unless someone makes him a fair offer.

Besides golf hats, Grenier has acquired several interesting pieces of head gear, including a 1933

Please see HATS, page 8